

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2025

Waterford Grand
Assisted Living and Memory Care

Happy New Year!! **1**
Rose Bowl with Oregon
9:00am and 10:30a EverFit Ex
10:15am Resident Led Phase 10
2:00pm The Rose Bowl Game
in the Theater with Snacks.
3:15pm Current Events w/Tim
6:30pm A penguin Friend (yt)
New Year's Day

Day of the Butterflies **2**
9:00am and 10:30a EverFit Ex
10:00a Chair Yoga, Johanna-thr
10:30 Documentary Flight of the
Butterflies (vudu) in the theater
10:30 Pas. Steve Bible Study-bty
2:00pm Timothy Patrick – (DR)
3:15pm Resident Led Bingo - dta
6:30 Movie: Senior Moment-yt

“January is a fresh chapter; **3**
write it with courage and
determination” Author Unknown
9:00am and 10:30a EverFit Ex
10:30am Bible Study w/Tim-bty
1:00pm Shopping Bimart - lby
2:00pm Louis Faro on Piano- dr
3:00pm Liam Reads Agatha - dta
4:00pm Friday Happy Hour- bst
6:30pm The Children Train-nf

“As the snow falls, let January **4**
remind you to find beauty in
every season of life”
9:45am Scenic Drive w/Tim - lby
10:30am Phase 10 Game-Atrium
2:00pm Resident Led Bingo-dta
3:15pm History Discussion - dta
6:30 Movie-In Good Company-nf

“In January, believe in yourself **5**
like never before and watch
miracles unfold” Author Unk.
10:30 Community Fellowship
Playing on YouTube in the thr
10:30 Phase 10 Card Game-atr
1p Movie Matinee - Ordinary
Angels Playing on Netflix - thr
2:00pm Resident Led Bingo-dta
6:30 Nightly Movie-The Hill-nf

“January brings the gift **6**
of time; use it wisely to chase
your passions.” Author Unk.
9:00am and 10:30a EverFit Ex
10:30am Namaste: Mindfulness
Meditation with Esther-theater
1:00p Resident Led Phase 10-atr
2pm Waterford Book Club - thr
3:15 Bean Bag Baseball-Delta
6:30 Nightly Movie: Joy-Netflix

“Like the snowflakes, every day **7**
in January is unique; cherish its
fleeting beauty” Author Unk.
9:00am and 10:30a EverFit Ex
10:00a Chair Yoga, Johanna-thr
10:30am Phase 10 Game-Atrium
1:30pm Technical Tuesday - atr
2:00pm Chef's Corner - Theater
3:00pm Painting with Terri-atr
6:30pm Walk. Ride. Rodeo-nf

Stephen Hawking Day **8**
“January’s cold winds
carry whispers of hope; let them
inspire you to soar.” Unknown
9:00am and 10:30a EverFit Ex
10:00a Chair Yoga, Johanna-thr
10:30am Pastor Steve Caulley
leads our Bible Study Group-bty
2:00pm Dr. J. Daniel Boomer
presents Dr. Stephen Hawking
3:15am Current Events w/Tim
6:30 Movie: Dogs Journey-yt

“Let January’s fresh air **9**
cleanse your heart and soul from
past burdens.” By Unknown
9:00am and 10:30a EverFit Ex
10:00a Chair Yoga, Johanna-thr
10:30am Bible Study w/Tim-bty
2:00pm January Tea Party-dta
3:15pm Resident Led Bingo - dta
6:30 Nightly Movie: Sully-yt

“January’s canvas is **10**
yours to paint with dreams and
aspirations.” Author Unknown
9:00am and 10:30a EverFit Ex
10:30 Bible Study w/Tim-bty
1p Shopping Fred Meyers
2p Word Search Puzzles - dta
3:00p Liam Reads Ag. Christie
4p Social Hour- bst
6:30 Movie: Twister - vudu

