

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2025

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|---|---|--|--|---|--|---|
|   |   |  | <p><b>Self-led Activities 1</b><br/> 9:00 Easy Walking<br/> 1:00 Creative Coloring<br/> 2:00 Afternoon Movie<br/> 3:00 Jigsaw Puzzles<br/> 6:00 Movie Night</p> <p style="text-align: center;">New Year's Day</p>  | <p><b>Outing Day 2</b><br/> 9:00 Everfit/Trivia<br/> <b>10:00 Hospice Thrift Store and Lunch Out Yeong's</b><br/> 11:00 Easy Walking Self led<br/> 1:00 Afternoon Movie Self led<br/> 2:00 Creative Coloring<br/> 6:00 Movie Night Self led</p> | <p>9:00 Everfit/Trivia<br/> <b>10:00 Hymns with Malcolm</b><br/> 11:00 Easy Walking<br/> 1:00 Afternoon Movie<br/> 1:00 Paint by Numbers<br/> 2:00 Open Crafting<br/> <b>3:00 Cottage Resident Wine and Cheese Social</b><br/> 6:00 Movie Night Self led</p> | <p>9:00 Everfit/Trivia<br/> 10:00 Hand Day Spa<br/> <b>11:00 Furry Friends Therapy Dogs</b><br/> <b>1:00 Bingo with Debbie</b><br/> <b>2:00 Steel Feathers Dan on Guitar</b><br/> 3:00 CORN HOLE<br/> 6:00 Movie Night Self led</p>               |
| <p><b>Self-led Activities 5</b><br/> Worship Day<br/> Bible Reading<br/> Morning Music<br/> Jigsaw Puzzles - Library<br/> Book Reading - Library<br/> Afternoon Walk<br/> Movie Night</p>   | <p>9:00 Everfit/Trivia<br/> <b>10:00 Stitch in Time – ILP Blankets for Giving BAH / Color Quilt Blocks</b><br/> 11:00 Easy Walking<br/> <b>1:00 Color Quilt Blocks – Quilts for Giving</b><br/> 6:00 Movie Night Self led</p>   | <p><b>9:00 Chair Yoga with Irene 7</b><br/> 10:00 Penny Toss<br/> 11:00 Easy Walking<br/> <b>1:00 Suzie on Piano</b><br/> 2:00 Learn How to Crochet<br/> 6:00 Movie Night Self led</p>   | <p><b>Shopping Day 8</b><br/> <b>9:00 Safeway</b><br/> 10:00 Morning Music<br/> 11:00 Easy Walking<br/> <b>1:00 Bible Reading</b><br/> <b>2:00 Monthly Birthday Party and Games</b><br/> 6:00 Movie Night Self led</p>   | <p>9:00 Everfit/Trivia<br/> <b>10:00 Baking for Volunteer Fireman's Day and Packaging Bake Goods</b><br/> 11:00 Easy Walking<br/> <b>1:00 Prize Bingo</b><br/> 2:00 Afternoon Movie<br/> 6:00 Movie Night Self led</p>                          | <p><b>Outing 10</b><br/> <b>Volunteer Fireman's Day</b><br/> 9:00 Everfit/Trivia<br/> 10:00 Penny Toss<br/> <b>11:00 Mt. Man</b><br/> 11:00 Easy Walking<br/> <b>1:00 Delivering Cookies for our Volunteer Fireman</b><br/> 6:00 Movie Night Self led</p>    | <p><b>Banana Boat Day 11</b><br/> 9:00 Everfit/Trivia<br/> 10:00 Morning Music<br/> 10:00 Hand Day Spa<br/> 11:00 Easy Walking<br/> 11:00 BEACH BALL TOSS<br/> <b>1:00 Bingo</b><br/> 2:00 BANANA SPLIT SOCIAL<br/> 6:00 Movie Night Self led</p> |
| <p><b>Self-led Activities 12</b><br/> Worship Day<br/> Bible Reading<br/> Morning Music<br/> Jigsaw Puzzles - Library<br/> Book Reading - Library<br/> Afternoon Walk<br/> Movie Night</p>  | <p>9:00 Everfit/Trivia<br/> <b>10:00 Stitch in Time – ILP Blankets for Giving BAH / Color Quilt Blocks</b><br/> 11:00 Easy Walking<br/> <b>1:00 Learn How to Crochet</b><br/> <b>2:00 Veronica with Groot – Therapy Dog</b><br/> 6:00 Movie Night Self led</p>  | <p><b>9:00 Chair Yoga with Irene 14</b><br/> <b>10:00 Joy of Baking Social Banana Muffins</b><br/> <b>10:30 Mobile Library</b><br/> 11:00 Easy Walking<br/> <b>1:00 Food and Council Meeting / Activity Planning</b><br/> <b>2:00 Hymns with Dave</b><br/> 6:00 Movie Night Self led</p> | <p><b>Maintenance Day 15</b><br/> <b>Shopping Day</b><br/> <b>9:00 Walmart</b><br/> 10:00 Morning Music<br/> 11:00 Easy Walking<br/> <b>1:00 Bible Reading</b><br/> <b>2:00 Donuts and Hot Cider for our Maintenance</b><br/> 6:00 Movie Night Self led</p>                                | <p>9:00 Everfit/Trivia<br/> <b>10:30 Hymns with Malcolm</b><br/> 11:00 Easy Walking<br/> <b>1:00 Prize Bingo</b><br/> 2:00 Afternoon Movie Self led<br/> 6:00 Movie Night Self led</p>  | <p>9:00 Everfit/Trivia<br/> 10:00 Morning Music<br/> 10:00 Open Crafting<br/> 11:00 Easy Walking<br/> <b>12:30 Cottage Resident Monthly Birthday Party</b><br/> <b>1:00 Hoapili Group</b><br/> 3:00 Afternoon Walk<br/> 6:00 Movie Night Self led</p>        | <p>9:00 Everfit/Trivia<br/> 10:00 Morning Music<br/> 10:00 Hand Day Spa<br/> 11:00 Easy Walking<br/> 11:00 BEACH BALL TOSS<br/> <b>1:00 Bingo</b><br/> <b>2:00 Steel Feathers Dan on Guitar</b><br/> 6:00 Movie Night Self led</p>                |
