

December 2024

# Cascades of Sugarland

Cascades of Sugarland Ridge | 1551 Sugarland Drive Sheridan, WY. 82801 | 307-674-5575

## Things to look out for in December

**Sheridan Flute Choir**  
December 9<sup>th</sup> at 6pm

**Family Dinner**  
December 11<sup>th</sup> at 5pm

**Big Horn Choir**  
December 13<sup>th</sup> at 12pm

**Cocoa for Caregivers**  
December 13<sup>th</sup> at 2pm

**Christmas Carols with Big  
Horn School** December 16<sup>th</sup>  
at 9:30am

**Christmas Carols with  
Martin Luther Grammer  
School**  
December 18<sup>th</sup> at 9am

**The E.I.O Band**  
December 19<sup>th</sup> at 10am

**Singing W/ Sarah & Leigh**  
December 20<sup>th</sup> at 2pm

**Santa Meet & Greet**  
December 21<sup>st</sup> from  
11am -1:30pm

**Black Mountain Drifters**  
December 21<sup>st</sup> at 3:30 pm

## Timeless Treasures

Old-fashioned toys have a timeless charm that still brings joy during the holiday season. These classic playthings remind us that fun doesn't need to be high-tech to be memorable. Take the Slinky, for example. Invented in the 1940s by a mechanical engineer, this simple metal spring became an instant hit. Kids marveled as it "walked" down stairs. Over 300 million Slinkys have been sold since.

Then there's the yo-yo, which dates back to ancient Greece. The modern version we know today gained popularity in the 1920s. Yo-yos were a must-have for kids learning tricks like "Walk the Dog" and "Around the World." They remain a nostalgic favorite and are often found in Christmas stockings.

Another beloved toy is the Etch A Sketch, introduced in 1960. This magical drawing board uses knobs to create pictures with aluminum powder. It sold over 600,000 units during its first Christmas season. The Etch A Sketch became a staple under the Christmas tree, offering endless creativity without the need for batteries.

No list of classic toys would be complete without the beloved jack-in-the-box. Originating in the 16th century, this whimsical toy has delighted children for centuries. The thrill of turning the crank and waiting for the cheerful pop of a clown or other character never gets old—a perfect reminder that sometimes the most delightful toys are the ones that make us smile with anticipation.

And who could forget Lincoln Logs? These wooden building sets were created in 1916 by John Lloyd Wright, the son of renowned architect Frank Lloyd Wright. This open-ended toy allowed children to build miniature log cabins and other structures. The sets are still cherished for their simplicity and the way they spark the imagination.

These toys remind us that sometimes the simplest playthings bring the most joy. Consider adding a few of these timeless classics to your holiday traditions. Perhaps you even have some stored away in an attic. They're sure to bring smiles, just as they have for generations.



Twice a month we do a lady's nail painting session. Kay S., Sharon C., Joan M., Fran C. and Marvis R. all are showing off their freshly painted nails.



## Weather Watchers

The first Saturday of December is Skywarn Recognition Day, a day of appreciation for over 350,000 volunteer storm spotters. These spotters provide timely and accurate reports of wind, hail, flash floods, lightning, tornadoes, and hurricanes. Skywarn volunteers are often the first to signal warnings of severe weather as it approaches.

Anyone can be a Skywarn weather spotter. Local National Weather Service offices provide training in storm structures and development, weather safety, and how to report severe weather information. These spotters are a gift to their communities, giving them time to prepare for whatever Mother Nature brings.

Reta O. and Eunice D. are racing time to get their candy corn in the banana.



We had some fun during our Thanksgiving social. We had a few snacks and played a game called make a corn on the cob. The residents had a banana and a dish of candy corn, and they had 60 seconds to put as many candy corn in the banana to make a corn on the cob.



Shirley H. and Jeannie E. are racing the clock to win the game.

## Blessings by the Sea

While the northern hemisphere is bundling up for winter, in the southern hemisphere, Uruguayans are preparing for beach season. One of the great secrets of this South American country is that its coastline is one long, never-ending beach. In fact, Uruguay boasts some of the most beautiful beaches in the world, earning the nickname of the "Uruguayan Riviera."

Beach season unofficially opens every year on December 8, the Day of the Beaches, when local priests perform a "Blessing of the Waters." After the blessing, sailboat regattas and horseback-riding competitions are held. Then everyone begins a summer of frolicking in the surf.



Judy S., Patty C., Margaret M., and Jane T. all decorated their own seasonal wreath.



Once a month we do a lady's wine-down. The ladies have wine, cocktails or just a soda and then we have treats and play games that gets us familiar with one another or we reminisce and tell stories about life.



We host our Sugarland Social every Friday and it's just a time for light refreshments a whole lot of fun!



The residents played a minute-to-win game where they had to put apple jacks' cereal on a pipe cleaner, and whoever got the most on 60 seconds won.





Lucille K. & Jane T. show off their Grinch painting.

Judy S. and Janice S. are very proud of their painting.



The whole group of ladies enjoying each other's company.



## December Birthdays

If you were born between December 1–21, you are Sagittarius, the Archer. Archers are optimistic, energetic, generous, and honest. They enjoy exploration and keep an open mind during new encounters. Those born between December 22–31 are Capricorns, the Goat. Capricorns are the most stable and serious signs of the zodiac. Reliable, resourceful, and determined, they make excellent leaders and managers. If you happen to see them wish a Happy Birthday!

Judy S. 12/4

Susan K. 12/4

Pam B. 12/10

Sue D. 12/11

Arlene H. 12/13

Danni E. 12/16

Shirley J. 12/17

Aryle S. 12/18

Deloris R. 12/19

Ken E. 12/19

Gaberial C. 12/21

Chris T. 12/26

Brian K. 12/28

We tried a new game called "add them up". You roll the dice, and you use your playing cards to find possible mathematic solutions. The person with the least number of points wins. Everyone seemed to really enjoy the game.

