

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9:30 Group Watercoloring 1 10:30 Virtual Church Service 11:00 Rummikub 1:00 Movie Matinee: White Christmas 3:00 What's Your Advice? Advice Column by Dear Abbey 6:20 NFL Football: 49ers vs. Bills	9:00 Rummikub 2 9:30 Communion with Deacon Dennis 10:00 Rosary Group 11:00 Balloon Volleyball 1:00 Decorating Walkers, Wheelchairs and Canes! 1:30 Rockin Around the Christmas Tree w/ Decorations! 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Documentary: Live to Lead Ep 1	8:30 Coffee & Donuts Scenic Ride to Madera Canyon 3 9:00 Wii Bowling 10:00 1 <sup>st</sup> Floor Walkers Club 11:00 Color Your Mind 1:30 Quarter Bingo 3:00 Christmas Pictionary 5:00 Scrabble 6:00 A Man on the Inside Ep 1	9:30 Flower Arranging 4 10:15 Low Impact Cardio 11:00 Christmas Cards w/ Katie 1:30 Veterans Get Together w/ Chaplin Scotty from VFW Post 549 3:00 Holiday Songs w/ Craig Plotner 5:00 Games & Puzzles 6:00 Western Movie: Young Guns	8:30 Shopping at Fry's & Dollar Store 5 9:00 Rummikub 10:00 Holiday Word Eliminations 11:00 Group Book Club 1:30 Mexican Train Dominos 3:00 Social: Beer & Nachos 5:30 Thursday Night Movie: Mrs. Doubtfire	9:00 Farkle 6 10:00 Group Small Talk 10:30 Prize Bingo 1:30 Bean Bag Toss 2:30 Ran-Dumb Fun Facts 3:00 Crazy 8's 6:00 Classic Movie: Singing in the Rain	9:00 Wii Bowling 7 10:30 Cooking with Desrae 11:30 Question of the Week 1:00 Mindful Meditations on YouTube 1:30 Balloon Volleyball 3:00 Blind Man's Bluff 6:00 Saturday Night Movie: National Lampoons Christmas Vacation	
9:30 Sunday Scenic Bus Ride to Jacome Plaza 8 10:30 Virtual Church Service 1:00 Matinee Movie: Christmas with the Kranks 2:00 Church Service w/ Faith Community Church 3:00 Reading Christmas at the Vinyl Cafe 6:20 NFL Football: Chargers vs. Chiefs	9:00 Rummikub 9 10:00 Rosary Group 10:00 Health Talk w/ Bayada Is Dark Chocolate Really Healthy for You? 1:30 Balloon Volleyball 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Documentary: Live to Lead Ep 2	9:00 Wii Bowling 10 9:30 Reid Park Zoo & Picnic 10:00 1 <sup>st</sup> Floor Walkers Club 11:00 Color Your Mind 1:30 Quarter Bingo 3:00 Name That Christmas Tune! 5:00 Domino 6:00 A Man on the Inside Ep 2	9:30 Flower Arranging 11 10:15 Low Impact Cardio 10:30 Junk Drawer Detectives 11:00 Gratitude Circle w/ Susan 1:30 Pima County Library Book Mobile 1:30 Crafty Corner: Holiday Floral Lanterns 2:30 A Musical Visit w/ Linda Updike 5:00 Games & Puzzles 6:00 Western Movie: Maverick	9:00 Rummikub 12 10:00 Fill in the Blank 11:00 Group Book Club 1:30 Bible Study w/ Jaime 1:30 Jeopardy 3:00 Social: Hot Cocoa, Eggnog and Holiday Cookies 5:30 Thursday Night Movie: The Best Exotic Marigold Hotel	9:00 Farkle 13 10:00 Group Small Talk 10:30 Prize Bingo 1:30 Left Center Right 2:30 Ran-Dumb Fun Facts 3:00 Blackjack 6:00 Classic Movie: A Holiday	9:00 Wii Bowling 14 10:00 Quiz & Trivia 11:00 Question of the Week 1:00 Mindful Meditations on YouTube 1:30 Balloon Volleyball 3:00 Wine Down w/ Uno 6:00 Saturday Night Movie: A Boy Called Christmas	
