



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Sit and Be Fit 10:00 Music, Tea, Cocoa & Coffee 10:30 Daily Chronicles 11:00 Watercolor Art 11:45 Namaste- Aromatherapy 1:30 Afternoon Walk w/ Recreational Activity 2:00 Snack & Hydration 3:00 Qwirkle & Sorting 4:00 Our Great National Parks 1 6:00 Word Search in the Enclave  <small>All Fools' Day</small>	9:30 Dance Ribbon Exercise 10:00 Snack & Hydration 11:00 Sun Sound Reader Lee 11:45 Namaste- Aromatherapy 1:30 Balloon Volleyball Circle 3:00 Beading Bracelets and Sorting 4:00 Coloring in the Activity Room 6:00 Gilmore Girls Ep 1	9:30 Morning Outdoor Walk 10:00 Snack & Hydration 10:30 Daily Chronicles 10:00 Picnic at Agua Caliente Park 11:45 Namaste- Aromatherapy 1:30 Ball Toss 3:00 Social: Root Beer Floats 4:00 Puzzles in the Activity Room 4:40 MLB: Reds vs Brewers	9:30 Walking Club & Sunshine in the Courtyard 10:00 Snack & Hydration 10:30 Daily Chronicles 11:00 Parachute Fun & Exercise 11:45 Namaste- Aromatherapy 1:30 Sing Along w/ MaryAnne 3:00 Bowling Games 4:00 Sing Along 6:00 Crossword Puzzles	9:30 Outdoor Morning Stretch 10:00 Snack & Hydration 10:30 Daily Chronicles 11:00 Bingo 11:45 Namaste- Aromatherapy 1:30 Uno! 2:30 Afternoon Snack 3:00 Meet Me at the Movies: Turner & Hooch 6:00 Word Search in the Enclave
9:00 Baking Bread in the Lodge 9:30 Good News, Coffee & Donuts Susie Q 10:00 Snack & Hydration 11:45 Namaste- Aromatherapy 1:30 Let's Color! 3:00 Ice Cream w/ Caregivers	9:30 Morning Outdoor Walk 9:45 Communion 10:00 Snack & Hydration 10:30 Hootenanny Sing Along 11:30 Namaste- Aromatherapy 1:30 Bingo 2:30 Afternoon Stretch 3:00 Popping Popcorn & A Movie: American Graffiti	9:30 Sit and Be Fit 10:00 Music, Tea, Cocoa & Coffee 10:30 Daily Chronicles 11:00 Coloring Art 11:45 Namaste- Aromatherapy 1:30 Steel Feathers Chair Zumba w/ Liz 2:00 Snack & Hydration 3:00 Music w/ Amber 4:00 Our Great National Parks 2 6:00 Word Search in the Enclave	9:30 Dance Ribbon Exercise 10:00 Snack & Hydration 11:00 Crafts w/ Rosanda 11:45 Namaste- Aromatherapy 1:30 Sun Sound Reader Jude 2:30 Sing Along w/ Linda Updike 4:00 Coloring in the Activity Room 6:00 Gilmore Girls Ep 2	9:30 Morning Outdoor Walk 10:00 Snack & Hydration 11:00 Daily Chronicles 11:00 Scenic Bus Ride 11:45 Namaste- Aromatherapy 1:30 Let's Color! 3:00 Social: Caramel Ice Cream Sundaes 4:00 Puzzles in the Activity Room 4:15 MLB: Phillies vs Braves	9:30 Walking Club & Sunshine in the Courtyard 10:00 Snack & Hydration 10:30 Daily Chronicles 11:00 Bowling 11:45 Namaste- Aromatherapy 1:30 Nail Polish Parlor & Spa 3:00 Axe Throwing Games 4:00 Sing Along 6:00 Crossword Puzzles	9:30 Outdoor Morning Stretch & Snack 10:00 Snack & Hydration 10:30 Daily Chronicles 11:00 Bingo 11:45 Namaste- Aromatherapy 1:30 Uno! 2:30 Afternoon Snack 3:00 Meet Me at The Movies: Sister Act 6:00 Word Search in the Enclave  <small>Passover Begins</small>
9:00 Baking Bread in the Lodge 9:30 Hymn Sing Along w/ Susie Q 10:00 Snack & Hydration 11:45 Namaste- Aromatherapy 2:00 Church Service w/ Faith Community Church 3:00 Ice Cream w/ Caregivers  <small>Palm Sunday</small>	9:30 Morning Outdoor Walk 9:45 Communion 10:00 Snack & Hydration 10:30 Hootenanny Sing Along 11:30 Namaste- Aromatherapy 1:30 Bingo 2:30 Afternoon Stretch 3:00 Popping Popcorn & A Movie: Splash	9:30 Sit and Be Fit 10:00 Music, Tea, Cocoa & Coffee 10:30 Daily Chronicles 11:00 Watercolor Art 11:45 Namaste- Aromatherapy 1:30 Afternoon Walk w/ Recreational Activity 2:00 Snack & Hydration 3:00 Easy Cooking: Decorating Easter Cookies 4:00 Our Great National Parks 3 6:00 Word Search in the Enclave	9:30 Dance Ribbon Exercise 10:00 Snack & Hydration 11:00 Sun Sound Reader Lee 11:45 Namaste- Aromatherapy 1:30 Balloon Volleyball Circle 3:00 Musical Entertainer Gloria, Pianist and