January 2025

Regency Park Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 **9:30 SteelFeather Exercise** 10:00 Daily Chronicle 10:15 Refresh & Rehydrate 11:00 Busy Bins & Holiday Music 1:30 Matinee Movie 2:00 Afternoon Refresh 3:00 Bean Bag Toss 5:00 Color & Easy Listening 6:00 Evening Movie New Year's Day	**2** **9:30 Music Therapy with Lisa** 10:00 Daily Chronicle 10:15 Refresh & Rehydrate 11:00 Busy Bins & Music 1:30 Great Museums (YouTube 2:00 Snack & Hydrate 2:30 Short Stories **3:00 Music We Remember (AL)** 3:00 Balloon Ball 5:00 Aroma Therapy & Easy Listening 6:00 Lets Watch a Movie	**3** 9:30 Morning Hellos 10:00 Morning Movement 10:15 Refresh & Daily Chronicle 11:00 Hit the Target 1:30 Guess the Picture (YouTube) 2:00 Snack & Chat 2:30 Lets Take a Walk 3:00 Bean Bag Toss 5:00 Easy Listening & Hand Massages 6:00 Evening Movie	**4** 9:30 Morning Hellos 10:00 Come on, Lets Sing with Lisa & Dan (YouTube) 10:15 Refresh & Daily Chronicle 11:00 Puzzles & Word Searches 1:30 Matine Movie 2:00 Afternoon Refresh 3:00 Busy Bins & Music 5:00 Color & Easy Listening 6:00 Lets Watch a Movie
5 9:30 Morning Hellos 10:00 Devotions on (YouTube) 10:15 Refresh & Rehydrate 11:00 Morning Stretches 1:30 Bean Bag Toss 2:00 Afternoon Refresh 2:30 Lets Take a Walk 3:00 Guess the Picture (YouTube) 5:00 Color & Easy Listening 6:00 Lets Watch a Movie	**6** **9:30 SteelFeather Exercise** 10:00 Daily Chronicle 10:15 Refresh & Rehydrate 11:00 Balloon Ball 1:30 Animal BINGO (PDR) 2:00 Snack & Chat 2:30 Lets Make Music 3:00 Creative Crafting 5:00 Aroma Therapy & Easy Listening 6:00 Evening Movie	**7** 9:30 Morning Hellos 10:00 Morning Movement 10:15 Refresh & Daily Chronicle 11:00 Expoza Travel (YouTube) 11:15 Catholic Communion 1:30 Color Matching Game (PDR) 2:00 Snack & Chat 2:30 Pet Lovers Short Stories 3:00 Hidden Ducks; Duck Hunt 5:00 Easy Listening & Hand Massages 6:00 Lets Watch a Movie	**8** **9:30 SteelFeather Exercise** 10:00 Daily Chronicle 10:15 Refresh & Rehydrate 11:00 Busy Bins & Holiday Music 1:30 Matinee Movie 2:00 Afternoon Refresh 3:00 Bean Bag Toss 5:00 Color & Easy Listening 6:00 Evening Movie	**9** 9:30 Morning Hellos 10:00 Daily Chronicle 10:15 Refresh & Rehydrate 11:00 Busy Bins & Music 1:30 Great Museums (YouTube) 2:00 Snack & Hydrate 2:30 Short Stories 3:00 Balloon Ball 5:00 Aroma Therapy & Easy Listening 6:00 Lets Watch a Movie	**10** 9:30 Morning Hellos 10:00 Morning Movement 10:15 Refresh & Daily Chronicle 11:00 Hit the Target 1:30 Guess the Picture (YouTube) 2:00 Snack & Chat 2:30 Lets Take a Walk 3:00 Bean Bag Toss 5:00 Easy Listening & Hand Massages 6:00 Evening Movie	**11** 9:30 Morning Hellos 10:00 Come on, Lets Sing with Lisa & Dan (YouTube) 10:15 Refresh & Daily Chronicle 11:00 Puzzles & Word Searches 1:30 Matine Movie 2:00 Afternoon Refresh 3:00 Busy Bins & Music 5:00 Color & Easy Listening 6:00 Lets Watch a Movie
