

Meeting Birthdays Live Performances Anniversaries **Popular Activities Holiday Activities New Activities Fun Dates**

THURSDAY

FRIDAY

SATURDAY

10:00am – SteelFeather **Zumba Seated Exercise (DA)**

11:00am - Teatime/ Poems & Short Stories Social (AR)

1:00pm – Paper Rose Craft (L)

2:00pm – Puzzles (L)

3:00pm – TV: Choice (L)

4:00pm – Choose a new game to play with a friend (L)

6:00pm – Play a Game with a Friend (L)

National Eat Ice Cream for **Breakfast Day**

HAPPY MOVE-IN **ANNIVERSARY 1 YEAR** NANCY AND 2 YEARS RALPH

FEBRUARY 2025

SUNDAY

2 9:00am - Church Services Live Stream (L)

11:00am - Crosswords (L)

12:30pm - Catholic Communion (PD)

1:30pm - Resident Led Walking Club (L)

3:00pm - Play a game of checkers (L)

4:00pm - Scavenger Hunt: Find the Gophers Shadow (L)

6:00pm - Movie Night: Horizon: An American Saga (L) Netflix



MONDAY

3 10:00am - Coloring by Number (L)

11:00am - Exercise: **Resident Led (L)**

1:00pm - Chat with Friends in the Lounge (L)

3:00pm - Game: Scrabble (L)

4:00pm - Read a Book (L)

6:00pm - Call a Friend or Family

National Carrot cake Dav

TUESDAY

9:30am - Outing To: Fred Meyer

1:00pm - Music With: **Royce Mosgrove (DA)**

2:00pm -**Appreciation Club** (AR)

3:00pm - Exercise: YouTube/Fly Ball (L)

4:00pm - Ancestry Club (AR)

6:00pm - TV: Animal **Funnies on YouTube** (L)

National Thank Your **Mailman Day**

WEDNESDAY

9:30am - Outing To: Museum

5

1:00pm - Music with: Dave Minton (DA)

1:00pm - Ancestry Club **(AR)**

2:00pm-Exercise: YouTube/Football Toss (L)

3:00pm - Bingo! (L)

4:00pm- Ancestry Club **(AR)**

6:00pm - Movie Night: Back in Action (L) Netflix

National Sickie Day

9:00am – 1 on 1 visit **6** with in-room residents

10:00am – 1 on 1 visit with in-room residents

10:30am - Activities Meeting (L)

11:00pm – Exercise: YouTube/Dart Ball (L)

1:00pm – Tech (AR)

2:00pm – Spa Day: Manicures (AR)

3:15pm - Chapel Services (L)

with Friends (L)

National Lame Duck Dav

Meeting Birthdays Live Performances Anniversaries **Popular Activities Holiday Activities New Activities Fun Dates**



THURSDAY

Help/Ancestry Club

6:00pm – Lounge Chat

FRIDAY

9:00am – 1 on 1 visit with in-room residents

10:00am – Outing: Bank

11:00am – Craft: Borax Crystal Hearts (L)

3:00pm – Happy Hour **(DA)**

6:00pm -Card/Dice Players Club (L)

National Send a Card to a **Friend Day**

SATURDAY

10:00am - SteelFeather Zumba Seated Exercise (DA)

11:00am -Music With: Brianna Blanchfill (L)

1:00pm – Let's make Valentines for our Friends (AR)

2:00pm – Crosswords (l)

3:00pm – Bingo! (DA)

6:00pm - Play a Game with a Friend (L)

National Laugh and Get Rich Day

FEBRUARY 2025

SUNDAY

9 9:00am - Church Services Live Stream (L)

11:00am - Crosswords (L)

12:30pm - Catholic Communion (PD)

1:30pm - Resident Led Walking Club (L)

3:00pm - Super Bowl Party and Super Bowl Watch Party!

Super Bowl



MONDAY

10

10:00am -Men's Monday 11:00am - Exercise: Resident Led (L)

1:00pm - Music with: Ron Hampton (DA)

3:00pm - Game: Shut the Box (L)

4:00pm - Read a Book (L)

6:00pm - Call a Friend or Family

National Umbrella Day

TUESDAY

10:45am - Outing To: 11 Mexican Food

2:00pm -**Appreciation Club** (AR)

3:00pm - Exercise: YouTube/Fly Ball (L)

4:00pm - Ancestry Club (AR)

6:00pm - TV: Sweet Magnolias (L) Netflix National Make a **Friend** Day

WEDNESDAY

9:30am - Outing To:

2:00pm-Exercise:

3:00pm - Bingo! (L)

