

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2025

Sierra Del Sol Senior Living

<p>9:00 Rummikub 9:30 Group Watercoloring 10:30 Virtual Church Service 11:00 Help Undeck the Halls! 1:00 Movie Matinee: The Holiday 3:00 Activity Planning Meeting 6:00 Family Bingo Night! 6:20 NFL Football: TBD</p>	<p>9:00 Rummikub 9:30 Communion with Deacon Dennis 10:00 Rosary Group 11:00 Hot Tea and Coffee in the Bistro 1:30 Balloon Volleyball 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Documentary: Quincy</p>	<p>8:30 Breakfast at Jerry Bob's 9:00 Wii Bowling 10:00 1st/₂ Floor Walkers Club 11:00 Color Your Mind 1:30 Quarter Bingo 3:00 Crafty Corner w/ Maryanna 5:00 Scrabble 6:00 A Man on the Inside Ep 5</p>	<p><i>Happy New Year!!</i> 8:00 Rose Bowl Parade 9:30 Low Impact Cardio 10:30 What's Cooking with Maryanna: Fruit Tarts 2:00 Rose Bowl: Ohio State Buckeyes vs. Oregon Ducks 5:00 Games & Puzzles 6:00 Western Movie: Oklahoma (2003)</p> <p>New Year's Day</p>	<p>8:30 Shopping at Fry's & Dollar Store 9:00 Rummikub 10:00 Eliminations 11:00 Group Book Club: The Little Old Lady Who Broke All the Rules 1:30 Mexican Train Dominos 3:00 Social: Hot Cocoa & Popcorn 6:20 NFL Football: TBD</p>	<p>9:00 Farkle 10:00 Group Small Talk 10:30 Prize Bingo 1:30 She's Back!! Sing Along w/ MaryAnne 3:00 Crazy 8's 6:00 Classic Movie: South Pacific</p>	<p>10:00 Morning Stretch w/ Katie 11:30 Question of the Week 1:00 Mindful Meditations on YouTube 1:30 Wii Bowling 3:00 What Am I? 6:00 Saturday Night Movie: Maria</p>
<p>9:30 Sunday Scenic Bus Ride 10:30 Virtual Church Service 1:00 Matinee Movie: Indiana Jones and the Raiders of the Last Ark 2:00 Church Service w/ Faith Community Church 3:00 Vinyl Café Book Club 6:20 NFL Football: TBD</p>	<p>9:00 Rummikub 9:30 Communion with Deacon Dennis 10:00 Rosary Group 10:00 Health Talk on Depression & Isolation w/ N.P Magboo 1:30 Balloon Volleyball 2:30 Sing Along w/ Linda Updike 6:00 Documentary: The Last Dance</p>	<p>9:00 Wii Bowling 9:30 Injoy Thrift Store 10:00 1st Floor Walkers Club 11:00 Color Your Mind 1:30 Quarter Bingo 3:00 Craft w/ Katie 5:00 Domino 6:00 A Man on the Inside Ep 6</p>	<p>9:30 Low Impact Cardio 10:30 What's Cooking with Maryanna: Chocolate Nut Cookies 1:30 Flower Arranging 2:00 Town Hall Meeting 3:00 New Western & Country Entertainer Tommy P 5:00 Games & Puzzles 6:00 Western Movie: Silverado</p>	<p>8:30 Shopping at Walmart 9:00 Rummikub 11:00 Group Book Club: The Little Old Lady Who Broke All the Rules 2:00 Cooking Demo w/ Mershon 3:00 Social: Mini Naan Pizzas & Root Beer 6:20 NFL Football: TBD</p>	<p>9:00 Farkle 10:00 Group Small Talk 10:30 Prize Bingo 1:30 Snowball Toss 3:00 Crazy 8's 6:00 Classic Movie: The Karate Kid</p>	<p>10:00 Morning Stretch w/ Katie 10:00 Quiz & Trivia 11:30 Question of the Week 1:00 Mindful Meditations on YouTube 1:30 Wii Bowling 3:00 Where Am I? 6:00 Saturday Night Movie: Godzilla vs. Kong</p>
