




March 2025 -Calendar of Pleasant Events - Cascades of the Sierra-The Lodge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Birthdays</p> <p>Carolyn W. 3/6 Kathy A. 3/12 Jamie G. 3/21</p> 	<p>Abbreviations Key:</p> <p>ARS- Aerobic Studio AS- Art Studio CC- Conference Center FC- Fireside Club GR- Great Room LN- Living Room North LS- Living Room South SC- Sundance Cinema</p>	<h1>The Lodge</h1> <h2>March</h2> 					<p>1</p> <p>9:30 Let's Exercise! 10:00 Current Events 10:15 BINGO! 1:00 Book Club! 2:00 The Encore Band– FC 3:15 Balloon Noodle 4:15 Aroma Therapy 6:00 Table Games and Puzzles</p>
<p>2</p> <p>9:30 Morning Stretch 10:00 Sunday Services 10:30 BINGO! 1:00 Color by Numbers 2:00 Animal Documentary 3:00 Table Games 4:15 Aroma Therapy</p>	<p>3</p> <p>9:30 Sit and Stretch 10:15 Daily News 10:30 Hot Cocoa and Hot Topics 1:00 Word Scramble 2:00 BINGO! 3:00 Carol Burnett Show 4:15 Aroma Therapy 6:00 Table Games and Puzzles</p>	<p>4 Mardi Gras</p> <p>9:30 Staying Strong w/ Alan 10:00 Daily Chronicles 10:15 Color Activity 1:00 Short Stories 1:30 UNO 2:00 BINGO! 3:00 Balloon Circle 4:15 Aroma Therapy</p> 	<p>5</p> <p>9:15 A Visit w/ Yuki 10:00 Daily Chronicles 10:15 Beanbag toss 1:00 Creativity Corner 2:00 Music w/ Marc Anthony– FC 3:00 Finish the Phrase 4:15 Aroma Therapy 6:00 Animal Documentary</p>	<p>6</p> <p>9:30 Staying Strong w/ Alan 10:00 Daily Chronicles 10:30 Catholic Communion 10:30 Watercolor Class 1:00 Go Fish! 2:00 BINGO! 3:00 Armchair Traveler 4:15 Aroma Therapy</p>	<p>7</p> <p>9:30 Fitness Class 10:00 Daily News 10:30 Culinary Creations 1:00 Short Stories 1:30 Paint and Sip 2:00 Namaste Nail Care w/ Victoria 3:00 Animal Documentary 4:15 Aroma Therapy</p>	<p>8</p> <p>9:30 Music and Movement 10:00 Daily Chronicles 10:15 BINGO! 1:00 Balloon Toss 2:00 Paul V. on Piano– LS 3:15 Afternoon Stroll 4:15 Aroma Therapy 6:00 Evening Movie</p>	
<p>9</p> <p>9:30 Morning Stretch 10:00 Sunday Services 10:45 Word Games 1:00 Color by Numbers 2:00 Table Games and Puzzles 3:00 Comedy: Carol Burnett 4:15 Aroma Therapy</p>	<p>10</p> <p>9:30 Sit and Stretch 10:00 Morning News 10:15 BINGO! 1:00 Water Color Club 2:00 Coffee and Conversation 3:00 Balloon Noodle 4:15 Aroma Therapy 6:00 Table Games and Puzzles</p>	<p>11</p> <p>9:30 Staying Strong w/ Alan 10:00 Daily News 10:15 Getting Crafty 1:00 Beanbag Toss 2:00 Namaste Nail Care w/ Victoria 3:00 Reminiscing: The 1950s 4:15 Aroma Therapy 6:00 Little House on the Prairie CH 1435</p>	<p>12</p> <p>9:15 A Visit w/ Yuki 10:00 Current Events 10:15 BINGO! 1:00 Balloon Circle 2:00 Sing Along w/ Jacques– FC 3:00 Documentary Film 4:15 Aroma Therapy 6:00 Table Games and Puzzles</p>	<p>13</p> <p>9:30 Staying Strong w/ Alan 10:00 Daily News 10:30 Catholic Communion 10:30 Courtyard Stroll 1:00 Namaste Nail Care w/ Victoria 2:00 Afternoon Walk 3:00 Balloon Circle 4:15 Aroma Therapy 6:00 Caregiver's Choice</p>	<p>14</p> <p>9:30 Chair Yoga 10:00 Current News 10:30 Culinary Creations 1:00 Short Stories 2:00 Bill Papa's Ukulele Group-LS 3:00 Puzzle Time 4:15 Aroma Therapy 6:00 Lucky Dog CH 3512</p>	<p>15</p> <p>9:30 Strength and Stretch 10:00 Daily News 10:15 BINGO! 