

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>L = Lobby TR = Theater Room CK = Country Kitchen AR = Activity Room BP = Back Patio CR = Conference Room LR = Living Room FE = Front Entrance</p>						<p>Barber Day 1</p> <p>9:00 Coffee and News at the Bistro 9:30 Bible Verse Sharing (LR) 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Inspirational Word Find Puzzles (B) 1:00 BINGO at the Activity Room 2:00 Expoza Travels on YouTube (B) 3:00 Karaoke Love Songs at the Bistro 5:00 Netflix Love Story Movie (B) The OutLaws</p>
<p>Groundhog Day 2</p> <p>8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:00 Catholic Service at the Theater 10:00 Group Coloring Class (B) 2:00 Featured Movie of the Day (B) Groundhog Day 3:00 Expoza Travels on YouTube (TR) 5:00 Netflix Life Story Series (B) FIREFLY LANE</p>	<p>Feed the Birds Day 3</p> <p>9:00 Walking Club with HS Staff (FE) 10:00 Chair Yoga Exercises on YouTube (B) 1:00 Bingo at the Activity Room 2:00 RV Travelling Robert -YouTube (B) 2:00 Rummikub with Alaina (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Love Story Movie (B) After We Collided</p>	<p>Medjoola Date Day 4</p> <p>9:00 Coffee and News at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting (DR) 1:15 Tea Tasting with Chef Celeste (DR) 1:30 Flower Arrangements w/ Carol (B) 3:00 Shopping at Walmart 5:00 Netflix Documentary (B) You Can't Ask That</p>	<p>World Nutella Day 5</p> <p>9:00 Coffee and News at the Bistro 10:00 Chair Yoga Stretch on YouTube (B) 10:30 Jeopardy Trivia (B) 1:00 BINGO at the Activity Room 2:00 Rummikub with Alaina (B) 3:00 Karaoke and Mimosas with Sally (B) *Serving Mimosas and Snacks* 5:00 Netflix Nature Series: (B) Life on our Planet</p>	<p>Ballet Day 6</p> <p>9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk with AdvisaCare (B) 1:00 BINGO at the Activity Room 2:30 Not Just Knitting Club at the Theater 3:00 Holy Rosary with Bonnie (CR) 5:00 Netflix Historical Love Series: (B) BRIDGERTON</p>	<p>Frozen Yogurt Day 7</p> <p>9:00 Coffee and News at the Bistro 10:00 Chair Dancing on YouTube (B) 10:30 Spot the Difference Puzzles (B) 11:00 Foodie Run to Yogurtland & Ramen 2:00 Learn to Make Paper Mache (BP) 2:00 Rummikub with Alaina (B) 3:00 Shopping at the Daiso Store 5:00 Movie of the week: Resident's Choice Movie (B)</p>	<p>Global Movie Day 8</p> <p>9:00 Coffee and News at the Bistro 9:30 Bible Verse Sharing (LR) 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Inspirational Word Find Puzzles (B) 1:00 BINGO at the Activity Room 2:00 Expoza Travels on YouTube (B) 2:30 Manicures & Facials with Carol (TR) 5:00 Netflix Love Story Movie (B) How Do You Know?</p>
<p>Superbowl 59 9</p> <p>8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:00 Catholic Service at the Theater 10:00 Group Coloring Class (B) 2:00 Netflix Life Story Series (B) FIREFLY LANE 3:00 Let's Watch Superbowl 59 *Serving Hot Dogs and Pizza at 4pm at the Theater Room</p>	<p>Umbrella Day 10</p> <p>9:00 Walking Club with HS Staff (FE) 10:00 Chair Yoga Exercises on YouTube (B) 1:00 Bingo at the Activity Room 2:00 RV Travelling Robert -YouTube (B) 2:00 Rummikub with Alaina (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Love Story Movie (B) After We Fell</p>	<p>National Inventors Day 11</p> <p>9:00 Coffee and News at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting (DR) 1:15 Tea Tasting with Chef Celeste (DR) 1:30 Flower Arrangements w/ Carol (B) 3:00 Shopping at Smith's 5:00 Netflix Documentary (B) You Can't Ask That</p>	<p>Darwin Day 12</p> <p>9:00 Hot Cocoa and News at the Bistro 10:00 Resident Council Meeting and Food for Thought with Chef Celeste 1:00 BINGO at the Activity Room 2:00 Rummikub with Alaina (B) 3:00 Life's Journey with Monica (B) *Serving Wine and Charcuterie* 5:00 Netflix Nature Series: (B) Life on our Planet</p>	<p>Self Love Day 13</p> <p>9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:30 Not Just Knitting Club at the Theater 3:00 LIFEDER Travels on YouTube (B) 3:00 Holy Rosary with Bonnie (CR) 5:00 Netflix Historical Love Series: (B) BRIDGERTON</p>	<p>Valentine's Day 14</p> <p>9:00 Coffee and News at the Bistro 10:00 Chair Dancing on YouTube (B) 10:30 Spot the Difference Puzzles (B) 1:00 Let's Make Valentine Crafts (B) 3:00 UNESCO Heritage Sites on YouTube 4:00 Sweetheart Soiree & A Puppy Affair at the Dining Room 5:00 Watch a Love Story at the Theater</p>	<p>Singles Awareness Day 15</p> <p>9:00 Coffee and News at the Bistro 9:30 Bible Verse Sharing (LR) 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Inspirational Word Find Puzzles (B) 1:00 BINGO at the Activity Room 2:00 Expoza Travels on YouTube (B) 3:00 Manicures & Facials with Carol (TR) 5:00 Netflix Love Story Movie (B) Persuasion</p>
