

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2025



Sierra Del Sol Senior Living

<p>9:30 Group Watercoloring 2 10:30 Virtual Church Service 12:00-1:30 Come and Support Your Local Girl Scouts and Buy Some Cookies! 1:00 Movie Matinee: The Good Shepherd 3:00 Activity Planning Meeting <small>Groundhog Day</small></p>	<p>9:00 Rummikub 3 9:30 Communion with Deacon Dennis 10:00 Rosary Group 11:00 Hot Tea, Cocoa and Coffee in the Bistro 1:30 Cherries & Pie Trivia 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Documentary Miracle Landing on the Hudson</p>	<p>8:30 La Estrella Bakery at El Mercado 4 9:00 Wii Bowling 10:00 1st/2 Floor Walkers Club 11:00 Color Your Mind 1:30 Quarter Bingo 3:00 Making Valentine's Day Cards w/ Katie 5:00 Scrabble 6:00 Cheers Season 1 Ep 1</p>	<p>9:30 Low Impact Cardio 5 10:30 What's Cooking with Maryanna: Mini Personal Pizzas 1:30 Flower Arranging 3:00 Desert Melodies 5:00 Puzzles in the Living Room 6:00 Western Movie: Old Yeller</p>	<p>9:00 Rummikub 6 10:30 Bunco 1:30 What Am I? 3:00 Social: Hot Fudge Ice Cream Sundaes 5:00-6:00 Game Night w/ Maryanna 6:00 NBS: Rockets vs. Timberwolves</p>	<p>9:00 Beading Workshop w/ Ellison 7 10:00 Group Small Talk 10:30 Prize Bingo 1:30 Sing Along w/ MaryAnne 3:00 Mexican Train Dominos 6:00 Classic Movie: Pride and Prejudice</p>	<p>10:00 Morning Stretch w/ Katie 8 10:45 Group Book Club: The Little Old Lady Who Broke All the Rules 11:30 Question of the Week 1:00 Mindful Meditations on YouTube 1:30 Wii Bowling 3:00 Balloon Volleyball 6:00 Saturday Night Movie: The Age of Adaline</p>
<p>9:30 Sunday Scenic Bus Ride 9 10:30 Virtual Church Service 1:00 Matinee Movie: Awakenings 2:00 Church Service w/ Faith Community Church 3:00 Hidden in Plain Site 4:30 Superbowl LIX Party</p>	<p>9:00 Rummikub 10 9:30 Communion with Deacon Dennis 10:00 Rosary Group 11:00 Hot Tea, Cocoa and Coffee in the Bistro 1:30 Science Fun: Can We Make a Lava Lamp w/ Alka Seltzer Tablets? 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Documentary: The Beatles:</p>	<p>9:00 Wii Bowling 11 9:30 Shopping at Goodwill 10:00 1st Floor Walkers Club 11:00 Painting Birdhouses 1:30 Prize Bingo 3:00 Craft w/ Rosanda 5:00 Domino 6:00 Cheers Season 1 Ep 2</p>	<p>9:30 Low Impact Cardio 12 10:00 Food Meeting w/ Chef Arine 11:00 Flower Arranging 1:30 Pima County Library Book Mobile 2:30 Sing Along w/ Linda Updike 5:00 Puzzles in the Living Room 6:00 Western Movie: 1957 Zorro <small>Tu B'Shevat Begins</small></p>	<p>8:30 Shopping at Fry's & Dollar Store 13 9:00 Rummikub 10:30 Heart Healthy w/ Marianne from Bayada 1:30 The Art of Norman Rockwell 3:00 Social: Fruit & Cream Cheese Dip 5:30 Pre-Valentine's Day Dance Party</p>	<p><i>Happy Valentine's Day</i> 14 9:00 Farkle 10:00 Group Small Talk 10:30 Prize Bingo 11:30-1:00 Special Valentines Lunch w/ Pianist Gloria 1:30 Left Center Right 3:00 Crazy 8's 6:00 Classic Movie: Funny Girl <small>Valentine's Day</small></p>	<p>10:00 Morning Stretch w/ Katie 15 10:45 Group Book Club: The Little Old Lady Who Broke All the Rules 11:30 Question of the Week 1:00 Mindful Meditations on YouTube 1:30 Wii Bowling 3:00 Balloon Volleyball 6:00 Saturday Night Movie:</p>