12 9:30 Morning Hellos 10:00 Devotions on (YouTube) 10:15 Refresh & Rehydrate 11:00 Morning Stretches 1:30 Bean Bag Toss 2:00 Afternoon Refresh 2:30 Lets Take a Walk 3:00 Guess the Picture (YouTube) 5:00 Color & Easy Listening 6:00 Lets Watch a Movie	**13** **9:30 SteelFeather Exercise** 10:00 Daily Chronicle 10:15 Refresh & Rehydrate 11:00 Balloon Ball 1:30 Animal BINGO (PDR) 2:00 Snack & Chat 2:30 Lets Make Music 3:00 Creative Crafting 5:00 Aroma Therapy & Easy Listening 6:00 Evening Movie	**14** 9:30 Morning Hellos 10:00 Morning Movement 10:15 Refresh & Daily Chronicle 11:00 Expoza Travel (YouTube) 11:15 Catholic Communion 1:30 Color Matching Game (PDR) 2:00 Snack & Chat 2:30 Pet Lovers Short Stories 3:00 Hidden Ducks; Duck Hunt 5:00 Easy Listening & Hand Massages 6:00 Lets Watch a Movie	**15** **9:30 SteelFeather Exercise** 10:00 Daily Chronicle 10:15 Refresh & Rehydrate 11:00 Busy Bins & Holiday Music 1:30 Matinee Movie 2:00 Afternoon Refresh 3:00 Bean Bag Toss 5:00 Color & Easy Listening 6:00 Evening Movie	**16** **9:30 Music Therapy with Lisa** 10:00 Daily Chronicle 10:15 Refresh & Rehydrate 11:00 Busy Bins & Music 1:30 Great Museums (YouTube) 2:00 Snack & Hydrate 2:30 Short Stories **3:00 Music We Remember (AL)** 3:00 Balloon Ball 5:00 Aroma Therapy & Easy Listening 6:00 Lets Watch a Movie	**17** 9:30 Morning Hellos 10:00 Morning Movement 10:15 Refresh & Daily Chronicle 11:00 Hit the Target 1:30 Guess the Picture (YouTube) 2:00 Snack & Chat 2:30 Lets Take a Walk 3:00 Bean Bag Toss 5:00 Easy Listening & Hand Massages 6:00 Evening Movie	**18** 9:30 Morning Hellos 10:00 Come on, Lets Sing with Lisa & Dan (YouTube) 10:15 Refresh & Daily Chronicle 11:00 Puzzles & Word Searches 1:30 Matine Movie 2:00 Afternoon Refresh 3:00 Busy Bins & Music 5:00 Color & Easy Listening 6:00 Lets Watch a Movie
19 9:30 Morning Hellos 10:00 Devotions on (YouTube) 10:15 Refresh & Rehydrate 11:00 Morning Stretches 1:30 Bean Bag Toss 2:00 Afternoon Refresh 2:30 Lets Take a Walk 3:00 Guess the Picture (YouTube) 5:00 Color & Easy Listening 6:00 Lets Watch a Movie Activity Professionals Week	**20** **9:30 SteelFeather Exercise** 10:00 Daily Chronicle 10:15 Refresh & Rehydrate 11:00 Balloon Ball 1:30 Animal BINGO (PDR) 2:00 Snack & Chat 2:30 Lets Make Music 3:00 Creative Crafting 5:00 Aroma Therapy & Easy Listening 6:00 Evening Movie Martin Luther King Jr. Day	**21** 9:30 Morning Hellos 10:00 Morning Movement 10:15 Refresh & Daily Chronicle 11:00 Expoza Travel (YouTube) 11:15 Catholic Communion 1:30 Color Matching Game (PDR) 2:00 Snack & Chat 2:30 Pet Lovers Short Stories 3:00 Hidden Ducks; Duck Hunt 5:00 Easy Listening & Hand Massages 6:00 Lets Watch a Movie	**22** **9:30 SteelFeather Exercise** 10:00 Daily Chronicle 10:15 Refresh & Rehydrate 11:00 Busy Bins & Holiday Music 1:30 Matinee Movie 2:00 Afternoon Refresh 3:00 Bean Bag Toss 5:00 Color & Easy Listening 6:00 Evening Movie	**23** 9:30 Morning Hellos 10:00 Daily Chronicle 10:15 Refresh & Rehydrate 11:00 Busy Bins & Music 1:30 Great Museums (YouTube 2:00 Snack & Hydrate 2:30 Short Stories 3:00 Balloon Ball 5:00 Aroma Therapy & Easy Listening 6:00 Lets Watch a Movie	**24** 9:30 Morning Hellos 10:00 Morning Movement 10:15 Refresh & Daily Chronicle 11:00 Hit the Target 1:30 Guess the Picture (YouTube) 2:00 Snack & Chat 2:30 Lets Take a Walk 3:00 Bean Bag Toss 5:00 Easy Listening & Hand Massages 6:00 Evening Movie	**25** 9:30 Morning Hellos 10:00 Come on, Lets Sing with Lisa & Dan (YouTube) 10:15 Refresh & Daily Chronicle 11:00 Puzzles & Word Searches 1:30 Matine Movie 2:00 Afternoon Refresh 3:00 Busy Bins & Music 5:00 Color & Easy Listening 6:00 Lets Watch a Movie
26 9:30 Morning Hellos 10:00 Devotions on (YouTube) 10:15 Refresh & Rehydrate 11:00 Morning Stretches 1:30 Bean Bag Toss 2:00 Afternoon Refresh 2:30 Lets Take a Walk 3:00 Guess the Picture (YouTube) 5:00 Color & Easy Listening 6:00 Lets Watch a Movie Australia Day (Observed)	**27** **9:30 SteelFeather Exercise** 10:00 Daily Chronicle 10:15 Refresh & Rehydrate 11:00 Balloon Ball 1:30 Animal BINGO (PDR) 2:00 Snack & Chat 2:30 Lets Make Music 3:00 Creative Crafting 5:00 Aroma Therapy & Easy Listening 6:00 Evening Movie	**28** 9:30 Morning Hellos 10:00 Morning Movement 10:15 Refresh & Daily Chronicle 11:00 Expoza Travel (YouTube) 11:15 Catholic Communion 1:30 Color Matching Game (PDR) 2:00 Snack & Chat 2:30 Pet Lovers Short Stories **3:00 Live Music Performance (AL)** 5:00 Easy Listening & Hand Massages 6:00 Lets Watch a Movie	**29** 9:30 Morning Movement 10:00 Daily Chronicle 10:15 Refresh & Rehydrate 11:00 Busy Bins & Holiday Music 1:30 Matinee Movie 2:00 Afternoon Refresh 3:00 Bean Bag Toss 5:00 Color & Easy Listening 6:00 Evening Movie Chinese New Year (Year of the Snake)	**30** 9:30 Morning Hellos 10:00 Daily Chronicle 10:15 Refresh & Rehydrate 11:00 Busy Bins & Music 1:30 Great Museums (YouTube 2:00 Snack & Hydrate 2:30 Short Stories 3:00 Balloon Ball 5:00 Aroma Therapy & Easy Listening 6:00 Lets Watch a Movie	**31** 9:30 Morning Hellos 10:00 Morning Movement 10:15 Refresh & Daily Chronicle 11:00 Hit the Target 1:30 Guess the Picture (YouTube) 2:00 Snack & Chat 2:30 Lets Take a Walk 3:00 Bean Bag Toss 5:00 Easy Listening & Hand Massages 6:00 Evening Movie	

Activities are subject to change.