9:30AM: Exercise (3rd Floor) March 2025 10:30AM: Rummikub (2<sup>nd</sup> Floor) 1:00PM: Movie Matinee 'In the Heart of the Sea' (3rd Floor) Sierra Place Senior Living 2:30PM: Cribbage (2<sup>nd</sup> Floor) 3 9:30AM: Exercise w/Verna 4 9:30AM: Donuts & Coffee 5 9:30AM: Exercise w/Verna 6 9:30AM: Exercise 99:30AM: Fitness w/Kellv 7 9:30AM: Exercise 9:30AM: Open Exercise (3rd Floor) (3<sup>rd</sup> Floor) (3<sup>rd</sup> Floor) (3<sup>rd</sup> Floor) (2<sup>nd</sup> Floor) (3<sup>rd</sup> Floor) (3rd Floor) 10:30AM: Rummikub **10:30AM: UNO** (3<sup>rd</sup> Floor) 10:00AM: Catholic 10:30AM: Manicures 1:30PM: Chair Yoga w/ 10:00AM: Methodist Church 10:30AM: Texas Hold Em' (2<sup>nd</sup> Floor) (2<sup>nd</sup> Floor) 1:00PM: Golf Putting Green Communion (2<sup>nd</sup> Floor) Bailey (St. Mary's Hospice) (2<sup>nd</sup> Floor) Service w/Pastor Kevin 1:00PM: Movie Matinee (2<sup>nd</sup> Floor) 1:00PM: Texas Hold Em' **1:30PM: BINGO** (3<sup>rd</sup> Floor) 1:00PM: B-I-N-G-O 3:00PM: Blackjack (3rd Floor) 'Book Club' (3<sup>rd</sup> Floor) 3:00PM: Hilltop Community 2:30PM: Book Club (2<sup>nd</sup> Floor) (2<sup>nd</sup> Floor) **1:00PM: BINGO** (3<sup>rd</sup> Floor) (3<sup>rd</sup> Floor) **Church Service** (2<sup>nd</sup> Floor) 3:00PM: Dominos 6:00PM: Res. Led Board 3:00PM: Happy Hour w/ 2:30PM: Blackjack 2:30PM: Cribbage (2nd Floor) (2<sup>nd</sup> Floor) (3<sup>rd</sup> Floor) 3:30PM: Rummikub(2<sup>nd</sup> FI) Games (3rd Floor) **Entertainment** (3<sup>rd</sup> Floor) (2<sup>nd</sup> Floor) 12 9:30AM: Exercise w/Verna 3 9:30AM: Exercise **14** 9:30AM: Exercise 99:30AM: Fitness w/Kelly 109:30AM: Exercise w/Verna 19:30AM: Chair Yoga w/ 9:30AM: Open Exercise 15 Kelly (3rd Floor) (3<sup>rd</sup> Floor) (3rd Floor) (3<sup>rd</sup> Floor) (3rd Floor) (3<sup>rd</sup> Floor) (3rd Floor) 10:30AM: Rummikub 10:15AM: Balloon Volleyball 10:30AM: UNO (3rd Floor) **10:30AM: UNO** (3<sup>rd</sup> Floor) 10:00AM: Methodist Church 10:30AM: Texas Hold Em' 10:00AM: Catholic (2<sup>nd</sup> Floor) (2<sup>nd</sup> Floor) 1:00PM: Golf Putting Green Communion (2<sup>nd</sup> Floor) (3<sup>rd</sup> Floor) 1:00PM: Texas Hold Em' Service w/Pastor Kevin 1:00PM: Thelma's Memorial **1:30PM: BINGO** (3<sup>rd</sup> Floor) (2<sup>nd</sup> Floor) 1:00PM: B-I-N-G-O 1:30PM: Ping Pong Ball (2<sup>nd</sup> Floor) (3rd Floor) **Service** 3:00PM: Hilltop Community 2:30PM: Book Club(2nd Floor (3rd Floor) 2:00PM: Resident Townhall **1:00PM: BINGO** (3<sup>rd</sup> Floor) (3<sup>rd</sup> Floor) (3rd Floor) 3:30PM: What's in a Word 3:00PM: Blackjack **Church Service** 3:00PM: Charades 3:00PM: Happy Hour w/ 2:30PM: Blackjack 2:30PM: Cribbage (3rd Floor)