<p>9:30 Group Watercoloring 16 10:30 Virtual Church Service 1:00 Movie Matinee: Always 3:00 Vinyl Café Book Club 6:00 The Story of Patsy Cline on YouTube</p>	<p>9:00 Rummikub 17 9:30 Communion with Deacon Dennis 10:00 Rosary Group 11:00 Hot Tea, Cocoa, Coffee & Cookies in the Bistro w/ Kathi 1:30 Would You Rather 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Documentary: Lost in the Artic <small>Presidents' Day (U.S.)</small></p>	<p>8:30 Movie at Cinemark 18 9:00 Wii Bowling 10:00 1st Floor Walkers Club 11:00 Color Your Mind 1:30 Quarter Bingo 3:00 Craft w/ Maryanna Mosaic Heart Brooches 5:00 Dominos 6:00 Cheers Season 1 Ep 3</p>	<p>9:30 Low Impact Cardio 19 10:30 What's Cooking with Maryanna: Apple Empanadas 1:30 Flower Arranging 2:00 Town Hall Meeting 3:00 Me and My Gal Singing Duo 5:00 Puzzles in the Living Room 6:00 Western Movie: The Apple Dumpling Gang</p>	<p>8:30 Shopping at Walmart 20 9:00 Rummikub 10:30 Bunco 1:30 Where Am I? 3:00 Social: Root Beer Floats 5:00-6:00 Game Night w/ Maryanna 7:00 NBA: Hornets vs. Nuggets</p>	<p>9:00 Farkle 21 10:00 Group Small Talk 10:30 Prize Bingo 1:30 Bean Bag Toss 3:00 Mexican Train Dominos 6:00 Classic Movie: Life with Father</p>	<p>10:00-11:30 Wacky Olympics 22 11:30 Question of the Week 1:00 Mindful Meditations on YouTube 1:30 Wii Bowling 3:00 Wine Down w/ Uno 6:00 Saturday Night Movie: Indian Jones and the Crystal Skull</p>
<p>9:30 Sunday Scenic Bus Ride 23 10:30 Virtual Church Service 1:00 Matinee Movie: Cinderella Man 2:00 Church Service w/ Faith Community Church 3:00 What Am I? 5:00 NBA: Spurs vs. Pelicans</p>	<p>9:00 Rummikub 24 9:30 Communion with Deacon Dennis 10:00 Rosary Group 11:00 Hot Tea, Cocoa and Coffee in the Bistro 1:30 Lets Make Peanut Brittle 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Documentary: Mickey the Story of a Mouse</p>	<p>9:00 Wii Bowling 25 10:00 1st Floor Walkers Club 10:45 Placita Mexico Cafe 11:00 Painting Picture Frames 1:30 Prize Bingo 3:00 Family Feud 5:00 Dominos 6:00 Cheers Season 1 Ep 4</p>	<p>9:30 Low Impact Cardio 26 10:30 Name That Rock Tune 1:30 Flower Arranging 3:00 Armchair Travelogue: Dubai, United Arab Emirates w/ A Taste of Dubai 5:00-6:00 Game Night w/ Maryanna 6:00 Western Movie: Faraway Downs</p>	<p>8:30 Shopping at Trader Joe's 27 9:00 Rummikub 10:30 Spoons (New Card Game) 2:00 Chef Demo w/ Marcus 3:00 Social: Wine, Crackers and Cheese 5:00-6:00 Family Bingo Night 5:00 NBA: Warriors vs. Magic</p>	<p>9:00 Farkle 28 10:00 Group Small Talk 10:30 Prize Bingo 1:30 Left Center Right 3:00 Crazy 8's 6:00 Classic Movie: Yentl <small>Ramadan Begins</small></p>	

Schedule is Subject to change. For the most updated information please see Activity Daily. Sierra Del Sol Senior Living 8151 E Speedway Tucson AZ 85710