<p>9:00 Rummikub 9:30 Group Watercoloring 10:30 Virtual Church Service 1:00 Movie Matinee: Legends in Concert: Old Time Rock and Roll 3:00 Vinyl Café Book Club 6:00 NFL Football: TBD</p>	<p>9:00 Rummikub 9:30 Communion with Deacon Dennis 10:00 Rosary Group 10:00 New Year, New You Talk w/ Marianne 1:30 Balloon Volleyball 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Documentary: Dr. Martin Luther King Jr: A Historical Perspective</p>	<p>8:30 A Walk at San Xavier Mission Del Bac 9:00 Wii Bowling 10:00 1st Floor Walkers Club 11:00 Color Your Mind 1:30 Quarter Bingo 3:00 Crafty Corner w/ Maryanna 5:00 Dominos 6:00 A Man on the Inside Ep 7</p>	<p>9:30 Low Impact Cardio 10:30 Trivia 1:30 Flower Arranging 3:00 Happy Hour w/ The Dirty Old Men 5:00 Games & Puzzles 6:00 Western Movie: McLintock</p>	<p>8:30 Shopping at Trader Joe's 9:00 Rummikub 10:00 Food Meeting w/ Chef Arine 11:00 Group Book Club: The Little Old Lady Who Broke All the Rules 1:30 Mexican Train Dominos 3:00 Social: Ice Cream Sundaes 6:20 NFL Football: TBD</p>	<p>9:00 Farkle 10:00 Group Small Talk 10:30 Prize Bingo 1:30 Left Center Right 3:00 Blackjack 6:00 Classic Movie: The Money Pit</p>	<p>10:00 Morning Stretch w/ Katie 11:30 Question of the Week 1:00 Mindful Meditations on YouTube 1:30 Wii Bowling 3:00 Wine Down w/ Uno 6:00 Saturday Night Movie: London Has Fallen</p>
<p>9:30 Sunday Scenic Bus Ride 10:30 Virtual Church Service 1:00 Matinee Movie: Indian Jones and the Temple of Doom 2:00 Church Service w/ Faith Community Church 3:00 Vinyl Café Book Club 6:20 NFL Football: TBD</p>	<p>9:00 Rummikub 9:30 Communion with Deacon Dennis 10:00 Rosary Group 11:00 Hot Tea and Coffee in the Bistro 1:30 Balloon Volleyball 3:00 Armchair Travelogue: to Australia w/ Shrimp on the Barbie 6:00 Documentary: Martha</p>	<p>9:00 Wii Bowling 10:00 1st Floor Walkers Club 10:45 Lunch at Golden Dragon 11:00 Color Your Mind 1:30 Quarter Bingo 3:00 Craft w/ Katie 5:00 Dominos 6:00 A Man on the Inside Ep 8</p>	<p>9:30 Low Impact Cardio 10:30 What's Cooking with Maryanna: Egg Rolls & Crab Rangoons 1:30 Flower Arranging 3:00 Littlest Big Band: Music You Know and Love 5:00 Games & Puzzles 6:00 Western Movie: A Night in Old Mexico</p>	<p>9:00 Rummikub 10:00 Word Games 10:30 Tucson Gallery of Local Artists 11:00 Group Book Club: The Little Old Lady Who Broke All the Rules 1:30 Jeopardy 3:00 Social: Wine, Cheese and Fruit 6:20 NFL Football: TBD:</p>	<p>9:00 Farkle 10:00 Group Small Talk 10:30 Prize Bingo 1:30 Snowball Toss 3:00 Blackjack 6:00 Classic Movie: Stand by Me</p>	

Activity Professionals Week

Australia Day (Observed)

Chinese New Year (Year of the Snake)

Schedule is Subject to change. For the most updated information please see Activity Daily. Sierra Del Sol Senior Living 8151 E Speedway Tucson AZ 85710