

# CASCADES OF STAYTON

2201 N. 3rd Ave. Stayon, Or. 97383 | 503-769-3200

NEWSLETTER

DECEMBER 2024

## DECEMBER

### Resident of the Month

Kevin G. is our resident of the month. Kevin is very active in our book club. Kevin is a wealth of knowledge for all of us. We can always learn something from him.

Congratulations from all of us at Cascades of Stayton



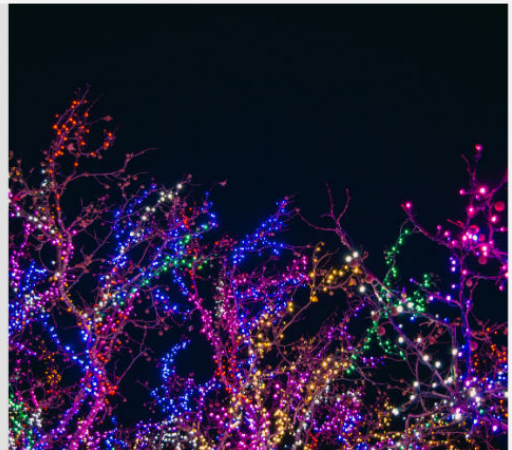
## NOVEMBER

### Employee of the Month

Congratulations  
Haley D.

## CHRISTMAS LIGHTS

Starting in the December, on Tuesday evenings, at 5:45pm the bus will be going out to look at Christmas lights in our local area. The trip will last about 45 minutes. Please sign up at the Front Desk to reserve your seat on the bus.



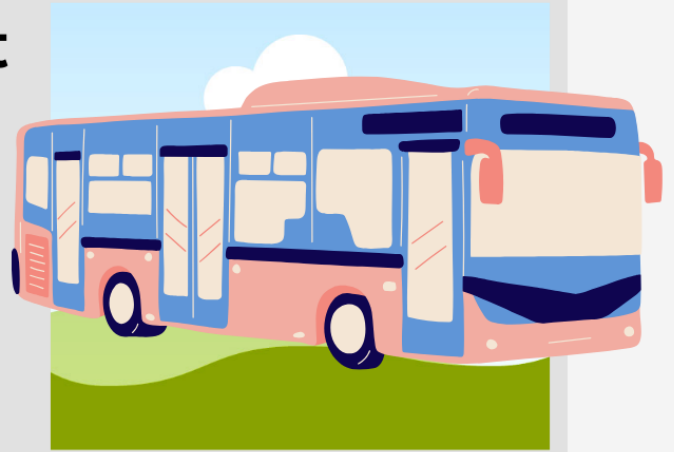
Are you interested in going to a local Christmas Bazaar?  
Saturday, December 7th, at Stayton Middles School is a Holiday Bazaar.  
Please Sign up if you would like to attend. The Bus will leave at 1pm.

## Candy Cane Hunt

What is a Candy Cane Hunt? The whole month of December, throughout our community, will be two different Candy Cane Hunts going on. Find the small candy ones, they are yours to keep and enjoy. Next find the Big Candy Canes. Place your name on a slip of paper, place in the box and Cascades of Stayton will draw out a winner every week. Happy Hunting!!!

## Bus Sign Up Sheet

Interested in a bus outing? Please sign up at the Front Desk. All the outings for the month will be in the book. This secures your seat on the bus. If the spots are full have your name added to the waiting list.



## December Birthday's

Happy Birthday to you, Happy Birthday to you, Happy Birthday to.....

**Irene P. December 1st**

**Nadine C. December 2nd**

**Bonnie N. December 4th**

**Diana W. December 27th**

**Nancy F. December 28th**

Happy Birthday from  
Cascades of Stayton



## Zumba with Kathleen

Zumba is a low impact, easy and fun way to exercise. Everyone is encouraged to join us. Even if you are not sure, come and watch. Once the music starts to play you cannot help yourself but to move to the music.

Wednesday's at 3pm in the Dining Room

Please check the whiteboard in the Dining Room for daily changes to activity schedule.