“In January, let go of fear, and **11**
you’ll discover the strength
within.” Author is Unknown
9:45am Elmer’s Restaurant-lby
10:30am Phase 10 Game-Atrium
2:00pm Resident Led Bingo-dta
3:15pm History Discussion-dta
6:30pm Movie: True Spirit-nf
7:30-9p Outing “Sorry for the
Mess” Jerry R. Williams – (LCC)

“In January, celebrate the **12**
uniqueness of your journey; it’s
what makes you extraordinary.”
10:30 Community Fellowship
Playing on YouTube in the thr
10:30 Phase 10 Card Game-atr
1:00 Penny Toss Game - dta
2:00pm Resident Led Bingo-dta
6:30pm Movie: The Starling-nf

“In January, dance like no one **13**
is watching and create your own
melody.” Author Unknown
9:00am and 10:30a EverFit Ex
10:30am Namaste: Mindfulness
Meditation with Esther-theater
1:00p Resident Led Phase 10-atr
2p January Birthday Celebration
with Julie Singing, not croaking
6:30p Movie: Forgotten Love-nf

“In January, seize every **14**
opportunity to shine like the
winter sun.” Author Unknown
9:00am and 10:30a EverFit Ex
10:00a Chair Yoga, Johanna-thr
10:30am Phase 10 Game-Atrium
1:30pm Technical Tuesday - atr
2:00p Resident Led Bingo-dta
3:00pm Painting with Terri-atr
6:30 Eve Movie: Fatherhood-nf

“January’s winds bring **15**
the courage to face the unknown
and embrace change.” Unknown
9:00am and 10:30a EverFit Ex
10:00a Chair Yoga, Johanna-thr
10:30 Pas. Steve Bible Study-bty
2p History of/Fig Newtons & Coff
3:15pm Current Events w/Tim
6:30p Movie: The Blind Side-yt

“January is a fresh page; write a **16**
story of resilience and triumph.”
Fig Newton Day!
9:00am and 10:30a EverFit Ex
10:00a Chair Yoga, Johanna-thr
10:30 Pas. Steve Bible Study-bty
2p History of/Fig Newtons & Coff
3:15pm Resident Led Bingo - dta
6:30pm Grumpy old Men-YT

“The magic in new beginnings **17**
truly the most powerful of them
all.” – By Josiyah Martin
9:00am and 10:30a EverFit Ex
10:30am Bible Study w/Tim-bty
1:00pm Shopping at Safeway
2pm Painted Looking Glass - atr
3p Liam Reads Agatha Christie
4:00pm Friday Social Hour- bst
6:30pm Movie: Superman-yt

“In the midst of winter, I found **18**
there was within me an invincible
summer.” By Albert Camus
9:45am Scenic Drive w/Tim-lby
10:30am Phase 10 Game-Atrium
2:00pm Resident Led Bingo-dta
3:15pm History Discussion-dta
6:30pm Legend of the Fall - nf

Happy Activity Pros Wk **19**
“The beginning is always
today.” – Mary Wollstonecraft
10:30 Community Fellowship
Playing on YouTube in the thr
10:30 Phase 10 Card Game-atr
1p Movie: The Grey Man (nf)
2:00pm Resident Led Bingo-dta
6:30 Mov: Penguin Bloom-nf
Activity Professionals Week

9:00am and 10:30a EverFit Ex **20**
9:00am Presidential Inauguration
10:00am Hearing Aid Clinic-dta
10:30am Namaste: Mindfulness
Meditation with Esther-theater
1:00p Resident Led Phase 10-atr
2:00pm Chill with Jill - Delta
4:30pm National Championship
Football Game in the Theater
6:30pm Maid in Manhattan- nf
Martin Luther King Jr. Day

“The new year stands **21**
before us, like a chapter in a
book, waiting to be written.”
9:00am and 10:30a EverFit Ex
10:00a Chair Yoga, Johanna-thr
10:30am Phase 10 Game-Atrium
1:30pm Technical Tuesday - atr
2:00p Resident Led Bingo-dta
3:00pm Painting with Terri-atr
6:30 Movie:My All American-nf

