

EverFit Calendar

# February

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
7:00 Everfit Open gym 11:00 Beanbag Baseball 1:00 Sit and Lift W/Alan 2:00 Free Swim/Activity	7:00 Everfit Open gym 10:00 Wii Bowling 11:00 Tai-Chi W/Mitch 1:00 Water Aerobics W/Jenn 2:00 Walking Club	7:00 Everfit Open gym 11:00 Sit and Lift 1:00 Bean Bag Baseball	7:00 Everfit Open gym 10:30 Yoga W/Cynthia 11:00 Water Activity W/Alan 1:30 Sit and Lift 2:00 Gym Equipment Training	7:00 Everfit Open gym 10:00 Bean Bag Baseball 2:00 Walking Club
10	11	12	13	14
7:00 Everfit Open gym 10:30 Zumba w/Cynthia 11:00 Beanbag Baseball 1:00 Sit and Lift W/Alan 2:00 Free Swim/Activity	7:00 Everfit Open gym 10:00 Wii Bowling 11:00 Tai-Chi W/Mitch 1:00 Water Aerobics W/Jenn 2:00 Walking Club	7:00 Everfit Open gym 11:00 Sit and Lift 1:00 Bean Bag Baseball	7:00 Everfit Open gym 10:30 Yoga W/Cynthia 11:00 Water Activity W/Alan 1:30 Sit and Lift 2:00 Gym Equipment Training	7:00 Everfit Open gym 10:00 Bean Bag Baseball 2:00 Walking Club
17	18	19	20	21
7:00 Everfit Open gym 10:30 Zumba w/Cynthia 11:00 Beanbag Baseball 1:00 Sit and Lift W/Alan 2:00 Free Swim/Activity	7:00 Everfit Open gym 10:00 Wii Bowling 11:00 Tai-Chi W/Mitch 1:00 Water Aerobics W/Jenn 2:00 Walking Club	7:00 Everfit Open gym 11:00 Sit and Lift 1:00 Bean Bag Baseball	7:00 Everfit Open gym 10:30 Yoga W/Cynthia 11:00 Water Activity W/Alan 1:30 Sit and Lift 2:00 Gym Equipment Training	7:00 Everfit Open gym 10:00 Bean Bag Baseball 2:00 Walking Club
22	23	24	25	28
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