



900 W. Alpine Way
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January 2025

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Alpine Way | 900 W. Alpine Way, Shelton, WA | 360-426-2600



January Birthdays

Resident

1/7 Jill S.

1/19 Judy W.

1/22 F.W. J.

Staff

1/5 Aja Yates

1/7 Tawny Barrows

1/15 Emily Lockheart

1/19 Angelina Patricelli

1/25 Cindy Wilson

1/31 Rod Davis

Meet Our Team!

Executive Director

Trudy Hunter

TrudyH@Cascadeliving.com

Wellness Director

Wendy Wincewicz

WendyW@cascadeliving.com

Assistant Wellness Director

Tracy Schueller

Tracys@Cascadeliving.com

Marketing Director

Cyndy Armitage

CyndyA@cascadeliving.com

Community Relations Director

Brenda Lehman

BrendaL@cascadeliving.com

Business Office Manager

Maria Poulos

MariaP@cascadeliving.com

Life Enrichment Director

Kara Parker

KaraP@cascadeliving.com

Environmental Director

Travis Wagner

TravisW@cascadeliving.com

Plant Operations Director

Rod Davis

RodD@cascadeliving.com

Dining Services Director

Donna Jorgenson

DonnaJ@cascadeliving.com

Down the Rabbit Hole in January

January is a significant month for *Alice in Wonderland* enthusiasts. Lewis Carroll, born Charles Lutwidge Dodgson, entered the world on January 27, 1832, and passed away on January 14, 1898. His famous tale, *Alice's Adventures in Wonderland*, began in 1862, during a boat trip where he entertained the Liddell children with an improvised story. Young Alice Liddell, the inspiration behind the heroine, urged Carroll to write it down. After two years of writing, the book was finished in 1864 and published the following year, quickly becoming a literary sensation.

The book introduced the world to memorable characters like the Mad Hatter, whose tea party never ends, and the grinning Cheshire Cat, who can disappear at will. Carroll even invented a new type of poetry, the "nonsense poem," one of the best examples of which is "Jabberwocky," which appears in *Through the Looking-Glass*, the sequel to *Alice's Adventures in Wonderland*.

What makes *Alice in Wonderland* so fascinating is its mix of wordplay, logic, and fantasy. Carroll was not just a writer but also a mathematician, which explains the whimsical logic and puzzling riddles that fill the story. His love of paradoxes and mathematical theories shines through in scenes like the Mad Hatter's tea party and the Queen's curious rules for croquet. This blend of intellectual play and imaginative adventure is what makes *Alice* a timeless favorite for readers of all ages.

January is a perfect time to embrace the whimsical world of *Alice in Wonderland*. Lewis Carroll's beloved tale, now over 150 years old, continues to captivate readers of all ages. The story has inspired countless adaptations, including theater productions, ballets, and even video games, cementing its place in pop culture. This January, whether by rereading the book or exploring a new adaptation, it's worth revisiting Wonderland to marvel at the unique genius of Carroll and his enduring creation.

ALPINE WAY PRESENTS

TRIVIA

Friday January 17th @ 3pm
in the Dogwood

GET THERE EARLY, PLAY WILL BEGIN AT 3

TEST YOUR KNOWLEDGE & WIN PRIZES!

Be Kind to Food Servers Month

January is dedicated to being kind to food servers. Now would be the time to give them extra compliments on the work they have been doing. We will be putting out a compliment box in the front lobby exclusively for our food servers. At the end of the month, we will be taking all the compliments from residents into consideration so we can honor our food servers.

Please take the time to leave your compliments in the box at the table by the glass wall in the lobby this month.

Mr. & Mrs. Claus Came to Town!!



Photo Release Update

Do you want your picture in the Newsletter, or would you like to see your family member in the Newsletter?

Please make sure that the Life Enrichment Department has a photo release, not just signed but the proper boxes checked off so we can involve either you or your family member in our Newsletter and on our Facebook.

Housekeeping Notes

Please be sure to label ALL your laundry before having it sent down. We prefer it to be labeled with first initial and last name.

We have a lot of clothes in our "Lost & Found" in the housekeeping department. If you are missing any clothing items, please check there.

POPCORN BAR

Monday
January 20, 2025

Cedar Room

"It is time to indulge in this amazing snack that is full of good taste."



Meet Maria, our new Business Office Manager. She joined Alpine Way three months ago. She is eager to learn more about our community & its residents. Maria is very family oriented and spends a lot of time with her kids.



Meet Kara, our new Life Enrichment Director. She started her journey here at Alpine Way in Environmental Services. She has been with Alpine Way for six years and is excited for this new position and leading a department.



★ NATIONAL ★

PIE DAY

= Celebration =

Thursday JAN 23 at 2pm

Cedar Dining Room

Please join us in celebrating National Pie Day!

We will be making pies and we need your help. Whether you would like to be there for moral support, to share stories of making pies, to make pie with us, or you just want to eat pie, you are welcome to join us!