1:00 Short Stories 2:00 Beanbag Toss 3:15 Colorful Creations 4:15 Aroma Therapy 6:00 Table Games and Puzzles</p>	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 9:30 Sit and Stretch 10:00 Sunday Services 10:15 Noodle Ball 1:00 Color to Music 2:00 Table Games and Puzzles 3:00 BINGO! 4:15 Aroma Therapy	17 9:30 Natural Stretch 10:00 Daily News 10:15 St. Patrick's Day Celebration 1:30 Watercolor Class 3:00 Short Stories 4:15 Aroma Therapy 	18 9:30 Staying Strong w/ Alan 10:00 Current Events 10:30 UNO 1:30 BINGO! 2:30 Balloon Circle 3:00 Afternoon Movie 4:15 Aroma Therapy 6:00 Table Games and Puzzles	19 9:30 Morning Stretch 10:00 Daily News 10:30 BINGO! 1:00 Short Stories 2:00 Music w/ John Rand- FC 3:00 Table games and Puzzles 4:15 Aroma Therapy 6:00 Animal Documentary	20 9:30 Staying Strong w/ Alan 10:00 Daily Chronicles 10:30 Catholic Communion 10:30 Watercolor Class 1:00 Garden Walk 2:00 BINGO! 3:00 Noodle Ball 4:15 Aroma Therapy 6:00 Caregiver's Choice	21 9:30 Sit and Stretch 10:00 Morning News 10:15 Beanbag Toss 1:00 BINGO! 2:00 March Birthday Party w/ music by The McCollum Duo 3:00 Balloon Noodle 4:15 Aroma Therapy 6:00 Table Games and Puzzles	22 9:30 Natural Stretch 10:00 Daily Chronicles 10:30 BINGO! 1:00 Poetry Corner 2:00 The Bluegrass Association- FC 3:15 Artistic Expressions 4:15 Aroma Therapy
23 9:30 Morning Stretch 10:00 Sunday Services 10:45 Finish the Phrase 1:00 Coloring to Music 2:00 Chicken Soup for the Soul 3:00 Sing Along w/ Suzie Q 4:15 Aroma Therapy	24 9:30 Music and Movement 10:00 Daily Chronicles 10:15 Beanbag Toss 1:00 Short Stories 2:00 BINGO! 3:00 Balloon Circle 4:15 Aroma Therapy 6:00 Family Feud CH 11	25 9:30 Staying Strong w/ Alan 10:00 Daily News 10:15 Paint and Sip 1:00 Beanbag Toss 2:00 Namaste Nail Care w/ Victoria 3:00 Reminiscing: The 1950s 4:15 Aroma Therapy 6:00 Caregiver's Choice	26 9:30 Chair Yoga 10:00 Current Events 10:15 BINGO! 1:00 Finish the Phrase 2:00 Music w/ John Palmore- FC 3:00 Table Games and Puzzles 4:15 Aroma Therapy 6:00 Evening Movie	27 9:30 Staying Strong w/ Alan 10:00 Daily News 10:30 Catholic Communion 10:30 Balloon Circle 1:00 Card Games and Puzzles 2:00 BINGO! 3:00 Trivia Time 4:15 Aroma Therapy	28 9:30 Sit and Stretch 10:00 Friday Updates 10:15 Culinary Creations 1:00 Beanbag Toss 2:00 Mind Joggers 3:00 Afternoon Walk 4:15 Aroma Therapy 6:00 Animal Documentary	29 9:30 Let's Exercise! 10:00 Current Events 10:15 BINGO! 1:00 Book Club! 2:00 Afternoon Tea w/ Family 3:15 Balloon Noodle 4:15 Aroma Therapy 6:00 Table Games and Puzzles
30 9:30 Morning Stretch 10:00 Sunday Services 10:45 Word Games 1:00 Color by Numbers 2:00 Table Games and Puzzles 3:00 Comedy: I Love Lucy 4:15 Aroma Therapy	31 9:30 Sit and Stretch 10:00 Morning News 10:15 Go Fish! 1:00 Water Color Club 2:00 Namaste nail Care w/ Victoria 3:00 Balloon Noodle 4:15 Aroma Therapy 6:00 Table Games and Puzzles	<h1>The Lodge</h1> <h2>March</h2> 			<u>Birthdays</u> Carolyn W. 3/6 Kathy A. 3/12 Jamie G. 3/21	<u>Abbreviations Key:</u> ARS- Aerobic Studio AS- Art Studio CC- Conference Center FC- Fireside Club GR- Great Room LN- Living Room North LS- Living Room South SC- Sundance Cinema

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