1:00pm - Ancestry Club

YouTube/Football Toss

4:00pm- Ancestry Club

6:00pm - Movie: Queen

Day

Bees (L) Netflix

Walmart

(**A**R)

(L)

(AR)

12

9:00am – 1 on 1 visit with in-room residents

10:00am - 1 on 1 visit with in-room residents

11:00pm – Exercise: YouTube/Balloon Ball (L)

1:00pm – Tech Help/Ancestry Club (AR)

2:00pm – Spa Day: Manicures (AR)

3:15pm – Chapel Services **(L)**

National Plum Pudding Friends (L)

National World Radio Day

Meeting Birthdays Live Performances Anniversaries **Popular Activities** Holiday Activities **New Activities Fun Dates**



THURSDAY

13

6:00pm – Lounge Chat with

FRIDAY

14 9:00am – 1 on 1 visit with in-room residents

10:00am – 1 on 1 visit with in - room residents

11:00am – Craft: Puzzle **Pieces Heart (L)**

2:00pm – Music With: James Baldwin (DA)

3:00pm – Happy Hour and Valentines Day Party (DA)

6:00pm -Card/Dice **Players Club (L)**



SATURDAY

15

10:00am - SteelFeather Zumba Seated Exercise (DA)

11:00am –Play Phase 10 With April (L)

1:00pm – Craft: Potpourri (L)

2:00pm – Crosswords (l)

3:00pm – TV: Choice (L)

6:00pm - Play a Game with a Friend (L)

National Gumdrop Day

FEBRUARY 2025

SUNDAY

9:00am - Church Services Live Stream (L)

16

11:00am - Puzzles and Crosswords (L)

12:30pm - Catholic Communion (PD)

1:30pm - Resident Led Walking Club (L)

3:00pm - Watch a Bird Documentary (L)

4:00pm - Sit by the Fireplace and have a cup of Tea (L)

6:00pm - Movie Night: A Family Affair (L) Netflix

National Almond Day

MONDAY

17 10:00am -Coloring/Listen to Music (L)

11:00am - Exercise: Resident Led (L)

1:00pm - Chat with Friends in the Lounge (L)

3:00pm - Game: Shut the Box (L)

4:00pm - Read a Book (L)

6:00pm - Call a Friend or Family

HAPPY BIRTHDAY ROBERTA



TUESDAY

9:30am - Outing To: 18 Fred Meyer

12:30pm - Chefs Corner (DA)

1:00pm -Music With: Royce Mosgrove (DA)

2:00pm -Appreciation Club (AR)

3:00pm - Exercise: YouTube/Fly Ball (L)

4:00pm - Ancestry Club (AR)

6:00pm - TV: Sweet Magnolias (L) Netflix

National Drink Wine Day

WEDNESDAY

9:45am - Outing To:

Goodwill

1:00pm - Ancestry Club

(AR)

2:00pm-Exercise:

YouTube/Football Toss

(L)

3:00pm - Bingo! (L)

4:00pm-Ancestry Club

(AR)

6:00pm - Movie: Queen

Bees (L) Netflix

National Plum Pudding

Day

19 9:00 in-ro

> 11:00pm – Exercise: YouTube/Dart Ball (L)

12:30pm - Resident Meeting (DA)

1:00pm - Music with: Dennis Colleret (DA)

1:00pm – Tech Help/Ancestry Club (AR)

2:00pm – Spa Day: Manicures (AR)

3:15pm - Chapel Services (L)

6:00pm – Lounge Chat with Friends (L)

National Comfy Day

Meeting Birthdays Live Performances Anniversaries Popular Activities Holiday Activities New Activities Fun Dates



THURSDAY

9:00am – 1 on 1 visit with in-room residents **20**

FRIDAY

21 9:00am – 1 on 1 visit with in-room residents

10:00am – Outing: Bank

11:00am – Craft: Collage (L)

1:00pm – Play Banana Grams with April (L)

3:00pm – Happy Hour (DA)

6:00pm -Card/Dice Players Club (L)

National Sticky Buns Day



SATURDAY

22 10:00am – SteelFeather Zumba Seated Exercise (DA)

11:00am –Play Scrabble with April (L)

1:00pm – Craft: Felt Flower Book Bands (L)

2:00pm – Crosswords (l)

3:00pm – Bingo! (DA)

4:00pm – Craft: Make Greeting Cards (L)

6:00pm – Play a Game with a Friend (L)

National Be Humble Day

FEBRUARY 2025

SUNDAY

23 9:00am - Church Services Live Stream (L)

11:00am - Puzzles and Crosswords (L)

12:30pm - Catholic **Communion (PD)**

1:30pm - Resident Led Walking Club (L)

