

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2025

North Shore Memory Care

<p>9:30 Groundhog Day Quiz 10:00 Morning Stretches 10:30 Grace Community Worship (THR) 1:30 February Gazette 2:00 Art Class w/ Terri (NS) 3:00 Waterford Walk 4:00 Sit and Stretch 6:30 Puzzle Together/ Snack <small>Groundhog Day</small></p>	<p>9:30 Daily Chronicle 10:30 Ever fit 1:30 Resident Council and Refreshments (SS) 2:30 Piano with Robin (SS) 3:00 Namaste and Puzzles 4:00 Table Balloon Ball 6:30 Complex Coloring with Light Classical Music</p>	<p>9:30 National Feed the Birds Day Information & Disc 10:30 Ever fit 1:30 The Dorian's Matinee "Cheaper by the Dozen" 2:30 Bird Feeder Wordsearch 3:00 Travel Tales Tuesday 4:00 Life of a Hummingbird 6:30 Baby Bird Names Trivia</p>	<p>9:30 Bible Study w/ Tim (NS) 10:30 Ever fit 1:30 Scenic Drive 1:30 Exercise with Julie (SS) 2:30 EZ Does It Trivia 3:00 Color Pencil Blending 4:00 Sit and Stretch 6:30 Soundscapes/ Hydration</p>	<p>9:30 Daily Chronicle 10:30 Ever fit 1:30 Remembering Zsa Zsa Gabor 2:00 Timothy Patrick Sings Valentine's (Restaurant) 3:00 February Poetry Reading 4:00 Sit and Stretch 6:30 Crossword and Snacks</p>	<p>9:30 Wear Red Day 10:30 Ever fit 1:45 Louis Faro Performs Riverview Restaurant 2:30 Parachute Balloon Ball 3:00 Root Beer Float Social 4:00 Sit and Stretch 6:30 Dominos and Hydration</p>	<p>9:30 Welcome February Facts and Trivia 10:30 Meditate Chair Yoga 1:30 Parachute Balloon Ball 2:30 February Fun Facts 3:00 Quality Face to Face 4:00 Jeopardy Trivia 6:30 Dominos with Evening Snack</p>
<p>9:30 This Day in History 10:00 February Paint Craft 10:30 Grace Community Worship (THR) 1:30 Bingo with Prizes 2:30 Mini Golf (Indoor Put) 3:30 Quality face to Face 4:00 Junk Drawer Detective 6:30 Relaxation/ Hydration</p>	<p>9:30 Daily Chronicle 10:30 Ever fit 1:30 Art and Crafts Making Valentine Cards (NS) 2:30 Cookie Coffee Social (NS) 3:00 Namaste and Puzzles 4:00 Set and Stretch 6:30 EZ Does It Trivia</p>	<p>9:30 Daily Chronicle 10:30 Ever fit 1:30 Popcorn and Trivia 2:00 Gus Russell On Piano 3:00 Quality Face to Face 4:00 Sit and Stretch 6:30 Crossword and Snacks</p>	<p>9:30 Bible Study with Tim 10:30 Ever fit 1:30 Scenic Drive 1:30 Exercise with Julie (NS) 2:00 Julie Sings (NS) 3:00 Quality Face to Face 4:00 Sit and Stretch 6:30 Puzzle Club with Snacks</p>	<p>9:30 Daily Chronicle 10:30 Ever fit 1:30 Beach Ball Toss 2:30 Mocktail Hour (NS) 3:00 Walk the Trail 4:00 Table Games: Yahtzee, Dominos, Uno 6:30 Word Search Together</p>	<p>9:30 Daily Chronicle 10:30 Valentine Music with Jeff Oster (SS) 1:30 Valentine Trivia 2:00 Welcome Families to our Valentine's Social 3:00 Waterford Walk 4:00 Sit and Stretch 6:30 EZ Does It Trivia <small>Valentine's Day</small></p>	<p>9:30 Saturday Funnies 10:30 Meditate Chair Yoga 1:30 Mini Golf (Indoor Put/NS) 2:00 Where Am I? Trivia 3:00 Outdoor Walk 4:00 EZ Does It Trivia 6:30 Complex Coloring with Light Classical Music</p>
