

January 2025

*Card Games, Puzzles, and Books Available to you at anytime

- PY Physical
- IN Intellectual
- EM Emotional
- SP Spiritual
- LE Leisure
- SO Social
- OT Outings
- CR Creativity
- Family-Events Family-Events

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|---|---|
| | | | 1 New Year's Day | 2 Buffet Day | 3 | 4 |
| 5 Twelfth Night 9:00 Daily Chronicles 9:30 Gentle Stretch 10:30 Mexican Train 1:00 - 2:00 Bingo 3:00 Sunday Service 3:30 Guinea Feeding Pig Time --- Football Sunday (lobby) | 6 9:00 Daily Chronicles 9:30 Calming Meditation 10:00-1:00 Mexican Train 1:00-2:00 Happy Hour Karaoke Social with Snackcrate 3:00 Resident lead Checkers 4:00 Guinea Pig Feeding Time 5:00 Evening TV Show (lobby) | 7 9:00 Daily Chronicles 9:30 Strength Training 9:30 Bible Study 1:00-3:00 Dollar Tree Outing 3:00 Bingo 4:00 Guinea Pig Time 5:00 Evening TV Show (lobby) | 8 8:30-11:00 Sweet Bees Breakfast Outing 9:00 Daily Chronicles 1:00 Chair Cardio 2:00 Happy Hour Social with Karaoke 3:00 Bingo 4:00 Guinea Pig Feeding Time | 9 National Word Nerd Day 9:00 Daily Chronicles 9:00 Strength Training 9:00-11:00 Fred Meyers Outing 1:00-4:00 Jewelry Making with Luann 2:00 Performance by Gary (AL) 4:00 Guinea Pig Feeding Time | 10 9:00 Daily Chronicles 9:30 Mobility and Balance 2:00 Pet Therapy 3:00 BINGO 4:00 Guinea Pig Feeding Time | 11 9:30 Daily Chronicles 10:00 Zumba (TV) resident lead 3:00 Resident lead Checkers 4:00 Guinea Pig Feeding Time --- Word Search Pack Available at our informational table --- Card Games, Puzzles, and Books Available to you at anytime |
| 12 9:00 Daily Chronicles 9:30 Gentle Stretch 10:30 Independent Sip and Chat 3:00 Sunday Service 4:00 Guinea Feeding Pig Time --- Football Sunday (lobby) | 13 9:00 Daily Chronicles 9:30 Calming Meditation 2:00 Independent Resident Council Meeting Ca 3:00 Loteria Mexican Bingo 4:00 Guinea Pig Feeding Time | 14 9:00 Daily Chronicles 9:30 Strength Training 9:30 Bible Study 1:00-4:00 Card/Board Games 4:30 Guinea Pig Feeding Time --- Word Search Pack Available at our informational table | 15 9:00 Daily Chronicles 9:30 Chair Cardio 10:00-2:00 Smore Dip Social with Hot Cocoa 1:00-3:00 Resident Lead Mexican Train 4:00 Guinea Pig Feeding Time | 16 9:00 Daily Chronicles 9:30 Strength Training 1:00-3:00 Jewelry Making with Luann 3:00 Resident Lead Cornhole 2:30-3:15 CHEF Talk with Sarah 4:00 Guinea Pig Feeding Time | 17 9:00 Daily Chronicles 9:30 Mobility and Balance 1:00-2:00 Independent Mexican Train 3:00 BINGO 4:00 Guinea Pig Feeding Time 5:00 Independent Puzzles | 18 9:30 Daily Chronicles 10:00 Zumba (TV) resident lead 2:00 Resident lead Checkers 4:00 Guinea Pig Feeding Time --- Word Search Pack Available at our informational table --- Card Games, Puzzles, and Books Available to you at anytime |
| 19 Cat Herders Day 9:00 Daily Chronicles 9:30 Gentle Stretch 10:30 Sip and Chat 1:00 - 2:00 Bingo 3:00 Sunday Service 4:00 Guinea Feeding Pig Time --- Football Sunday (lobby) Activity Professionals Week | 20 9:00 Daily Chronicles 9:30 Calming Meditation 1:00 Resident Council Meeting Calendar Building with Yadi 2:00 Happy Hour Social 3:00 BINGO 4:00 Guinea Pig Feeding Time Martin Luther King Jr. Day | 21 9:00 Daily Chronicles 9:30 Strength Training 9:30 Bible Study 1:00-3:00 Grocery Outlet Outing 1:30-2:00 Yakima Library Visit 3:00 BINGO 4:00 Guinea Pig Feeding Time | 22 9:00 Daily Chronicles 9:30 Chair Cardio 10:00-11:00 Mexican Train 1:00-4:00 Casino Outing 1:00-3:00 Resident Lead Mexican Train 4:00 Guinea Pig Feeding Time | 23 9:00 Daily Chronicles 9:30 Strength Training 1:00 Resident Lead Bingo 2:00 Performance by Gary MC 2:00 Hand Massage Day 3:00 Nail Spa Day 4:00 Guinea Pig Feeding Time | 24 Belly Laugh Day 9:00 Daily Chronicles 9:30 Mobility and Balance 1:00-2:00 Independent Mexican Train 3:00 BINGO 4:00 Guinea Pig Feeding Time 5:00 Independent Puzzles | 25 9:30 Daily Chronicles 10:00 Zumba (TV) resident lead 3:00 Resident lead Checkers 4:00 Guinea Pig Feeding Time --- Word Search Pack Available at our informational table --- Card Games, Puzzles, and Books Available to you at anytime |
| 26 9:00 Daily Chronicles 9:30 Gentle Stretch 10:00 - 2:00 RummiKub 3:00 Sunday Service 4:00 Guinea Feeding Pig Time --- Football Sunday (lobby) Australia Day (Observed) | 27 9:00 Daily Chronicles 9:30 Calming Meditation 1:00 Resident Council Meeting Independent 2:00 Happy Hour Social 3:00 Guinea Pig Feeding Time 5:00 Independent Puzzles | 28 9:00 Daily Chronicles 9:30 Bible Study 9:30 Strength Training 10:00-3:00 Card/Board Games 3:00 BINGO 4:00 Guinea Pig Feeding Time --- Card Games, Puzzles, and Books Available to you at anytime | 29 Chinese New Year 9:00 Daily Chronicles 1:00 Resident Council Meeting 2:00 November Birthday Party Celebration 3:00 Bingo 4:00 Guinea Pig Feeding Time Chinese New Year (Year of the Snake) | 30 9:00 Daily Chronicles 9:30 Strength Training 10:00-1:00 Mexican Train 2:00-3:30 Happy Hour Social with Karaoke 4:30 Guinea Pig Time | 31 9:00 Daily Chronicles 9:30 Mobility and Balance 10:00-1:00 Independent Mexican Train 3:00 BINGO 4:00 Guinea Pig Time 5:00 Independent Puzzles | |