

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February Birthdays: Joan W. 2/5 & Helen N. 2/28!!

# February 2025



Zen TV every day in the living room - Evening left ahead activities\* - Walking indoor, Self Led - Catholic Communion, Thursday and Saturday @ 11:00am

PH: Physical, LE: Leisure, IN: Intellectual, SO: Social, EM: Emotional, OT: Outing, SP: Spiritual, CR: Creative, FE: Family Event

\*Card games, board games, books in the library, and puzzles are available anytime.

<p><b>10:00 Gentle Stretch</b> 2  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>2:30 Craft - Clay Hearts</b>  <b>6:00 Hymnspiration</b></p> <p>Groundhog Day</p>	<p><b>10:00 Gentle Stretch</b> 3  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>2:00 Scenic Drive</b>  <b>3:30 Sitcom TV and Snacks</b></p>	<p><b>10:00 Gentle Stretch</b> 4  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>2:30 Craft - Paint Clay Hearts</b></p>	<p><b>10:00 Gentle Stretch</b> 5  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>11:00 Therapy Dogs</b>  <b>2:30 Bingo Madness!!</b>  <b>5:00 Wednesday is for Wine'rs</b></p>	<p><b>9:00 Bible Study</b> 6  <b>10:00 Gentle Stretch</b>  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>2:30 Craft - Stripe Hearts</b></p>	<p><b>10:15 Yoga w/ Carol</b> 7  <b>11:00 Daily Chronicle</b>  <b>11:30 Action for Happiness</b>  <b>2:30 Game - List It!</b>  <b>3:30 Valentines Duck Walk</b></p>	<p><b>10:00 Gentle Stretch</b> 8  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>2:00 Movie w/ Popcorn</b></p>
<p><b>10:00 Gentle Stretch</b> 9  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>2:30 Superbowl 2025 Party!!</b>  <b>6:00 Hymnspiration</b></p>	<p><b>Salon Day</b> 10  <b>10:00 Gentle Stretch</b>  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>2:00 Scenic Drive</b>  <b>3:30 Sitcom TV and Snacks</b></p>	<p><b>10:15 Toning w/ Carol</b> 11  <b>11:00 Daily Chronicle</b>  <b>11:10 Action for Happiness</b>  <b>1:30 Chef Talk</b>  <b>3:00 Craft - Make Valentines Cards</b></p> <p>Tu B'Shevat Begins</p>	<p><b>10:00 Gentle Stretch</b> 12  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>11:00 Therapy Dogs</b>  <b>12:30 Armin Jahr Friends</b>  <b>5:00 Wednesday is for Wine'rs</b></p>	<p><b>9:00 Bible Study</b> 13  <b>9:30 Gentle Stretch</b>  <b>10:00 Daily Chronicle</b>  <b>10:15 Action for Happiness</b>  <b>10:30 Music w/ Back in the Day</b>  <b>2:30 Balloon and Noodle Game</b></p> <p>Valentine's Day</p>	<p><b>Happy Valentines Day</b> 14  <b>10:00 Gentle Stretch</b>  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>2:30 Valentines Day Party</b>  <b>3:00 Valentines Funnies</b>  <b>3:15 Love Advice</b></p>	<p><b>10:00 Gentle Stretch</b> 15  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>2:00 Movie w/ Popcorn</b></p>
<p><b>10:00 Gentle Stretch</b> 16  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>2:30 Painting Class</b>  <b>6:00 Hymnspiration</b></p>	<p><b>10:00 Gentle Stretch</b> 17  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>2:00 Scenic Drive</b>  <b>3:30 Presidents' Day Trivia</b></p> <p>Presidents' Day (U.S.)</p>	<p><b>10:00 Gentle Stretch</b> 18  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>2:30 Corn Hole</b>  <b>3:30 Walking Group</b></p>	<p><b>10:00 Gentle Stretch</b> 19  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>11:00 Therapy Dogs</b>  <b>2:00 Music w/ Monte</b>  <b>5:00 Wednesday is for Wine'rs</b></p>	<p><b>9:00 Bible Study</b> 20  <b>10:00 Gentle Stretch</b>  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>2:30 Craft - Love Bugs</b></p>	<p><b>10:00 Gentle Stretch</b> 21  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>2:30 Ice Cream Social</b>  <b>3:30 Resident Council</b></p>	<p><b>10:00 Gentle Stretch</b> 22  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>2:00 Movie w/ Popcorn</b></p>
<p><b>10:00 Gentle Stretch</b> 23  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>2:30 Sitcom TV with Snacks</b>  <b>6:00 Hymnspiration</b></p>	<p><b>Salon Day</b> 24  <b>10:00 Gentle Stretch</b>  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>2:30 Music W/ Fun Singers</b></p>	<p><b>10:00 Gentle Stretch</b> 25  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>2:30 Kelcey's Talk</b>  <b>3:30 Walking Group</b></p>	<p><b>10:00 Gentle Stretch</b> 26  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>11:00 Therapy Dogs</b>  <b>1:30 Music w/ Michael</b>  <b>5:00 Wednesday is for Wine'rs</b></p>	<p><b>9:00 Bible Study</b> 27  <b>10:00 Gentle Stretch</b>  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>1:30 Music w/ Tom</b>  <b>3:30 Walking Group</b></p>	<p><b>10:00 Gentle Stretch</b> 28  <b>10:30 Daily Chronicle</b>  <b>10:40 Action for Happiness</b>  <b>2:30 February Birthdays Party</b></p> <p>Ramadan Begins</p>	