“January is the perfect **22**
time to reflect on the past,
appreciate the present, and look
forward to the future.” Unknown
9:00am and 10:30a EverFit Ex
10:00a Chair Yoga, Johanna-thr
10:30am Pastor Steve Caulley
Leads our Bible Study Group bty
4-6p 10-Year Annivers Party
6:30 Movie: Captain Phillip-nf

Waterford Grand’s **23**
10-Year Anniversary
Celebration!
9:00am and 10:30a EverFit Ex
10:00a Chair Yoga, Johanna-thr
10:30am Pastor Steve Caulley
Leads our Bible Study Group bty
4-6p 10-Year Annivers Party
6:30 Movie: Captain Phillip-nf

“This January, open your heart **24**
to the possibilities that lie ahead.
9:00am and 10:30a EverFit Ex
10:30 Bible Study w/Tim-bty
1pm Shop: St. Vincent De Paul
2pm Julie’s Singing Again - dr
3p Liam Reads Agatha Christie
4:00pm Friday Happy Hour- bst
6:30pm Movie: 5 Flights up - yt

“With the new day comes **25**
new strength and new thoughts.”
– By Eleanor Roosevelt
9:45am The Original Pancake/lby
10:30am Phase 10 Game-Atrium
2:00pm Resident Led Bingo-dta
3:15pm History Discussion - dta
6:30pm I can only imagine-YT

“The future belongs to those **26**
who believe in the beauty of
their dreams.”Eleanor Roosevelt
10:30 Grace Fellowship- thr
10:30 Phase 10 Card Game-atr
1p Movie: Murder Mystery 2-nf
2:00pm Resident Led Bingo-dta
6:30p Night Movie-Yosemite-yt
Australia Day (Observed)

“Growth is the only evidence **27**
of life.” – John Henry Newman
9:00am and 10:30a EverFit Ex
10:30am Namaste: Mindfulness
Meditation with Esther-theater
1pm Resident Led Phase 10-atr
2p Family Event: Banana Split
Social in the Dining Room
6:30pm Movie: Queen Bees-nf

“January is the perfect remind **28**
that we are always evolving.”
9:00am and 10:30a EverFit Ex
10:00a Chair Yoga, Johanna-thr
10:30am Phase 10 Game-Atrium
1:30pm Technical Tuesday - atr
2:00p Resident Led Bingo-dta
3:00pm Painting with Terri-atr
6:30 Movie: Family Switch -nf

“A new year means **29**
nothing if you’re still in love
with your comfort zone.” Unkn.
9:00am and 10:30a EverFit Ex
10:00a Chair Yoga, Johanna-thr
10:30am Pastor Steve Caulley
Leads our Bible Study Group bty
2:00 Family Tree /Genealogy-dta
3:15p Current Events w/Tim -dta
6:30pm The Long Game-nf
Chinese New Year (Year of the Snake)

“Winter is a season of recovery **30**
and preparation.” – Paul Theroux
9:00am and 10:30a EverFit Ex
10:00a Chair Yoga, Johanna-thr
10:30am Pastor Steve Caulley
Leads our Bible Study Group bty
2:00 Family Tree /Genealogy-dta
3:15pm Resident Led Bingo - dta
6:30pm Nightly Movie: Race-nf

“I love the quiet beauty of **31**
January, where the world slows
down and we can dream big for
the year ahead.”
9:00am and 10:30a EverFit Ex
10:30 Bible Study w/Tim-bty
1p Shopping – Market of Choice
2p Reader’s Theater - thr
3p Liam Reads Christie
4p Social Hour- bst
6:30 Movie: Greater nf

January Birthday’s.
1/2 Rollin D
1/2 Marie M
1/4 Shirley E
1/17 Bob D
1/20 Fran B
1/24 Chris K
1/30 Shirley W
1/30 Barbara A