

Sunday

Monday

Tuesday

Wednesday







Thursday

Friday

Saturday

February 2025

Bridgewood Activities

							9:30 Group Walk-Meet in Lobby 10:30 Activity Hour 1:30 Movie & Popcorn-Lobby 
9:00 New Beginnings Live Stream Church Service 2:30 Card Games 3:00 Walking Group-Meet in Lobby <small>Groundhog Day</small>	2 9:30 Group Walk-Meet in Lobby 10:00 Food Meeting w/Cook 1:00 Independent Shopping @Safeway 2:30 Cup Pong 3:00 Sign Language Tutorial Video Series 5:30 Card or Board Games *Both Available in (AR)*	3 9:30 Coffee Social w/Daily Chronicles 10:00 Bible Study 1:00 Balloon Badminton 2:00 Louis the Piano Player 4:30 Happy Hour 5:30 Card or Board Games *Both Available in (AR)*	4 9:30 Group Walk-Meet in Lobby 11:30 Lunch in (AR) -Burrito Vaquero Mexican 1:30 BINGO 2:00 Wii Bowling 3:30 Watercolor Painting 5:30 Card or Board Games *Both Available in (AR)*	5 9:30 Chair Weight Exercise w/Daily Chronicles 10:00 Manicures 1:00 BINGO 2:30 Netflix Show- The Resident 4:30 Happy Hour 5:30 Card or Board Games *Both Available in (AR)*	6 9:30 Group Walk-Meet in Lobby 10:30 Adult Coloring Group 1:00 Cribbage 2:00 Wii Bowling 3:00 Independent Activity 5:30 Card or Board Games *Both Available in (AR)* Staff Meeting Day	7 9:30 Group Walk-Meet in Lobby 10:30 Activity Hour 1:30 Movie & Popcorn-Lobby 	8 9:30 Group Walk-Meet in Lobby 10:30 Activity Hour 1:30 Movie & Popcorn-Lobby 
9:00 New Beginnings Live Stream Church Service 2:30 Card Games 3:00 Walking Group-Meet in Lobby	9 10:00 Chair Weight Exercise w/Daily Chronicles 10:30 Adult Coloring Group 1:00 Independent Shopping @Bi-Mart 2:00 IND. Bank Trips 3:00 Sign Language Tutorial Video Series 5:30 Card or Board Games *Both Available in (AR)*	10 9:30 Coffee Social w/Daily Chronicles 10:00 Bible Study 10:30 Catch Ball Exercise 11:15 Valentines Court Voting-Lobby 1:00 Baking Candy Hearts 4:30 Happy Hour 5:30 Card or Board Games *Both Available in (AR)*	11 9:30 Group Walk-Meet in Lobby 11:00 Lunch Out @7 Thai 1:00 Wii Bowling 2:30 BINGO 3:30 Watercolor Painting 5:30 Card or Board Games *Both Available in (AR)* <small>Tu B'Shevat Begins</small>	12 9:30 Chair Weight Exercise w/Daily Chronicles 10:00 Computer or Phone Help 1:00 BINGO 2:30 Netflix Show- The Resident 4:30 Happy Hour 5:30 Card or Board Games *Both Available in (AR)*	13 9:30 Chair Yoga w/Daily Chronicles 12:00 Declaring the Winners for the King and Queen Valentines court 1:00 Cup Pong 2:00 Adult Coloring Group 5:30 Card or Board Games *Both Available in (AR)* <small>Valentine's Day</small>	14 9:30 Group Walk-Meet in Lobby 10:30 Activity Hour 1:30 Movie & Popcorn-Lobby 	15 9:30 Group Walk-Meet in Lobby 10:30 Activity Hour 1:30 Movie & Popcorn-Lobby 
9:00 New Beginnings Live Stream Church Service 2:30 Card Games 3:00 Walking Group-Meet in Lobby	16 10:00 Group Walk-Meet In Lobby 10:30 Adult Coloring Group 1:00 Independent Shopping @Fred Meyers 2:30 BINGO 3:00 Sign Language Tutorial Video Series 5:30 Card or Board Games *Both Available in (AR)*	17 9:30 Coffee Social w/Daily Chronicles 10:00 Bible Study 1:00 Activity Planning Meeting!! 2:00 Catch Ball Exercise 4:30 Happy Hour 5:30 Card or Board Games *Both Available in (AR)*	18 9:30 Group Walk-Meet in Lobby 11:00 Lunch Out @Abby's Pizza 1:00 Wii Bowling 2:30 BINGO 3:30 Watercolor Painting 5:30 Card or Board Games *Both Available in (AR)*	19 9:30 Chair Weight Exercise w/Daily Chronicles 10:00 Manicures 1:00 Give Back Project -Making Scarfs 2:30 Netflix Show- The Resident 4:30 Happy Hour 5:30 Card or Board Games *Both Available in (AR)*	20 9:30 Chair Weight Exercise w/Daily Chronicles 10:30 Phase 10 w/Becca 1:00 Trip to Human Bean 2:00 Documentary Remembering Gene Wilder 3:30 Card or Board Games *Both Available in (AR)* Staff Meeting Day	21 9:30 Group Walk-Meet in Lobby 10:30 Activity Hour 1:30 Movie & Popcorn-Lobby 	22 9:30 Group Walk-Meet in Lobby 10:30 Activity Hour 1:30 Movie & Popcorn-Lobby
9:00 New Beginnings Live Stream Church Service 2:30 Card Games 3:00 Walking Group-Meet in Lobby	23 10:00 Chair Weight Exercise w/Daily Chronicles 10:30 Adult Coloring Group 1:00 Independent Shopping @Dollar Tree 2:30 BINGO 3:00 Sign Language Tutorial Video Series 5:30 Card or Board Games *Both Available in (AR)*	24 9:30 Coffee Social w/Daily Chronicles 10:00 Bible Study 1:00 Catch Ball Exercise 2:00 Birthday Party/Old Time Fiddlers 4:30 Happy Hour 5:30 Card or Board Games *Both Available in (AR)*	25 9:30 Group Walk-Meet in Lobby 11:00 Lunch Out @Creekside *Sutherlin* 1:00 Wii Bowling 2:30 Virtual tour w/Rick Steves 3:30 Watercolor Painting 5:30 Card or Board Games *Both Available in (AR)*	26 9:30 Chair Weight Exercise w/Daily Chronicles 10:00 Computer or Phone Help 1:00 BINGO 2:00 Happy Hour Cocktail & Social 3:30 Netflix Show- The Resident 5:30 Card or Board Games	27 9:30 Group Walk-Meet in Lobby 10:30 Adult Coloring Group 1:00 Cup Pong 2:00 Wii Bowling 3:00 Cribbage 5:30 Card or Board Games *Both Available in (AR)* <small>Ramadan Begins</small>	28 Red= Outings Blue= Dining Room Green= Activity Room *All Activities are Subject to Change*	