<p>National Almond Day 16</p> <p>8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:00 Catholic Service at the Theater 10:00 Group Coloring Class (B) 2:00 Netflix Life Story Series (B) FIREFLY LANE 3:00 Expoza Travels on YouTube (B) 5:00 Netflix Historical Series (B) BRIDGERTON</p>	<p>Presidents Day 17</p> <p>9:00 Walking Club with HS Staff (FE) 10:00 Chair Yoga Exercises on YouTube (B) 1:00 Bingo at the Activity Room 2:00 RV Travelling Robert -YouTube (B) 2:00 Rummikub with Alaina (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Love Story Movie (B) After Every Happy</p>	<p>Travel Africa Day 18</p> <p>9:00 Coffee and News at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting (DR) 1:30 Flower Arrangements w/ Carol (B) 2:00 LIFEDER Travels on YouTube (TR) 3:00 Shopping at Walmart 5:00 Netflix Documentary (B) You Can't Ask That</p>	<p>Best Friends Day 19</p> <p>7:00 Monthly Signature Breakfast (DR) 10:00 Chair Yoga Stretch on YouTube (B) 10:30 Jeopardy Trivia (B) 1:00 BINGO at the Activity Room 2:00 Rummikub with Alaina (B) 3:00 Karaoke and Mimosas with Sally (B) *Serving Mimosas and Snacks* 5:00 Netflix Nature Series: (B) Life on our Planet</p>	<p>Love Your Pet Day 20</p> <p>9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk with Carol (B) 1:00 BiINGO at the Activity Room 2:30 Not Just Knitting Club at the Theater 3:00 LIFEDER Travels on YouTube (B) 3:00 Holy Rosary with Bonnie (CR) 5:00 Netflix Historical Love Series: (B) BRIDGERTON</p>	<p>National Caregivers Day 21</p> <p>9:00 Coffee and News at the Bistro 10:00 Chair Dancing on YouTube (B) 10:30 Spot the Difference Puzzles (B) 11:00 Casino Outing to Durango Casino 2:00 Learn to Make Paper Mache (BP) 2:00 Rummikub with Alaina (B) 3:00 Shopping at the Dollar Tree 5:00 Movie of the week: Resident's Choice Movie (B)</p>	<p>National Margarita Day 22</p> <p>9:00 Coffee and News at the Bistro 9:30 Bible Verse Sharing (LR) 10:00 Chair Tai Chi & Qi Gong (B) 10:30 Inspirational Word Find Puzzles (B) 1:00 BINGO at the Activity Room 2:00 Expoza Travels on YouTube (B) 3:00 Birthday Bash w/ Donna Lynne (B) 5:00 Netflix Love Story Movie (B) A Perfect Pairing</p>
<p>Tootsie Roll Day 23</p> <p>8:30 David Jeremiah on TV Channel 26 9:00 Joel Osteen on TV Channel 26 9:30 Catholic Mass on TV Channel 12 10:00 Group Coloring Class (B) 2:00 Netflix Life Story Series (B) FIREFLY LANE 3:00 Expoza Travels on YouTube (B) 5:00 Netflix Historical Series (B) BRIDGERTON</p>	<p>Forget Me Not Day 24</p> <p>9:00 Walking Club with HS Staff (FE) 10:00 Chair Yoga Exercises on YouTube (B) 1:00 Bingo with Heather from Enhabit Health (AR) 2:00 RV Travelling Robert -YouTube (B) 2:00 Rummikub with Alaina (B) 3:00 Large Word Find Puzzles (B) 5:00 Netflix Love Story Movie (B) After Everything</p>	<p>Rubber Ducky Day 25</p> <p>9:00 Coffee and News at the Bistro 10:00 Range of Motion Exercises (B) 10:30 Spot the Differences (B) 1:00 Weekly Menu Meeting (DR) 1:30 Flower Arrangements w/ Carol (B) 2:00 LIFEDER Travels on YouTube (TR) 3:00 Shopping at Smith's 5:00 Netflix Documentary (B) You Can't Ask That</p>	<p>Wear Pink Day 26</p> <p>9:00 Coffee and News at the Bistro 10:00 Chair Yoga Stretch on YouTube (B) 10:30 Jeopardy Trivia (B) 1:00 BINGO at the Activity Room 2:00 Rummikub with Alaina (B) 3:30 Wine Down Wednesday at the Bistro *Serving Wine and Charcuterie* 5:00 Netflix Nature Series: (B) Life on our Planet</p>	<p>International Polar Bear Day 27</p> <p>9:00 Coffee and News at the Bistro 10:00 Simple Stretching at the Bistro 10:30 Health Talk with Carol (B) 1:00 BINGO at the Activity Room 2:30 Not Just Knitting Club at the Theater 3:00 Holy Rosary with Bonnie (CR) 3:00 LIFEDER Travels on YouTube (B) 5:00 Netflix Historical Love Series: (B) BRIDGERTON</p>	<p>Happy Birthday Mary Jo! 28</p> <p>9:00 Coffee and News at the Bistro 10:00 Strength Exercises at the Bistro 10:30 Spot the Difference Puzzles (B) 11:00 Foodie Run to Buffet of Asia 2:00 Learn to Make Paper Mache (BP) 2:00 Rummikub with Alaina (B) 3:00 Shopping at Target 5:00 Movie of the week: Resident's Choice Movie (B)</p>	
<p>February 2025 Heritage Springs Assisted Living Events Activities are subject to change based on the interests and requests of our residents.</p>						