

Sierra Del Sol Senior Living
8151 E. Speedway Blvd.
Tucson, AZ 85711

Postage
Information

Celebrating December

Safe Toys and Gifts Month

Eat a Red Apple Day
December 1

**Pearl Harbor
Remembrance Day**
December 7

Cocoa Day
December 13

Cat Herders Day
December 15

Eggnog Day
December 24

Christmas Day
December 25

**Good Friends Make
Good Neighbors**

**Do you have a friend who
is looking to make a move
into a community?
When you or your family
members refer someone
to move into the
community, you will
receive a rent credit for
\$4000 after they have lived
with us for 90 days.**

December 2024

Sierra Times

Sierra Del Sol Senior Living- 8151 East Speedway Blvd, Tucson AZ 85710

Meet Our Team

**Laure
O-Mendenhall**
Executive Director

Deb Rossi
Director of Sales &
Marketing

Anne Connell
Community Relation
Director

Keelani Duffey
Wellness Director

Madison Faulkner
Wellness Director

Arine Boschian
Dining Services Director

Maryanna Rodriguez
Life Enrichment Director

Denise Wiebers
Business Office Manager

Aaron Brady
Plant Operations Director

Laure Letter - December 2024



Dear Residents, Families, and Friends,

As the year comes to a close and we step into the festive season, I want to take a moment to reflect on the incredible journey we've had together here at Sierra Del Sol throughout 2024. It has been a year of growth, connection, and memorable moments, and we are so grateful for all of you who make our community truly special.

December is always a time of celebration, warmth, and gratitude. As we prepare for the holidays, our team is working hard to ensure that every resident feels the joy and magic of this time of year. We are excited about the upcoming events, activities, and the spirit of giving that fills our halls.

A Season of Giving and Gratitude

The holiday season is an opportunity for us to show our appreciation to the residents, families, and team members who make Sierra Del Sol such a vibrant and supportive place to live and work. We encourage you to share stories, experiences, and memories with us throughout December, so we can celebrate the unique spirit of each individual in our community.

Memory Care Focus: Cherishing Moments

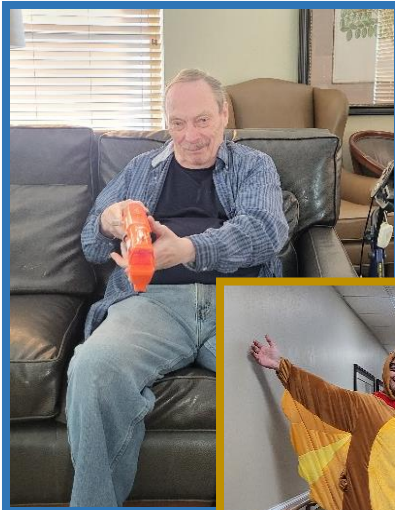
For our residents in Memory Care, we continue to tailor activities that focus on personal connection, comfort, and joy. Our holiday-themed activities are designed to engage, uplift, and celebrate the rich histories and stories of each resident, while ensuring their sense of security and well-being. From memory box creations to holiday reminiscing sessions, we strive to create meaningful experiences that resonate with each resident's unique journey.

Looking Ahead to 2025

As we move into 2025, we are committed to providing the highest standard of care and service, and we look forward to continuing to build a community where everyone feels valued, heard, and cared for. Our staff is eager to introduce new programs and activities that promote well-being, creativity, and personal fulfillment in the months ahead.

I want to express my heartfelt thanks to each of you for your trust and support this year. It is a privilege to be part of such a caring community, and I look forward to another wonderful year together.

Laure Mendenhall



We Caught Us Some Turkeys!! Thank You to Our Amazing Maintenance Team for Volunteering to Dress Up Like Turkeys!



NOVEMBER EMPLOYEE OF THE MONTH



Employee of the Month Goes to Our Maintenance Team Member Matt Aurello!
Matt has gone above and beyond since the very first day he started. He is liked by all residents and staff. He is learning the maintenance trade and is doing it very quickly. Very proud to have him on my team.

Calling All Bingo Lovers



Bingo is celebrated throughout December in church halls and community centers because December is Bingo Month. The game dates all the way back to 1530, when Italians played a game called *Lo Gioco del Lotto d'Italia*. Some even say that this game was used to fight government corruption. Instead of winning a pot of money, those holding winning numbers were elected as local leaders.

The French first introduced a playing card full of numbers. Then in the 1800s, the Germans used the game as a tool to teach children math and spelling. It first appeared in America in 1929 at a carnival near Atlanta, Georgia, where it was called "Beano." When an excited winner shouted out the word *bingo* by mistake, an entrepreneur named Edwin S. Lowe overheard the faux pas, renamed the game, and employed a Columbia University mathematician named Carl Leffler to create 6,000 randomly numbered bingo cards. Leffler purportedly went insane from the task. A Catholic priest asked Lowe to show him the game as a way of raising money for the church. Bingo has been a church hall mainstay ever since.



Enjoying Family Pie Day!!

yum!



Bloom
Where You are Planted

Planting Our Beautiful Winter Garden in the Lodge

WELCOME HOME!
 Nick V.
 Joanne K
 Marilyn L.
 Clarence B.
 Margaret J.

Sierra Del Sol Family
Christmas BRUNCH
 WITH HARPISIT REBECCA FOREMAN

SUNDAY, DECEMBER 22ND
 10:30-12:00

Gather your loved ones and savor the flavors of the season at our Christmas brunch. Spread the holiday cheer and make unforgettable memories. If you plan on having your family attend, please **RSVP** to make sure you have seating available by **December 15th!** Meal Tickets can be purchased at the front desk for \$20



HAPPY BIRTHDAY TO ALL!!

| | |
|---------------------------|------------------------|
| RESIDENT BIRTHDAYS | STAFF BIRTHDAYS |
| 12/8 ANN P. | 12/6 SHARON B. |
| 12/13 CAROLYN Y. | 12/6 JULIA B. |
| 12/18 GORDAN W. | 12/14 CASSANDRA G. |
| 12/18 TAMIE H. | 12/15 STEPHANIE V. |
| 12/21 PEGGY B. | 12/18 AJONE J. |
| 12/26 AUGUST J. | 12/22 ZEINAB A. |
| 12/27 TOM H. | 12/25 MUKANOHELI S. |
| 12/27 ORLAND H. | |

DECEMBER OUTINGS

- 12/3 COFFEE & DONUTS SCENIC RIDE TO MADERA CANYON
- 12/5 SHOPPING AT FRYS & DOLLAR STORE
- 12/8 & 12/22 SUNDAY SCENIC RIDE
- 12/10 REID PARK ZOO & PICNIC \$9.25
- 12/17 BREAKFAST AT BLACK BEAR DINER \$
- 12/19 SHOPPING AT WALMART
- 12/24 MOVIES AT CINEMARK \$6.25
- 12/26 SHOPPING AT TRADER JOE'S
- 12/28 DINNER AT LONGHORN STEAKHOUSE \$

HAPPY Holidays
 JOYFUL NEW YEAR

HAPPY Holidays

DON'T FORGET TO JOIN US FOR OUR LIVE PERFORMANCES

- 12/4 HOLIDAY SONGS W/ CRAIG PLOTNER
- 12/11 MUSIC W/ LINDA UPDIKE
- 12/15 CHRISTMAS CAROLERS
- 12/18 ENTERTAINMENT BY MONSOON WINDS
- 12/25 CHRISTMAS CAROLS, HOT COCOA & EGGNOG W/ LINDA
- 12/31 NEW YEARS EVE MASQUERADE PARTY W/ ADKINS & ANDERSON