3:00pm - Watch a Bird **Documentary (L)**

4:00pm - Sit by the Fireplace and have a cup of Tea (L)

6:00pm - Movie Night: Your Place or MIne (L) Netflix

National Banana Bread Day

MONDAY

24

10:00am -Coloring/Listen to Music (L)

11:00am - Exercise: **Resident Led (L)**

1:00pm - Men's Monday (L)

3:00pm - Game: Shut the Box (L)

4:00pm - Read a Book (L)

6:00pm - Call a Friend or Family

National Tortilla chip Day

TUESDAY

25 9:30am - Outing To: Dollar Tree

1:00pm - Exercise: YouTube/Fly ball (L)

2:00pm -**Appreciation Club** (AR)

3:00pm - Spa/Beauty **Day: Facials & Hair** Styles (AR)

4:00pm - Ancestry Club (AR)

6:00pm - TV: Sweet Magnolias (L) Netflix

National Chocolate **Covered Nut Day**

WEDNESDAY

26 9:30am - Outing To: Walmart

1:00pm - Ancestry Club (AR)

2:00pm-Exercise: YouTube/Football Toss (L)

3:00pm - Bingo! (L)

4:00pm-Ancestry Club (AR)

6:00pm - Movie Night: **Perfect Pairing (L)** Netflix

> National Pistachio Day

9:00am - 1 on 1 visit 27 with in-room residents

Meeting (DA)

1:00pm – Tech (AR)

Manicures (AR)

3:15pm - Chapel Services (L)

6:00pm – Lounge Chat with Friends (L)

Meeting Birthdays Live Performances Anniversaries **Popular Activities Holiday Activities New Activities Fun Dates**



THURSDAY

11:00pm – Exercise: YouTube/Dart Ball (L)

12:30pm - Town Hall

Help/Ancestry Club

2:00pm – Spa Day:

National No Brainer Day

FRIDAY

28 9:00am - 1 on 1 visit with in-room residents

10:00am – 1 on 1 visit with in-room residents

11:00am – Craft: St Patrick's Day Door Decor (L)

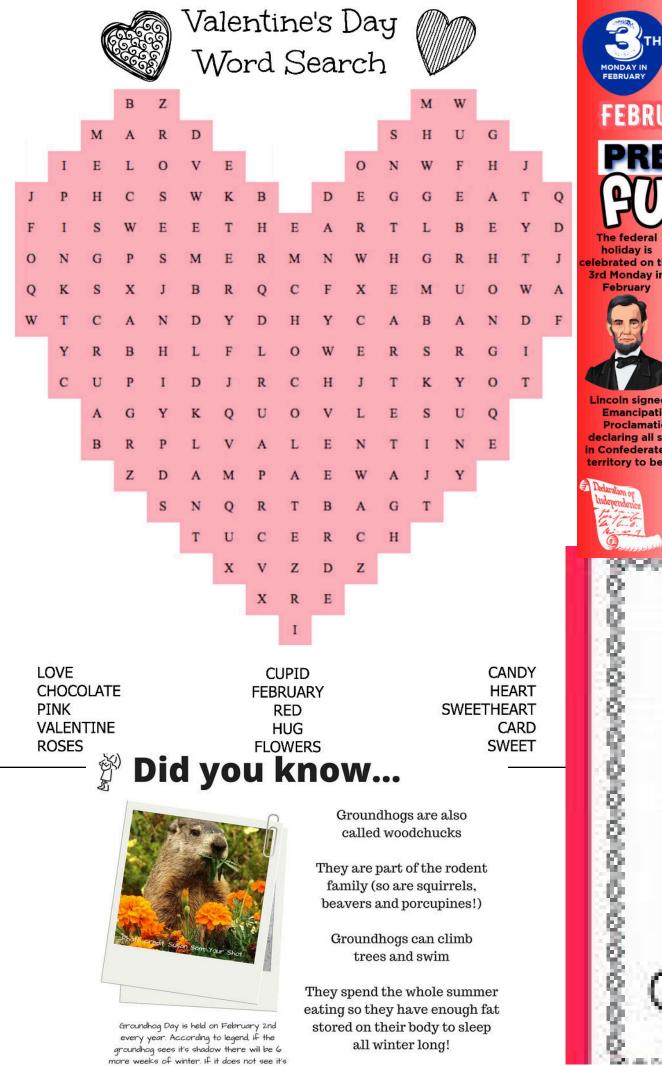
2:00pm – Play Uno with April (L)

3:00pm – Happy Hour **(DA)**

6:00pm -Card/Dice Players Club (L)

National Public Sleeping Dav

SATURDAY



shadow, there will be an early spring!

Source: National Geographic

