



Good Friends Make Good Neighbors Program

From our elegantly appointed interior and beautifully maintained grounds to the exceptional healthcare programs and services provided by our professional staff, residents who introduce Cascade Living Group's Living Well philosophy to their friends or family members could receive credit(s) applied toward their rent.

How It Works

When a resident or family member refers a new potential resident* to a Cascade Living Group community and that person moves in for at least 90 days, the referring resident will receive a \$4,000 credit applied to their base rent.

**In order to qualify as a new potential resident, the person being referred must not already be on our contact list. To make a referral and to ensure you receive proper credit for making the introduction, please provide your name and the name of your friend or family member to our Executive Director or Director of Sales and Marketing prior to the inquiry or tour.*

Becky's
Beauty SALON

OUR SERVICES

- Women's haircuts \$20
- Women's haircut with style \$28
- Men's Haircuts \$15
- Beard & eyebrow clean up \$5
- Perms includes haircut and style \$65 and up
- Color includes haircut and style \$65 and up
- Shampoo Set \$25
- Manicure and pedicure \$25 and up

**Payment is due
at the time of
service Thank
you!**

Tuesdays @ 9 AM

Schedule Is Subject To Change

Residents Birthdays

Robert "Bob"	1-6-25
Irene D.	1-13-25
Delbert "Buzz"	1-15-25
Drew J.	1-15-25

Employees Birthdays

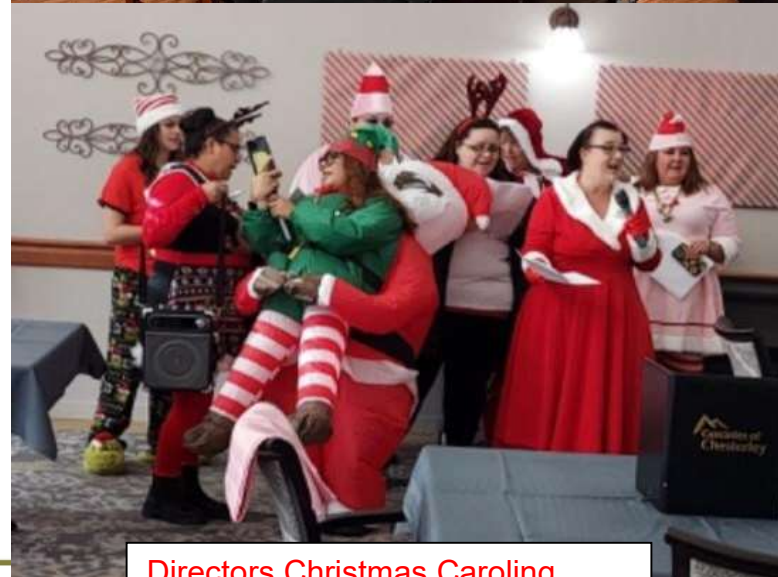
Christina S.	1-1-25
Lizbeth "Liz" M.	1-4-25
Yadira "Yadi" C.	1-17-25
David R.	1-29-25

Work Anniversary's

Brittany K. 2nd Year Work Anniversary
1-31-25



Happy Hour Fun! With Rexford



Directors Christmas Caroling

Cascades of Chesterley

January 2025

1100 N. 35th Ave Yakima WA 98902 | (509) 452-1010 |
Any Questions regarding this Newsletter please contact
Yadi or Sharlese

Meet Our Team

Executive Director: Community Relations
Director:
-Virginia

Business Office Director: Life Enrichment Director:
-Christina **-Yadi**

**Wellness Wellness
Director:** Dietary Specialist:
-Mayra **- Sarah**

Memory Care Director: Plant Operations Director:
-Stephanie **-David**

**Resident Care
Coordinator:** Concierge/Front Desk:
-Mary **-Sarah / Faith**

Weekend Concierge :
-Kenia

Celebrating January

Adopt a
Rescued Bird
Month

Mentoring
Month

International
Creativity
Month

Universal
Letter-Writing
Week
January 12-18

Buffet Day
January 2

Twelfth Night
January 5

National Word
Nerd Day
January 9

Belly Laugh
Day
January 24

Chinese New
Year
January 29



Directors Christmas Caroling

Outings / Special Dates Of The Month

December 1st
10:00-2:00 Decorating Time
2:00 Happy Hour Social with Karaoke

December 2nd
10:00-4:00 Decorating Time

December 6th
1:00-2:00 Happy Hour Karaoke Social with Snackcrate

December 7th
1:00-3:00 Dollar Tree Outing

December 8th
8:30-11:00 Sweet Bees Breakfast Outing
2:00 Happy Hour Social with Karaoke

December 9th
9:00-11:00 Fred Meyers Outing
1:00-4:00 Jewelry Making with Luann
2:00 Performance by Gary (AL)

December 10th
2:00 Pet Therapy

December 15th
10:00-2:00 Smore Dip Social with Hot Cocoa

December 16th
1:00-3:00 Jewelry Making with Luann
2:30-3:15 CHEF Talk with Sarah

December 20th
1:00 Resident Council Meeting Calendar Building with Yadi
2:00 Happy Hour Social

December 21st
1:00-3:00 Grocery Outlet Outing
1:30-2:00 Yakima Library Visit

December 22nd
1:00-4:00 Casino Outing

December 23rd
2:00 Performance by Gary MC
2:00 Hand Massage Day
3:00 Nail Spa Day

December 27th
1:00 Resident Council Meeting Independent
2:00 Happy Hour Social

December 29th
1:00 Resident Council Meeting
2:00 November Birthday Party Celebration

December 30th
2:00-3:30 Happy Hour Social with Karaoke

Sunday: Every Sunday we have Sunday Service Available to you at 3pm in Life Enrichment Center (Activity Room).
*Don't be Late

Tuesday: Every Tuesday Bible Study is available to you at 9:30am in Life Enrichment Center (Activity Room)

Saturday: Saturday's Dates Will be posted for Zumba. Which is available to you at 10am in Memory Care Side. If you would like to attend, please ask for assistance.

Bus Outing
Bus Outing Binder Will be at the Informational table. Please take a look and sign-up to any outings you may be interested in to secure your spot!



Christmas Fun / Party Assisted Living and Memory Care

