

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# January 2025

## Regency Park Assisted Living

			<p>10:15 Seated Video Exercise 10:45 Daily Chronicle Discussion 11:00 Mystery Word 1:30 BINGO 3:00 Jeopardy Trivia 4:00 Wine Down Wednesday 6:00 Netflix Series: The Queens Gambit</p>	<p>10:15 Morning Movement 10:45 Daily Chronicle Discussion 11:00 Wild Rummy Card Game 1:30 Shoot'em Up Bean Bag Toss <b>3:00 Live Music Performance</b> 4:00 Art Club 6:00 Residents Choice Movie</p>	<p>10:15 Let's Get Moving 10:45 Daily Chronicle Discussion 11:00 Dominos 1:30 BINGO 3:00 Bean Bag Toss 4:00 Happy ½ Hour Social 6:00 Movie &amp; Popcorn</p>	<p>10:15 Sit &amp; Be Fit 10:45 Daily Chronicle Discussion 11:00 Word Games 1:30 Bocce Ball 2:30 Recharge &amp; Hydrate 3:00 The Quiz Game 6:00 After Dinner Cinema</p>
<p>9:00 Live Video Church Service <i>Living Hope</i> (YouTube) 10:15 Seated Video Exercise 10:45 Daily Chronicle Discussion 11:00 Hand Pampering 11:00 Lucky Dog Card Game 1:30 Last Man Standing 2:30 Afternoon Refresh 3:00 Documentary: Great Museums 6:00 Evening Movie</p>	<p>10:15 Morning Movement 10:45 Daily Chronicle Discussion 11:00 Town Hall Meeting 1:30 BINGO 3:00 Uno Card Game 4:00 Happy ½ Hour Social 6:00 Movie &amp; Popcorn</p>	<p>10:15 Sit &amp; Be Fit 10:45 Daily Chronicle Discussion 11:00 Creative Crafting 11:00 Catholic Communion 1:30 Bocce Ball 2:30 Recharge &amp; Hydrate 3:00 Armchair Travel: Norway 6:00 After Dinner Cinema</p>	<p>New Year's Day</p>	<p>10:15 Morning Movement 10:45 Daily Chronicle Discussion 11:00 Wild Rummy Card Game 1:30 Bean Bag Toss 2:30 Recharge &amp; Hydrate 3:00 Name That Tune 4:00 Art Club 6:00 Residents Choice Movie</p>	<p>10:15 Let's Get Moving 10:45 Daily Chronicle Discussion 11:00 Dominos 1:30 BINGO 3:00 Shoot'em Up 4:00 Happy ½ Hour Social 6:00 Movie &amp; Popcorn</p>	<p>10:15 Sit &amp; Be Fit 10:45 Daily Chronicle Discussion 11:00 Word Games 1:30 Bocce Ball 2:30 Recharge &amp; Hydrate 3:00 The Quiz Game 6:00 After Dinner Cinema</p>
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<p>9:00 Live Video Church Service <i>Living Hope</i> (YouTube) 10:15 Seated Video Exercise 10:45 Daily Chronicle Discussion 11:00 Lucky Dog Card Game 1:30 Last Man Standing 2:30 Afternoon Refresh 3:00 Documentary: Great Museums 6:00 Evening Movie</p>	<p>10:15 Morning Movement 10:45 Daily Chronicle Discussion <b>11:00 Art Therapy with Joyce</b> 1:30 BINGO 3:00 Uno Card Game 4:00 Happy ½ Hour Social 6:00 Movie &amp; Popcorn</p>	<p>10:15 Sit &amp; Be Fit 10:45 Daily Chronicle Discussion 11:00 Banana Grams 11:00 Catholic Communion 1:30 Bocce Ball <b>3:00 Live Music Performance</b> 6:00 After Dinner Cinema</p>	<p>10:15 Seated Video Exercise 10:45 Daily Chronicle Discussion 11:00 Mystery Word 1:30 BINGO 3:00 Chinese New Year Trivia 4:00 Wine Down Wednesday 6:00 Netflix Series: The Queens Gambit</p>	<p>10:15 Morning Movement 10:45 Daily Chronicle Discussion 11:00 Wild Rummy Card Game 1:30 Bean Bag Toss 2:30 Recharge &amp; Hydrate 3:00 Name That Tune 4:00 Art Club 6:00 Residents Choice Movie</p>	<p>10:15 Let's Get Moving 10:45 Daily Chronicle Discussion 11:00 Dominos 1:30 BINGO 3:00 Shoot'em Up 4:00 Happy ½ Hour Social 6:00 Movie &amp; Popcorn</p>	<p>Rides for medical appointments available <b>Wednesday &amp; Thursday</b> <b>9am-4pm</b></p>

Activities are subject to change.

Activity Professionals Week

Martin Luther King Jr. Day

Australia Day (Observed)

Chinese New Year (Year of the Snake)