Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5	ebruc	ry 20	25	1 KO	9:00 Everfit/Trivia 1 10:00 Ground Hog Day Pudding Cups Social 11:00 Furry Friends Therapy Dog 1:00 Bingo with Debbie 2:00 Steel Feathers Dan on Guitar 6:00 Movie Night Res. Choice
Self-led Activities Worship Day Bible Reading Easy Walking Jigsaw Puzzles - Library Book Reading - Library Creative Coloring	Blankets for Giving BAH 11:00 Easy Walking 2:00 Carrot Cake Day and Ice Cream Social 3:00 Jigsaw Puzzles	9:00 Chair Yoga with Irene 9:00 Everfit/Trivia - AR 10:00 Sewing Heart Fabrics 11:00 Easy Walking 1:00 Suzie on Piano 2:00 Paint by Numbers	9:00 Safeway 10:00 Morning Music 10:00 Adult Coloring	9:00 Everfit/Trivia 10:00 Armchair Travels – Dubai 12:00 Frozen Yogurt Day 1:00 Delivering ILP Blankets to BAH Cancer Center and Scenic Drive	Making Lumpia Shanghai 10:00 Hymns with Malcolm 11:00 Mt. Man 1:00 Acrylic Painting Chinese Lantern 3:00 Cottage Resident Wine	Outing89:00 Everfit/Trivia10:00 Hand Day Spa11:00 Betty's ServiceNorth Bend Chapel3:30 Jigsaw Puzzles6:00 Movie Night Res. Choice
Groundhog Day Self-led Activities 9 Worship Day Bible Reading Easy Walking Jigsaw Puzzles – Library Book Reading – Library Creative Coloring	Blankets for Giving BAH 11:00 Easy Walking 1:00 Learn How to Crochet 2:00 Veronica with Groot – Therapy Dog 6:00 Movie Night Res. Choice	Doctor Day119:00 Chair Yoga with Irene9:00 Everfit/Trivia -AR10:00 Penny Toss11:00 Easy Walking1:00 Food and CouncilMeeting and ActivityPlanning2:00 Hymns with Dave		National Tortellini Day 13 Candy Making Day 9:00 Everfit/Trivia 10:00 Morning Music 10:00 Making Heart Candy	6:00 Movie Night Res. Choice 9:00 Resident Choice 14 10:00 Valentine's Tea Party with Pat, and Cherylee 2:00 Valentine Bingo 2:00 Afternoon Walk 6:00 Movie Night Res. Choice	9:00 Everfit/Trivia 15 10:00 Hand Day Spa 11:00 Hangman 11:00 Easy Walking Self led 1:00 Cotton Balls Challenge 2:00 Steel Feathers Dan on Guitar 3:00 Corn Hole 6:00 Movie Night Res. Choice
Worship Day Bible Reading Easy Walking Jigsaw Puzzles – Library Book Reading – Library Creative Coloring Movie Night – Res. Choice	9:00 Everfit/Trivia 17 10:00 Stitch in Time Blankets for Giving BAH 11:00 Easy Walking 1:00 Learn How to Crochet 1:00 Color Quilt Block for Quilts for Giving	9:00 Everfit/Trivia -AR 10:00 South Coast Hospice Guest Speaker – Topic Diabetes 2:00 Old Time Fiddlers 3:00 Afternoon Walk	Shopping Day 19 9:00 Bi mart / Dollar Tree 10:00 Morning Music 10:30 Mobile Library 11:00 Easy Walking 1:00 Bible Reading 2:00 Cookies / Hot Cocoa Daily Chronicles	9:00 Everfit/Trivia 10:00 Morning Music 10:45 Lunch Out Tai's Dynasty and Scenic Drive 11:00 Easy Walking Self led 2:00 Adult Coloring Self led 6:00 Movie Night Res. Choice	10:00 Making Simple Kimchi Social 11:00 Easy Walking 12:30 Cottage Resident Monthly Birthday Party	9:00 Everfit/Trivia 22 10:00 Hand Day Spa 11:00 Beach Ball Toss 11:00 Easy Walking Self led 1:00 Bingo 2:30 Ping pong 3:30 Jigsaw Puzzles 6:00 Movie Night Res. Choice
Worship Day Bible Reading Easy Walking Jigsaw Puzzles - Library Book Reading - Library Creative Coloring Movie Night - Res. Choice	9:00 Everfit/Trivia 24 10:00 Stitch in Time Blankets for Giving BAH 11:00 Easy Walking 1:00 Learn How to Crochet 1:00 Color Quilt Block for Quilts for Giving	9:00 Everfit/Trivia -AR 10:00 Morning Music 10:00 Open Crafting 11:00 Easy Walking 1:00 Tie Fleece Blankets 6:00 Movie Night Res. Choice	9:00 Dollar Tree/ Joann and Stop at Taco Bell 10:00 Morning Music 11:00 Easy Walking 1:00 Bible Reading 2:00 Ice Cream Social and Table Tid Bits 6:00 Movie Night Res. Choice	9:00 Everfit/Trivia 10:00 Morning Music 10:45 Lunch Out KFC and Scenic Drive 11:00 Easy Walking Self led 2:00 Adult Coloring Self led 6:00 Movie Night Res. Choice	9:00 Everfit/Trivia 10:00 Floral Arrangement 11:30 French Fry Friday 1:00 Afternoon Walk 2:00 One on One 6:00 Movie Night Res. Choice Ramadan Begins	February 3rd and 7th Pride in Food Service Week

Inland Point Assisted Living 2290 Inland Drive North Bend Oregon 97459 541-756-0176

Activity Schedule is subject to change by Availability and Resident Preference