1 Alexandre							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Living and Memory Care	Fel	orua	ry 2	025 South Shore	Memory Care	1 9:30 Welcome February Facts and Trivia 10:30 Meditate Chair Yoga 1:30 Parachute Balloon Ball 2:30 February Fun Facts 3:00 Quality Face to Face 4:00 Jeopardy Trivia 6:30 Dominos with Evening Snack
10:00 Mo 10:30 Gra Wo 1:30 Feb 2:00 Art 3:00 Wa 4:00 Sit	2 Dundhog Day Quiz rning Stretches ace Community rship (Dorian Thr) Druary Gazette Class w/ Terri (NS) terford Walk and Stretch zle Together/ Snack Groundhog Day	3 9:30 Daily Chronicle 10:30 Ever fit 1:30 Resident Council and Refreshments (SS) 2:30 Piano with Robin (SS) 3:00 Namaste and Puzzles 4:00 Table Balloon Ball 6:30 Complex Coloring with Light Classical Music	4 9:30 National Feed the Birds Day Information & Disc 10:30 Ever fit 1:30 The Dorian's Matinee "Cheaper by the Dozen" 2:30 Bird Feeder Wordsearch 3:00 Travel Tales Tuesday 4:00 Life of a Hummingbird 6:30 Baby Bird Names Trivia	5 9:30 Bible Study w/ Tim (NS) 10:30 Ever fit 1:30 Scenic Drive 1:30 Exercise with Julie (SS) 2:30 EZ Does It Trivia 3:00 Color Pencil Blending 4:00 Sit and Stretch 6:30 Soundscapes/ Hydration	6 9:30 Daily Chronicle 10:30 Ever fit 1:30 Remembering Zsa Zsa Gabor 2:00 Timothy Patrick Sings Valentine's (Restaurant) 3:00 February Poetry Reading 4:00 Sit and Stretch 6:30 Crossword and Snacks	9:30 Wear Red Day 10:30 Ever fit 1:45 Louis Faro Performs Riverview Restaurant 2:30 Parachute Balloon Ball 3:00 Root Beer Float Social 4:00 Sit and Stretch 6:30 Dominos and Hydration	8 9:30 Saturday Funnies 10:30 Meditate Chair Yoga 1:30 Bean Bag Toss 2:00 Tim Biggs Plays Guitar 3:00 Bundle up Outdoor Walk 4:00 February Color Blending 6:30 Animal Planet and Hydration
10:00 Feb 10:30 Gra Wo 1:30 Bin 2:30 Min 3:30 Qua 4:00 Jur	9 is Day in History oruary Paint Craft ace Community rship (THR) ago with Prizes hi Golf (Indoor Put) ality face to Face hk Drawer Detective axation/ Hydration	10 9:30 Daily Chronicle 10:30 Ever fit 1:30 Art and Crafts Making Valentine Cards (NS) 2:30 Cookie Coffee Social (NS) 3:00 Namaste and Puzzles 4:00 Set and Stretch 6:30 EZ Does It Trivia	11 9:30 Daily Chronicle 10:30 Ever fit 1:30 Popcorn and Trivia 2:00 Gus Russell on Piano (SS 3:00 Quality Face to Face 4:00 Sit and Stretch 6:30 Crossword and Snacks	12 9:30 Bible Study with Tim 10:30 Ever fit 1:30 Scenic Drive 1:30 Exercise with Julie (NS) 2:00 Julie Sings (NS) 3:00 Quality Face to Face 4:00 Sit and Stretch 6:30 Puzzle Club with Snacks	13 9:30 Daily Chronicle 10:30 Ever fit 1:30 Beach Ball Toss 2:30 Mocktail Hour (NS) 3:00 Walk the Trail 4:00 Table Games: Yahtzee, Dominos, Uno 6:30 Word Search Together	 14 9:30 Daily Chronicle 10:30 Valentine Music with Jeff Oster (SS) 1:30 Valentine Trivia 2:00 Welcome Families to our Valentine's Social 3:00 Waterford Walk 4:00 Sit and Stretch 6:30 EZ Does It Trivia Valentine's Day 	15 9:30 Saturday Funnies 10:30 Meditate Chair Yoga 1:30 Mini Golf (Indoor Put/NS 2:00 Where Am I? Trivia 3:00 Outdoor Walk 4:00 EZ Does It Trivia 6:30 Complex Coloring with Light Classical Music