Daylight Saving Time Begins (3rd Floor) (3rd Floor) (2<sup>nd</sup> Floor) Entertainment (3<sup>rd</sup> Floor) (2<sup>nd</sup> Floor) (2<sup>nd</sup> Floor) 19 9:30AM: Exercise w/Verna 0 9:30AM: Exercise **91** 9:30 AM: Exercise 9:30AM: Open Exercise 16 9:30AM: Fitness w/Kelly 17 9:30AM: Exercise w/Verna 8 9:30AM: Chair Yoga w/ 22 (3<sup>rd</sup> Floor) (3rd Floor) (3rd Floor) (3rd Floor) Kelly (3rd Floor) (3<sup>rd</sup> Floor) (3rd Floor) 10:30AM: Rummikub **10:30AM: UNO** (3<sup>rd</sup> Floor) 10:30AM: Texas Hold Em' 10:00AM: Catholic 10:15AM:Drawing w/pastels 11:30AM: Outing 10:00AM: Methodist Church (2<sup>nd</sup> Floor) (2<sup>nd</sup> Floor) 1:00PM: Golf Putting Green Communion (2<sup>nd</sup> Floor) (3<sup>rd</sup> Floor) Olive Garden Service w/Pastor Kevin 1:00PM: Movie Matinee **1:30PM: BINGO** (3<sup>rd</sup> Floor) (2<sup>nd</sup> Floor) 11:00-2:00PM: Blood Drive 1:00PM: Texas Hold Em' (3rd Floor) 1:00PM: B-I-N-G-O 'The Age of Adline' **1:00PM: BINGO** (3<sup>rd</sup> Floor) 3:00PM: Hilltop Community 2:30PM: St. Patrick's Day (3rd Floor) 1:30PM: Tea Party (2nd Floor (2<sup>nd</sup> Floor) (3rd Floor) **Church Service** 3:00PM: Beat the Clock! 3:00PM: Blackjack 3:00PM: Happy Hour w/ 2:30PM: Blackjack **Party** 2:30PM: Cribbage (2<sup>nd</sup> Floor) Entertainment (3rd Floor) (2<sup>nd</sup> Floor) (3rd Floor) (3rd Floor) (3rd Floor) (2<sup>nd</sup> Floor) 28 9:30AM: Exercise 26 9:30AM: Exercise w/Vern 7 9:30AM: Exercise 9:30AM: Open Exercise 23|9:30AM: w/KellyFitness 24|9:30AM: Exercise w/Vern25|9:30AM: Chair Yoga w/ 29 Kelly (3rd Floor) (3<sup>rd</sup> Floor) (3rd Floor) (3rd Floor) (3rd Floor) (3<sup>rd</sup> Floor) (3rd Floor) 10:30AM: Rummikub **10:30AM: UNO** (3<sup>rd</sup> Floor) 10:15AM:Balloon Volleyball 10:30AM: Rummikub 10:00AM: Methodist Church 10:30AM: Texas Hold Em' 10:00AM: Catholic (2<sup>nd</sup> Floor) (2<sup>nd</sup> Floor) 1:00PM: Golf Putting Green Communion (2<sup>nd</sup> Floor) (3<sup>rd</sup> Floor) (2<sup>nd</sup> Floor) Service w/Pastor Kevin 1:00PM: Movie Matinee **1:30PM: BINGO** (3<sup>rd</sup> Floor) (2<sup>nd</sup> Floor) 2:00-3:00PM: Paint-n-Sip 1:30PM: Healthy Seminar 1:00-3:00PM: Outing to (3rd Floor) 'The Last Laugh' w/Mellissa (3<sup>rd</sup> Floor) **1:00PM: BINGO** (3<sup>rd</sup> Floor) 3:00PM: Hilltop Community 2:30PM: Book Club (3<sup>rd</sup> Floor) **Senior Center for** (3rd Floor) 2:30PM: Blackjack **Church Service** (2<sup>nd</sup> Floor) 3:30PM: Dominos 3:00PM: Birthday Bash **BINGO** 2:30PM: Cribbage (3rd Floor) 3:30PM: Rummikub(2<sup>nd</sup> FI) (2<sup>nd</sup> Floor) (2<sup>nd</sup> Floor) (3rd Floor) (2<sup>nd</sup> Floor) 9:30AM: Open Exercise 30 9:30AM: Fitness w/Kelly 31 Staff Birthday... Residents Birthdays... (3rd Floor) (3<sup>rd</sup> Floor) Carol K./03-02 Joyce G./03-03 10:30AM: Texas Hold Em' **10:30AM: UNO** (3<sup>rd</sup> Floor) Joyce L./03-17 1:00PM: Golf Putting Green (2<sup>nd</sup> Floor) Roslyn H./03-30 Sallie R./03-12 Louise H./03-21 **1:30PM: BINGO** (3<sup>rd</sup> Floor) (2<sup>nd</sup> Floor) 3:00PM: Hilltop Community 2:30PM: Book Club (2nd Floor 3:30PM: Sierra Place Store **Church Service** (3<sup>rd</sup> Floor) (3<sup>rd</sup> Floor) 1111 W. College Parkway, Carson City, NV. 89703

Wednesday

Thursday

Friday

Saturday

Sunday

Monday

Tuesday