Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	B	ebruc	ry 20	25		10:30AM Moring Chit Chat (AR) 10:45AM Daily Chronicles (AR 11:00AM Left, Right, Center (AR) 1:30PM One on One Visit 2:00PM Read Along Book Club 3:00PM BINGO (DR) 4:00PM Weighted Workout (AR) 6:00PM Saturday Night Movie
Beach House" (FR)	10:45AM Daily Chronicle (AR) 3 11:00AM Shut the Box (AR) 1:30PM Food Committee <u>Meeting (DR)</u> 4:00PM Color Me Calm (AR) 6:00PM Monday Movie (FR) *Independent activities are available in the Activity Room	10:30AM Morning News Chat 4 10:45AM Daily Chronicles (AR) 11:00AM Wheel of Fortune (AR) 1:00PM One on One Visit 1:30PM Technology Support 2:30PM Historical Events: Birth of the United States (DR) 4:00PM Chair Exercise (AR) 6:00PM Movie Night (FR)	Medical Transportation Day 5 10:00AM Bible Study (DR) 10:45AM Daily Chronicle (AR) 11:00AM February Jeopardy (AR) 1:30PM One on One Visit 2:30PM Beautiful Flute Performance by: Karen Silverman (DR) 4:00PM Chair Yoga (AR) 6:00PM Movie Night (FR)	Medical Transportation Day 6 10:45AM Daily Chronicles (AR) 11:00AM Shut the box (AR) 1:30PM One on One Visit 2:30PM Card Making for our Pen Pals (DR) 4:00PM Upper Body Workout 6:00PM Movie Night (AR)	10:00AM Worship and Word 10:00AM Fred Meyers (FL) 10:45AM Daily Chronicles (AR 1:30PM Technology Support 2:30PM Resident Meeting (DR) 3:30PM Nail Glam (AR) 4:00PM SteelFeathers Fitness: Zumba (AR) 6:00PM Staff Pick Movie (FR)	8 10:30AM Rise and Reflect (AR 10:45AM Daily Chronicles (AR 11:00 AM Uno Card Game (AR) 2:00PM Read Along Book Club 3:00PM BINGO (DR) 4:00PM Full Body Yoga (DR) 6:00PM Saturday Night Movie
10:45AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) <u>3:30PM Superbowl: Eagles vs.</u>	10:45AM Daily Chronicle (AR) 10 11:00AM Shut the Box (AR) 2:00PM Dominoes (AR) 3:00PM Color Me Calm (AR) 6:00PM Monday Movie (FR) *Independent activities are available in the Activity Room	11 10:30AM Good Morning Chat 10:45AM Daily Chronicles (AR 11:00AM Left, Right, Center (AR) 1:30PM One on One Visit 2:30PM Around the World: Iceland (DR) 4:00PM Seated Cardio (AR) 6:00PM Staff Pick Movie (FR)	Medical Transportation Day 12 10:00AM Bible Study (DR) 10:45AM Wheel of Fortune (AR) 1:30PM Technology Support 2:30PM BINGO (DR) 4:00PM Weighted Workout (AR) 6:00PM After Dinner Movie FR	Medical Transportation Day 13 10:30AM Rise and Reflect (AR) 10:45AM Daily Chronicles (AR 11:00AM Words in Words (AR) 1:30PM One on One Visit 2:30PM Performance by: Hayley Lynn (DR) 4:00PM Easy Yoga (AR) 6:00PM Netflix Movie Night	10:00AM Worship and Word 14 10:45AM Daily Chronicles (AR 11:00AM Lunch @ Mod Pizza 2:00PM Activity Planning Meeting 2:30PM Friendship Puzzle Wreaths (DR) 3:30PM Nail Glam (AR) 4:00PM SteelFeathers Fitness: Zumba (AR) Valentine's Day	10:45AM Daily Chronicles (AR 11:00AM Dominoes (AR) 1:30PM Technology Support 2:00PM Read Along Book Club 3:00PM Skipbo Card Game (DR) 4:00PM Guided Workout (AR) 6:00PM Saturday Night Movie
Only Imagine" (FR) 4:00PM Dominoes (AR) 6:00PM Independent Card Games (AR) *Independent activities are available in the Activity Room	11:00AM Shut the Box (AR) 2:00PM Catch Phrase (AR) 3:00PM Color Me Calm (AR) 6:00PM Monday Movie (FR) *Independent activities are available in the Activity Room Presidents' Day (U.S.)	18 10:45AM Daily Chronicles (AR 11:00AM Uno Card Game (AR) 1:30PM Technology Support 2:30PM Art History: Reading Renaissance Portraits (DR) 3:30PM Wii Bowling (DR) 4:00PM Seated Yoga (DR) 6:00PM Netflix Movie Night (FR)	Medical Transportation Day 10:30AM Good Morning Chat 10:00AM Bible Study (DR) 10:45 AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) 2:30PM Chef's Corner: Saltine Cracker Toffee (AR) 3:30PM Wheel of Fortune (AR) 4:00PM Exercise Class (AR) 6:00PM Movie Night Madness	10:30AM Morning Meditation 10:45AM Daily Chronicles (AR 11:00AM Dominoes (AR) 1:00 One on One Visit 2:30PM BINGO (DR) 4:00PM Weighted Workout (AR) 6:00PM Movie Night (FR)	21 10:00AM Worship and Word 10:00AM Red Robin (FL) 10:45AM Daily Chronicles (AR 11:00 AM Left, Right, Center (AR) 2:30PM Performance by: Art Goodman (DR) 3:30PM Nail Glam (AR) 4:00PM SteelFeathers Fitness: 6:00PM Movie Night (FR)	22 10:30AM Morning Discussions 10:45AM Daily Chronicles (AR 11:00AM Dominoes (AR) 1:30PM Technology Support 2:00PM Read Along Book Club 3:00PM BINGO (DR) 4:00PM Easy Yoga (DR) 6:00PM Saturday Night Movie
1:30PM Movie Matinee:	10:45AM Daily Chronicle (AR) 24 11:00AM Shut the Box (AR) 2:00PM Catch Phrase (AR) 3:00PM Color Me Calm (AR) 6:00PM Monday Movie (FR) *Independent activities are available in the Activity Room	10:30AM Rise and Reflect (AR 10:45AM Daily Chronicles (AR 11:00AM Shut the box (AR) 1:30PM One on One Visit 2:30PM History of Abraham Lincoln (DR) 4:00PM Weighted Workout (AR) 6:00PM After Dinner Movie (FR)	10:45AM Daily Chronicles (AR) 11:00AM Left, Right, Center (AR) 1:30PM Technology Support 2:30PM February Birthday Celebration (DR) 4:00PM Chair Cardio (AR) 6:00PM Resident Choice Movie	Medical Transportation Day 27 10:45AM Daily Chronicles (AR 11:00AM Dominoes (AR) 1:30PM One on One Visit 2:30PM Mardi Gras Scratch off Masks AR) 3:00PM BINGO (DR) 4:00PM Guided Exercises (DR) 6:00PM Movie Night (FR)	10:00AM Worship and Word 10:45AM Daily Chronicles (AR) 11:00AM Shopping @ Dollar Tree (FL) 2:30PM Skipbo (DR) 3:30PM Nail Glam (AR) 4:00PM SteelFeathers Fitness: Zumba (AR) 6:00PM Friday Night Movie (FR) Ramadan Begins	J.

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