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Articles are from Activity Connection

February 2025 Issue



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Beverly Buus-Hover
Deloris Sargent
Rose Alcorn

February is the second month of the year in the Julian and Gregorian calendars. With 28 days in common years and 29 days in leap years, it is the shortest month of the year. This month is also the only month with fewer than 30 days. February gets its name from the latin word *februum*, which means "to purify." The Romans purified themselves in this month during *februa*, a monthlong festival and ritual undertaken in preparation for the annual arrival of spring.

From your friends at



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HAPPY
Valentine's Day



The Difference Between Living and Living Well

This Month in History

Honor Black History

February is Black History Month, a time to celebrate Black Americans and learn more about their accomplishments. From historical abolitionists Frederick Douglass, Sojourner Truth, and Harriet Tubman to modern greats Langston Hughes, Oprah Winfrey, and Jean Michel Basquiat, take time to read a biography of some of the great Black Americans who have made our country great.

Weather or Not

Legend has it that if the weather is fair and mild in January and at the beginning of February, there is more winter ahead than behind.

"If the cat lies in the sun in February, she will creep behind the stove in March."

-Weather Folklore



BUS SCHEDULE

Sign up at the Front Desk. A \$45 charge for a transportation request and also when a staff is needed at an appointment.

Doctor Appointment are every Monday, Wednesdays and Thursdays from 9:00am to 2:00pm

Scheduled Shopping Days are every Tuesdays and Fridays (Please See our Activity Calendar)

Photos from our FIRST BONFIRE of the YEAR January 13th, 2025



This Month's Upcoming Events

Join us for our
Sweetheart Soiree and A Puppy Affair
Friday, Valentines Day
4-6pm
Dining Room

Please RSVP at the Front Desk by February 7th by calling (702) 860-6028

Join us for
SUPER BOWL LIX
Sunday, February 9th
at the Theater
KICKOFF starts at 3:30pm
Enjoy with
Pizza, Chips, HotDogs and Beer



Join us for our monthly
RESIDENT COUNCIL MEETING and Food For Thought with Chef Celeste
Second Wednesdays at 10:00 am
at the Second Floor Commons



Kathy's Hair Cottage
call (702) 326-2260

- Shampoo only \$10
- Men's Shampoo & Haircut\$22
- Women's Shampoo & Haircut..... \$27
- Shampoo, Cut & Style\$43
- Shampoo & Style\$27
- Color & Style\$62
- Color, Cut & Style\$77
- Perm & Cut\$85
- Men's Haircut\$20
- Fingernail or Toenail Trim\$15
- Manicure\$25
- Pedicure\$37