9:30 Group Watercoloring 15 10:30 Virtual Church Service 11:00 Rummikub 1:00 Movie Matinee: Elf 3:00 What's Your Advice? Advice Column by Dear Abbey 5:00 Come and Enjoy Christmas Carolers During Dinner 6:00 NFL Football: Bears vs Vikings	9:00 Rummikub 16 9:30 Communion with Deacon Dennis 10:00 Rosary Group 10:30 Ladies Christmas Brunch 1:30 Balloon Volleyball 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Documentary: Live to Lead Ep 3	8:30 Breakfast at Black Bear Diner 17 9:00 Wii Bowling 10:00 1 <sup>st</sup> Floor Walkers Club 11:00 Color Your Mind 1:30 Quarter Bingo 3:00 Gift Wrapping Race 5:00 Dominos 6:00 A Man on the Inside Ep 3	9:30 Flower Arranging 18 10:00 Food Meeting w/ Chef Arine 10:15 Low Impact Cardio 11:00 Science Fun: Crystalized Icicle Ornaments 2:00 Town Hall Meeting 3:00 Monsoon Winds 5:00 Games & Puzzles 6:00 Western Movie: Quigley Down Under	8:30 Shopping at Walmart 19 9:00 Rummikub 10:30 Visit and Pictures w/ Santa Claus 1:30 Candy Cane Hunt 3:00 Social: Peppermint Patty Milk Shakes 5:30 Thursday Night Movie: Miracle on 34 <sup>th</sup> Street	9:00 Farkle 20 10:00 Group Small Talk 10:30 Prize Bingo 1:30 Jingle Bell Toss 2:00 Cooking Demo w/ Reina 2:30 Ran-Dumb Fun Facts 3:00 Crazy 8's 6:00 Classic Movie: Sound of Music	9:00 Wii Bowling 21 10:00 Quiz & Trivia 11:30 Question of the Week 1:00 Mindful Meditations on YouTube 1:30 Balloon Volleyball 3:00 Decorating Christmas Cookies 6:00 Saturday Night Movie: Christmas Chronicles <small>Winter Begins</small>	
9:30 Sunday Scenic Bus Ride 22 10:30 Virtual Church Service 10:30-1:00 Family Christmas Brunch w/ Harpist Rebecca 1:00 Matinee Movie: How the Grinch Stole Christmas 2:00 Church Service w/ Faith Community Church 3:00 Reading Christmas at the Vinyl Cafe 6:20 NFL Football: Buccaneers vs. Cowboys	9:00 Rummikub 23 9:30 Communion with Deacon Dennis 10:00 Rosary Group 11:00 Can You Make Sugar Out of Maple Syrup? 1:30 Balloon Volleyball 3:00 Armchair Travelogue: European Christmas 6:00 Documentary: Live to Lead Ep 4	9:00 Wii Bowling 24 10:00 Movies at Cinemark 10:00 1 <sup>st</sup> Floor Walkers Club 11:00 Color Your Mind 1:30 Quarter Bingo 3:00 White Elephant Gift Exchange 5:00 Dominos 6:00 A Man on the Inside Ep 4	<i>Merry Christmas!!</i> 25 9:00 Disney Parks Magical Christmas Parade 10:00 Christmas Brain Puzzles 1:00 Holiday Movie: A Christmas Story 2:30 Christmas Carols, Hot Cocoa, Eggnog and Cookies w/ Linda 5:00 Games & Puzzles 6:00 Holiday Movie: It's a Wonderful Life <small>Christmas Hanukkah Begins</small>	8:30 Shopping at Trader Joe's 26 9:00 Rummikub 10:00 Word Mining 11:00 Group Book Club 1:30 Bible Study w/ Jaime 3:00 Social: Cheese, Wine and Crackers 5:30 Thursday Night Movie: Cocoon <small>Boxing Day (Canada) Kwanzaa Begins</small>	9:00 Farkle 27 10:00 Group Small Talk 10:30 Prize Bingo 1:30 Left Center Right 2:30 Ran-Dumb Fun Facts 3:00 Blackjack 6:00 Classic Movie: Holiday Inn	9:00 Wii Bowling 28 10:30 Cooking with Desrae 11:30 Question of the Week 1:00 Mindful Meditations on YouTube 1:30 Balloon Volleyball 3:00 Wine Down w/ Uno 4:00 Dinner at Longhorn Steakhouse 6:00 Saturday Night Movie: Family Stone	
9:30 Group Watercoloring 29 10:30 Virtual Church Service 11:00 Rummikub 1:00 Movie Matinee: When Harry Met Sally 3:00 What's Your Advice? Advice Column by Dear Abbey 6:20 NFL Football: Dolphins vs. Browns	9:00 Rummikub 30 9:30 Communion with Deacon Dennis 10:00 Rosary Group 11:00 Test Your Cranium 1:30 Stay Sharp! w/ Dr. Andrea 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Documentary: Live to Lead Ep 5	<i>Happy New Year's Eve!</i> 31 9:00 Wii Bowling 10:00 1 <sup>st</sup> Floor Walkers Club 11:00 Color Your Mind 1:30 Quarter Bingo 3:00 Hot Cocoa and Whipped Cream, What Are Your New Year Resolutions? 4:30-5:30 New Years Eve Masquerade Party w/ Adkins & Anderson <small>New Year's Eve</small>				<h1>December 2024</h1> <h2>Sierra Del Sol Senior Living</h2>	

Schedule is subject to change. For the most updated information please see Activity Daily. Sierra Del Sol 8151E Speedway Tucson AZ 85710