

CASCADES OF STAYTON

2201 N. 3rd Ave. Stayon, Or. 97383 | 503-769-3200

NEWSLETTER

APRIL 2025

APRIL

Resident of the Month

Vicki T. is April's Resident of the Month. Vicki loves to read and is instrumental in the Book Club, and a great team player in Cornhole.

Congratulations,
Cascades of Stayton



March

Employee of the Month

Tayah H.

The residents all have great praise for Tayah, and she takes great care of our residents.

Congratulations!

EASTER EGG HUNT

Come one come all, Saturday, April 12th at 10am. Our community is holding an Easter Egg Hunt. Four age groups. 0-2, 3-5, 6-8, 9 plus. Please all gather in the Front of Our Community, for the details. Each age group will have a "Golden Egg." We will have a "Very Special Guest!" The Easter Bunny.



Community Meetings

Once a month we have a community meeting. These are great opportunities to know what is currently happening in the community and voice your concerns. All the meeting dates are scheduled on our calendar.

What are Cascade Bucks?

Cascades Bucks can be used to spend in our Cascade Store. To earn the Bucks, attend activities. Come to Ice Cream Social, you have earned a buck, play games, come to Zumba. You have just earned more bucks. All our activities earn Bucks.

Wooden Shoe Tulip Festival

The bus will be going to the Wooden Shoe Tulip Festival on Monday, April 14th. We will be leaving at 12:30pm, then returning before dinner. Please sign up at the Front Desk to ensure a seat on the bus.



April Birthday's

Happy Birthday to you, Happy Birthday to you, Happy Birthday to....



John V. April 4th
Lorraine G. April 11th
Mike N. April 17th
Kevin G. April 22nd

Happy Birthday from
Cascades of Stayton



Zumba with Kathleen

Zumba is a low impact, easy and fun way to exercise. Everyone is encouraged to join us. Even if you are not sure, come and watch. Once the music starts to play you cannot help yourself but to move to the music.

Tuesday's at 3pm in the Dining Room

Cascades of Stayton Staff

Alma Quesada - Executive Director
Stephaine Barrett - Wellness Director

Eddie Serafin - Community Relations Director
Belinda Vanzandt - Dining Service Director

Piper Freres - Business Office Manager
Carrie Derrick - Support Nurse

George Curtis III - Plant Operations Director
Kara Childress - Life Enrichment Director