10:00 Mot 10:30 Gra Wo 1:30 Feb 2:00 Art 3:00 Wh 4:00 Sit	16 is Day in History rning Stretches ace Community rship (THR) oruary Trivia Class with Terri at Am I? Game and Stretch minos and Snacks	17 9:30 Daily Chronicle 10:30 Ever fit 1:30 Cooking Club 2:30 Grab your Coat and Hat 3:00 Namaste and Puzzles 4:00 Table Games: Yahtzee, Dominos, Uno 6:30 EZ Does It Trivia Presidents' Day (U.S.)	18 9:30 Daily Chronicle 10:30 Ever fit 1:30 Tuesday Matinee "We Bought a Zoo" 2:30 February Mazes 3:00 Quality Face to Face 4:00 Travel Tales Tuesday 6:30 Word Search together	ě	20 9:30 Daily Chronicle 10:30 Ever fit 1:30 EZ Does It Trivia 2:30 Mocktail Hour 3:00 Reminiscent Corner 4:00 Sit and Stretch 6:30 Complex Coloring with Light Classical Music	21 9:30 Daily Chronicle 10:30 Ever fit 1:30 February Poetry Read 2:30 Parachute Balloon Ball 3:00 Sweet Potatoes Scrap Garden 4:00 Sit and Stretch 6:30 EZ Does It Trivia	22 9:30 Saturday Funnies 10:30 Meditate Chair Yoga 1:30 Outdoor Walk 2:30 Table Games: Yahtzee, Dominos, Uno 3:00 Watercolor Painting 4:00 Sit and Stretch 6:30 February Word Search
10:00 Mo 10:30 Gra Wo 1:30 Bin 2:30 Wa 3:00 Qua 4:00 Sit	23 is Day in History rning Stretches ace Community rship (THR) ago with Prizes Ik the Trail ality Face to Face and Stretch ult I Spy February	24 9:30 Daily Chronicle 10:30 Ever fit 1:30 Armchair Travel: Dubia United Emirates 2:30 Hit the Target 3:00 Namaste and Puzzles 4:00 Sit and Stretch 6:30 Travelogue	25 9:30 Daily Chronicle 10:30 Ever fit 1:30 Tuesday Matinee "Cheaper by the Dozen Part 2" 2:30 Cranium Crunches 3:00 Walk the Trail 4:00 Sit and Stretch 6:30 Puzzle Group	9:30 Bible Study with Tim 10:30 Ever fit 1:30 Scenic Drive 1:30 Exercise with Julie (NS) 2:30 EZ Does It Trivia 3:00 Quality Face to Face 4:00 Sit and Stretch 6:30 Reminiscing with Refreshments	9:30 Daily Chronicle 10:30 Boxing with Poet 1:30 Where Am I? Trivia 2:30 Mocktail Hour 3:00 Jokes with Jill 4:00 Sit and Stretch 6:30 Relaxation/ Hydration	9:30 Daily Chronicle 10:30 Ever fit 1:30 Watercolor Painting 2:00 Readers Theater 3:00 Community Stroll with Dwight 4:00 EZ Does It Trivia 6:30 Crossword and Snacks Ramadan Begins	9:30 Saturday Funnies 10:30 Meditate Chair Yoga 1:30 Grab your Coat and Hat 2:30 Parachute Balloon Ball 3:00 American Trivia 4:00 Hydration Conversation 6:30 Table Games with Refreshments

Waterford Grand 541-636-3329 ALL Activities are Subject to Change.