| <p><b>Self-led Activities 19</b><br/> Worship Day<br/> Bible Reading<br/> Morning Music<br/> Jigsaw Puzzles - Library<br/> Book Reading - Library<br/> Afternoon Walk<br/> Movie Night</p> <p style="text-align: center;">Activity Professionals Week</p> | <p>9:00 Everfit/Trivia<br/> <b>10:00 Stitch in Time – ILP Blankets for Giving BAH / Color Quilt Blocks</b><br/> 11:00 Easy Walking<br/> <b>1:00 Learn How to Crochet</b><br/> <b>2:00 Color Quilt Blocks</b><br/> 6:00 Movie Night Self led</p> <p style="text-align: center;">Martin Luther King Jr. Day</p> | <p><b>9:00 Chair Yoga with Irene 21</b><br/> 10:00 Morning Music<br/> <b>10:00 South Coast Hospice Guest Speakers – Topic Dementia</b><br/> 11:00 Easy Walking<br/> <b>2:00 Old Time Fiddlers</b><br/> 6:00 Movie Night Self led</p>   | <p><b>Shopping Day 22</b><br/> <b>9:00 Bimart – Dollar Tree Coos Bay</b><br/> 10:00 Morning Music<br/> 11:00 Easy Walking<br/> 1:00 Bible Reading<br/> <b>2:00 Pop Corn Social Table Tid Bits</b><br/> 6:00 Movie Night Self led</p>   | <p><b>Outing Day 23</b><br/> 9:00 Everfit/Trivia<br/> <b>10:45 Lunch Out KFC and Scenic Drive</b><br/> 11:00 Easy Walking Self -led<br/> 1:00 Afternoon Movie<br/> 6:00 Movie Night Self led</p>  | <p>9:00 Everfit/Trivia<br/> 10:00 Morning Music<br/> <b>10:00 Cooking Social – Clam Chowder</b><br/> 2:00 Open Crafting<br/> 3:00 Afternoon Walk<br/> 6:00 Movie Night Self led</p>  | <p>9:00 Everfit/Trivia<br/> 10:00 Morning Music<br/> 10:00 Hand Day Spa<br/> 11:00 Easy Walking<br/> 11:00 BEACH BALL TOSS<br/> <b>1:00 Bingo</b><br/> 2:30 PING PONG<br/> 3:30 Afternoon Movie<br/> 6:00 Movie Night Self led</p>                |
| <p><b>Self-led Activities 26</b><br/> Worship Day<br/> Bible Reading<br/> Morning Music<br/> Jigsaw Puzzles - Library<br/> Book Reading - Library<br/> Afternoon Walk<br/> Movie Night</p> <p style="text-align: center;">Australia Day (Observed)</p>    | <p><b>Card Making 27</b><br/> 9:00 Everfit/Trivia<br/> <b>10:00 Stamp Art w/ Vicki</b><br/> 11:00 Easy Walking<br/> <b>1:00 Stitch in Time – ILP Blankets for Giving BAH / Color Quilt Blocks</b><br/> <b>2:00 Color Quilt Blocks</b><br/> 6:00 Movie Night Self led</p>                                      | <p><b>9:00 Chair Yoga with Irene 28</b><br/> 10:00 Morning Music<br/> <b>10:00 Joy of Baking Social Blueberry Muffins</b><br/> 11:00 Easy Walking<br/> <b>2:00 Root Beer Float Social and Story Telling</b><br/> 6:00 Movie Night Self led</p>   | <p><b>Shopping Day 29</b><br/> <b>9:00 Dollar Tree – Joann Stop at Taco Bell</b><br/> 10:00 Morning Music<br/> 11:00 Easy Walking<br/> <b>2:00 Chinese New Year Prize Bingo</b><br/> 6:00 Movie Night Self led</p> <p style="text-align: center;">Chinese New Year (Year of the Snake)</p> | <p><b>Outing Day 30</b><br/> 9:00 Everfit/Trivia<br/> <b>10:45 Lunch Out Tai's Dynasty and Scenic Drive</b><br/> 11:00 Easy Walking Self led<br/> 2:00 Creative Coloring<br/> 6:00 Movie Night Self led</p>                                     | <p>9:00 Everfit/Trivia<br/> <b>10:00 Tea Social</b><br/> 1:00 Acrylic Painting<br/> 2:00 Open Crafting<br/> 3:00 Afternoon Walk<br/> 6:00 Movie Night Self led</p>   | <p><b>January 19<sup>th</sup> – 25<sup>th</sup> National Activity Professional Week</b></p>   |