

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2025

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Exercise/Zumba  
 10:30 Coffee & Conversation  
 1:30 EZ Does It/"Sno Joking"  
 2:30 Snacks & Conversation  
 3:30 New Year's Trivia

New Year's Day

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Exercise/Ball Toss  
 10:30 Coffee Snacks  
**1:30 The Greatest Boxer/Al**  
 2:30 Snack Social  
 3:30 Puzzles  
 6:00 Aroma Therapy

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Gentle Stretch  
 10:30 Where Am I? Trivia  
 1:30 Block Building  
 2:30 Snack Social  
 3:30 Soothing Music  
 6:00 Household Tasks

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Exercise/Zumba  
 10:30 Crafting & Coffee  
 1:30 Baking  
 2:30 Snack Social  
**3:30 Chicken Soup For the Soul**  
 6:00 Aroma Therapy

7:00 Beautification, Morning Routine  
 9:30 Worship Time {TV}  
 10:00 Daily Chronicles  
 10:30 Puzzles  
 1:30 Block Building  
 2:30 Snack Social  
 3:00 Movie  
 6:00 Aroma Therapy

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Coffee & Conversation  
 11:00 Gentle Stretch  
 1:30 Art/Adult Coloring  
 2:30 Snack Social  
 3:00 Puzzles  
 6:00 Household Tasks

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Exercise  
 10:30 EZ Does It/Crafting  
 1:30 Music & Conversation  
 2:30 Snack Social  
 3:30 Who Am I? Trivia  
 6:00 Aroma Therapy

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Exercise/Ball Toss  
 10:30 Coffee & Art  
 1:30 EZ Does It Detective Puzzle  
 2:30 Snack Social  
 3:30 Fingernail Care  
 6:00 Household Tasks

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Exercise/Zumba  
 10:30 Coffee & Where Are We Trivia  
 1:30 Baking  
 2:30 Snack Social  
 6:00 Aroma Therapy

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Exercise  
 10:30 Coffee & Conversation  
**1:30 Life Long Learning**  
 2:30 Snack Social  
 3:30 You Tube Music  
 6:00 Aroma Therapy

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Steel Feather Zumba  
 10:30 Crafting & Coffee  
 1:30 Baking  
 2:30 Snack Social  
 3:30 Who Am I? Trivia  
 6:00 Household Tasks

7:00 Beautification, Morning Routine  
 9:30 Worship {TV}  
 10:00 Daily Chronicles  
 10:30 Ball Toss  
 1:30 LindiMoo Moosic {TV}  
 2:30 Snack Social  
 3:00 Movie  
 6:00 Aroma Therapy

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:30 Exercise/Zumba (TV)  
 1:30 Art/ Adult Coloring  
 2:30 Snack Social  
 3:00 Music & Memories  
 6:00 Household Tasks

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Exercise/Ball Toss  
**1:30 EZ Does It/Travel Oxford England**  
 2:00 You Tube Music  
 2:30 Snack Social  
 6:00 Aroma Therapy

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Gentle Stretch  
 10:30 EZ Does It Trivia  
 1:30 LindiMoo Moosic  
 2:30 Snack Social  
 3:30 Fingernail Care  
 6:00 Movie

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Exercise/Ball Toss  
 10:30 What Am I? Trivia  
 1:30 Making Cucumber Sandwiches  
 2:30 Snack Social  
 6:00 Household Tasks

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Exercise/Zumba  
 10:30 Coffee & Conversation  
 1:30 Painting Art  
 2:30 Snack Social  
 3:30 Soothing Music  
 6:00 Aroma Therapy

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Gentle Stretch  
 10:30 Crafting & Coffee  
 1:30 Baking  
 2:30 Snack Social  
**3:30 Chicken Soup for the Soul**  
 6:00 Household Tasks

7:00 Beautification, Morning Routine  
 9:30 Worship {TV}  
 10:00 Daily Chronicles  
 10:30 Block Building  
 1:30 Gentle Stretch  
 2:30 Snack Social  
 3:00 Movie

Activity Professionals Week

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:30 Gentle Stretch  
 1:30 Art/ Adult Coloring  
 2:30 Snack Social  
 3:00 LindiMoo Moosic (TV)  
 6:00 Household Tasks

Martin Luther King Jr. Day

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Exercise/Zumba  
 10:30 Coffee & Crafting  
 1:30 EZ Does It Puzzles  
 2:30 Snack Social  
 3:30 Fingernail Care  
 6:00 Aroma Therapy

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Exercise  
**10:30 Making Banana Pudding**  
 1:30 You-Tube Music  
 2:30 Snack Social  
 3:30 Building Blocks  
 6:00 Household Tasks

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Exercise/Ball Toss  
 10:30 Coffee & Trivia  
 1:30 Puzzles  
 2:30 Snack Social  
**3:00 Gary Malner on Accordion**  
 6:00 Aroma Therapy

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Exercise  
 10:30 Block Building  
 1:30 Painting Art  
 2:30 Snack Social  
 3:30 Puzzles  
 6:00 Movie

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Exercise/Ball Toss  
 10:30 Crafting & Coffee  
 1:30 Baking  
 2:30 Snack Social  
 3:30 Who Am I? Trivia  
 6:00 Aroma Therapy

7:00 Beautification, Morning Routine  
 9:30 Worship {TV}  
 10:00 Daily Chronicles  
 10:30 Adult Coloring  
 1:30 Zumba (TV)  
 2:30 Snack Social  
 3:00 Movie

Australia Day (Observed)

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:30 Exercise/Ball Toss  
 1:30 Block Building  
 2:30 Snack Social  
 3:00 Music & Reminiscing  
 6:00 Household Tasks

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Exercise  
 10:30 Coffee & Reminiscing  
 1:30 Art/Painting  
 2:30 Snack Social  
 3:30 Fingernail Care  
 6:00 Aroma Therapy

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Gentle Stretch  
 10:30 Bio of Kevin Costner  
**1:30 Baking/Cornflake Cookies**  
**2:30 Snack Social**  
 3:30 Winter Adult Coloring  
 6:00 Household Tasks

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Exercise/Zumba  
 10:30 Coffee & Trivia  
 1:30 Baking  
 2:30 Snack Social  
 3:30 Block Building  
 6:00 Aroma Therapy

7:00 Beautification, Morning Routine  
 9:30 Daily Chronicles  
 10:00 Exercise/Ball Toss  
 10:30 Coffee & Conversation  
 1:30 Crafting  
 2:30 Snack Social  
 3:30 You Tube Music  
 6:00 Movie