<p>9:30 This Day in History 10:00 Morning Stretches 10:30 Grace Community Worship (THR) 1:30 February Trivia 2:00 Art Class with Terri 3:00 What Am I? Game 4:00 Sit and Stretch 6:30 Dominos and Snacks</p>	<p>9:30 Daily Chronicle 10:30 Ever fit 1:30 Cooking Club 2:30 Grab your Coat and Hat 3:00 Namaste and Puzzles 4:00 Table Games: Yahtzee, Dominos, Uno 6:30 EZ Does It Trivia</p>	<p>9:30 Daily Chronicle 10:30 Ever fit 1:30 Tuesday Matinee "We Bought a Zoo" 2:30 February Mazes 3:00 Quality Face to Face 4:00 Travel Tales Tuesday 6:30 Word Search together</p>	<p>9:30 Bible Study with Tim 10:30 Ever fit 1:30 Scenic Drive 1:30 Exercise with Julie (SS) 2:30 EZ Does It Trivia 3:00 Quality Face to Face 4:00 Sit and Stretch 6:30 Valentine Word Search With Evening Snack</p>	<p>9:30 Daily Chronicle 10:30 Ever fit 1:30 EZ Does It Trivia 2:30 Mocktail Hour 3:00 Reminiscent Corner 4:00 Sit and Stretch 6:30 Complex Coloring with Light Classical Music</p>	<p>9:30 Daily Chronicle 10:30 Ever fit 1:30 February Poetry Read 2:30 Parachute Balloon Ball 3:00 Sweet Potatoes Scrap Garden 4:00 Sit and Stretch 6:30 EZ Does It Trivia</p>	<p>9:30 Saturday Funnies 10:30 Meditate Chair Yoga 1:30 Outdoor Walk 2:30 Table Games: Yahtzee, Dominos, Uno 3:00 Watercolor Painting 4:00 Sit and Stretch 6:30 February Word Search</p>
<p>9:30 This Day in History 10:00 Morning Stretches 10:30 Grace Community Worship (THR) 1:30 Bingo with Prizes 2:30 Walk the Trail 3:00 Quality Face to Face 4:00 Sit and Stretch 6:30 Adult I Spy February</p>	<p>9:30 Daily Chronicle 10:30 Ever fit 1:30 Armchair Travel: Dubia United Emirates 2:30 Hit the Target 3:00 Namaste and Puzzles 4:00 Sit and Stretch 6:30 Travelogue</p>	<p>9:30 Daily Chronicle 10:30 Ever fit 1:30 Tuesday Matinee "Cheaper by the Dozen Part 2" 2:30 Cranium Crunches 3:00 Walk the Trail 4:00 Sit and Stretch 6:30 Puzzle Group</p>	<p>9:30 Bible Study with Tim 10:30 Ever fit 1:30 Scenic Drive 1:30 Exercise with Julie (NS) 2:30 EZ Does It Trivia 3:00 Quality Face to Face 4:00 Sit and Stretch 6:30 Reminiscing with Refreshments</p>	<p>9:30 Daily Chronicle 10:30 Boxing with Poet 1:30 Where Am I? Trivia 2:30 Mocktail Hour 3:00 Jokes with Jill 4:00 Sit and Stretch 6:30 Relaxation/ Hydration</p>	<p>9:30 Daily Chronicle 10:30 Ever fit 1:30 Watercolor Painting 2:00 Readers Theater Dwight 2:30 Community Stroll with Dwight 4:00 EZ Does It Trivia 6:30 Crossword and Snacks</p>	<p>9:30 Saturday Funnies 10:30 Meditate Chair Yoga 1:30 Grab your Coat and Hat 2:30 Parachute Balloon Ball 3:00 American Trivia 4:00 Hydration Conversation 6:30 Table Games with Refreshments</p>

Waterford Grand (541) 636-3329 ALL Activities are Subject to Change.