Singer 4:00 Coloring in the Activity Room 6:00 Gilmore Girls Ep 3	9:30 Morning Outdoor Walk 10:00 Snack & Hydration 10:30 Daily Chronicles 11:00 Scenic Bus Ride 11:45 Namaste- Aromatherapy 1:30 Ball Toss 3:00 Social: Wine, Cheese, Crackers and Fruit 4:00 Puzzles in the Activity Room 4:10 MLB: Cardinals vs Mets	9:30 Walking Club & Sunshine in the Courtyard 10:00 Snack & Hydration 10:30 Daily Chronicles 11:00 Parachute Fun & Exercise 11:45 Namaste- Aromatherapy 1:30 Noodle Ball 3:00 Music w/ Banjo Doug 4:00 Sing Along	9:30 Outdoor Morning Stretch & Snack 10:00 Snack & Hydration 10:30 Family Easter Egg Hunt 11:45 Namaste- Aromatherapy 1:30 Uno! 2:30 Afternoon Snack 3:00 Meet Me at the Movies: Night at the Museum Battle of the Smithsonian 6:00 Word Search in the Enclave
<i>Happy Easter!</i> 9:00 Baking Bread in the Lodge 9:30 Hymn Sing Along w/ Susie Q 10:00 Snack & Hydration 11:00- 1:00 Family Easter Picnic BBQ 1:00-2:00 Pictures w/ the Easter Bunny 11:45 Namaste- Aromatherapy 1:30 Let's Color! 3:00 Ice Cream w/ Caregivers  <small>Easter Sunday</small>	9:30 Morning Outdoor Walk 9:45 Communion 10:00 Snack & Hydration 10:30 Sing Along 11:30 Namaste- Aromatherapy 1:30 Bingo 2:30 Afternoon Stretch 3:00 Popping Popcorn & A Movie: The Jungle Cruise	9:30 Sit and Be Fit 10:00 Music, Tea, Cocoa & Coffee 10:30 Daily Chronicles 11:00 Coloring Art 11:45 Namaste- Aromatherapy 1:30 Steel Feathers Chair Zumba w/ Liz 2:00 Snack & Hydration 3:00 Qwirkle & Sorting 4:00 Our Great National Parks 4 6:00 Word Search in the Enclave  <small>Earth Day</small>	9:30 Dance Ribbon Exercise 10:00 Snack & Hydration 11:00 Crafts w/ Maryanna 11:45 Namaste- Aromatherapy 1:30 Sun Sound Reader Jude 3:00 Happy Hour w/ The Dirty Old Men 4:00 Coloring in the Activity Room 6:00 Gilmore Girls Ep 4  <small>Administrative Professionals Day</small>	9:30 Morning Outdoor Walk 10:00 Snack & Hydration 10:30 Daily Chronicles 11:00 Scenic Bus Ride 11:45 Namaste- Aromatherapy 1:30 Let's Color! 3:00 Social: Strawberries and Cream Shaved Ice 4:00 Puzzles in the Activity Room 6:30 MLB: Pirates vs. Angels	9:30 Walking Club & Sunshine in the Courtyard 10:00 Snack & Hydration 10:30 Daily Chronicles 11:00 Bowling 11:45 Namaste- Aromatherapy 1:30 Nail Polish Parlor & Spa 2:30 Snack Social 3:00 Bowling Games 4:00 Sing Along 6:00 Crossword Puzzles  <small>Arbor Day</small>	9:30 Outdoor Morning Stretch & Snack 10:00 Snack & Hydration 10:30 Daily Chronicles 11:00 Bingo 11:45 Namaste- Aromatherapy 1:30 Uno! 2:30 Afternoon Snack 3:00 Meet Me at the Movies: Mrs. Doubtfire 6:00 Word Search in the Enclave
9:00 Baking Bread in the Lodge 9:30 Good News, Coffee & Donuts 10:00 Snack & Hydration 11:00 Armchair Travelogue: Greece 11:45 Namaste- Aromatherapy 2:00 Church Service w/ Faith Community Church 3:00 Ice Cream w/ Caregivers	9:30 Morning Outdoor Walk 9:45 Communion 10:00 Snack & Hydration 10:30 Hootenanny Sing Along 11:30 Namaste- Aromatherapy 1:30 Bingo 2:30 Afternoon Stretch 3:00 Popping Popcorn & A Movie: The Sound of Music	9:30 Sit and Be Fit 10:00 Music, Tea, Cocoa & Coffee 10:30 Daily Chronicles 11:00 Watercolor Art 11:45 Namaste- Aromatherapy 1:30 Afternoon Walk w/ Recreational Activity 2:00 Snack & Hydration 3:00 Easy Cooking: Garlic Knots 4:00 Our Great National Parks 5 6:00 Word Search in the Enclave	9:30 Dance Ribbon Exercise 10:00 Snack & Hydration 11:00 Reminiscing in the Courtyard 11:45 Namaste- Aromatherapy 1:30 Balloon Volleyball Circle 3:00 Adkins & Anderson Singing the Music Everyone Loves 4:00 Coloring in the Activity Room 6:00 Gilmore Girls Ep 5	<div><div>April 2025</div><div>Sierra Del Sol The Lodge</div></div>		

Schedule is Subject to change. For the most updated information please see Activity Daily. Sierra Del Sol Senior Living 8151 E Speedway Tucson AZ 85710