

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Basketball Day 1 9:00 Joel Osteen on Channel 26 9:30 Catholic Mass at the Living Room 10:00 Snack & Hydrate 10:30 The Daily Chronicle 1:30 Holiday Karaoke with HS Staff 2:30 Snack & Hydrate 3:00 BINGO for Prizes 5:30 Netflix Weekender Series: LOCKE and KEY - Season Two	Cider Monday 2 9:00 Zen Music Meditation 9:30 The Daily Chronicle 10:30 Snack & Hydrate 10:30 Spot The Difference- YouTube 1:00 Steel Feathers Yoga with Gee 2:30 Snack & Hydrate 3:00 Brain Booster Trivia 5:00 Regular Football Season Games 5:30 Board Games	Be a Blessing Day 3 9:00 Zen Music Meditation 9:30 Scenic Drive - Out & About 9:30 Everfit Exercises 10:00 The Daily Chronicle with Snacks 10:30 Holiday Sing Along Songs 1:00 Cookie Tasting with Abraham 2:30 Snack & Hydrate 3:00 Large Jigsaw Puzzles 5:30 Holiday Movie and Snacks	National Cookie Day 4 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Test Your Problem Solving Skills 2:00 Choose Your Own Adventure 2:30 Snack & Hydrate 3:00 Happy Hour with Tony Birtolo 5:30 Classic Card Games	World Soil Day 5 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Spot the Difference - YouTube 1:00 Loteria & Margaritas with Ericka 2:30 Snack & Hydrate 3:00 Christmas Wreaths w/ Carol 5:30 Let's Watch Holiday Movies	Miners' Day 6 9:00 Zen Music Meditation 9:00 The Daily Chronicle 9:30 Everfit Exercises 10:00 Music Appreciation - Instrumentals 10:30 Brain Teasers and Trivia 2:00 Group Coloring Art 2:30 Snack and Hydrate 3:00 Classic Card Games 4:00 Tree Lighting Ceremony	World Pear Day 7 9:00 Zen Music Meditation 9:30 Arts & Crafts Hour 9:45 Catholic Service 10:00 Snack & Hydrate 10:30 Chair Zumba Exercises 2:00 Candy Bingo 2:30 Snack & Hydrate 3:00 Nail Care with Carol 5:30 Classic Christmas Movies	
Toilet Paper Day 8 9:00 Joel Osteen on Channel 26 9:45 Catholic Mass at the Living Room 10:00 Snack & Hydrate 10:30 The Daily Chronicle 1:30 Holiday Karaoke with HS Staff 2:30 Snack & Hydrate 3:00 BINGO for Prizes 5:30 Netflix Weekender Series: LOCKE and KEY - Season Two	World Techno Day 9 9:00 Zen Music Meditation 9:30 The Daily Chronicle 10:30 Snack & Hydrate 10:30 Spot The Difference- YouTube 1:00 Steel Feathers Yoga with Gee 2:30 Snack & Hydrate 3:00 Brain Booster Trivia 5:00 Regular Football Season Games 5:30 Board Games	Nobel Prize Day 10 9:00 Zen Music Meditation 9:30 Scenic Drive - Out & About 9:30 Everfit Exercises 10:00 The Daily Chronicle with Snacks 10:30 Holiday Sing Along Songs 2:00 Book Read Aloud with Amina 2:30 Snack & Hydrate 3:00 Large Jigsaw Puzzles 5:30 Holiday Movie and Snacks	National Cocoa Day 11 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Test Your Problem Solving Skills 2:00 Choose Your Own Adventure 2:30 Snack & Hydrate 3:00 Happy Hour with Bobby Rumion 5:30 Classic Card Games	National Stretching Day 12 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Spot the Difference - YouTube 2:00 Afternoon Brain Boosters 2:30 Snack & Hydrate 3:00 Let's Make Pies with Amina 5:30 Let's Watch Holiday Movies	Gingerbread Man Day 13 9:00 Zen Music Meditation 9:00 The Daily Chronicle 9:30 Everfit Exercises 10:00 Music Appreciation - Instrumentals 10:30 Brain Teasers and Trivia 2:00 Group Coloring Art 2:30 Snack and Hydrate 3:00 Classic Card Games 5:30 Expoza Travel Hour & Snacks	Yoga Day 14 9:00 Zen Music Meditation 9:30 Arts & Crafts Hour 9:45 Catholic Service 10:00 Snack & Hydrate 10:30 Chair Zumba Exercises 2:00 Candy Bingo 2:30 Snack & Hydrate 3:00 Namaste and Simple Spa Hour 5:30 Classic Christmas Movies	
Bill of Rights Day 15 9:00 Joel Osteen on Channel 26 9:30 Catholic Mass at the Living Room 10:00 Snack & Hydrate 10:30 The Daily Chronicle 1:30 Holiday Karaoke with HS Staff 2:30 Snack & Hydrate 3:00 BINGO for Prizes 5:30 Netflix Weekender Series: LOCKE and KEY - Season Two	Zionism Day 16 9:00 Zen Music Meditation 9:30 The Daily Chronicle 10:30 Snack & Hydrate 10:30 Spot The Difference- YouTube 1:00 Steel Feathers Yoga with Gee 2:30 Snack & Hydrate 3:00 Brain Booster Trivia 5:00 Regular Football Season Games 5:30 Board Games	Clean Air Day 17 9:00 Zen Music Meditation 9:30 Scenic Drive - Out & About 9:30 Everfit Exercises 10:00 The Daily Chronicle with Snacks 10:30 Holiday Sing Along Songs 2:00 Book Read Aloud with Amina 2:30 Snack & Hydrate 3:00 Large Jigsaw Puzzles 5:30 Holiday Movie and Snacks	Give a Wine Day 18 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Test Your Problem Solving Skills 2:00 Conversation Cards with Monica 2:30 Snack & Hydrate 3:00 Happy Hour with Brenda Hebert 5:30 Classic Card Games	National Re-gifting Day 19 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Spot the Difference - YouTube 2:00 Afternoon Brain Boosters 2:30 Snack & Hydrate 3:00 Make Gingerbread House w/ Amina 5:30 Let's Watch Holiday Movies	Underdog Day 20 9:00 Zen Music Meditation 9:00 The Daily Chronicle 9:30 Everfit Exercises 10:00 Music Appreciation - Instrumentals 10:30 Brain Teasers and Trivia 2:00 Group Coloring Art 2:30 Snack and Hydrate 3:00 Classic Card Games 5:30 Expoza Travel Hour & Snacks	First Day of Winter 21 9:00 Zen Music Meditation 9:30 Arts & Crafts Hour 9:45 Catholic Service 10:00 Snack & Hydrate 10:30 Chair Zumba Exercises 2:00 Candy Bingo 2:30 Snack & Hydrate 3:00 Nail Care with Carol 5:30 Classic Christmas Movies	
Forefathers Day 22 9:00 Joel Osteen on Channel 26 9:30 Catholic Mass at the Living Room 10:00 Snack & Hydrate 10:30 The Daily Chronicle 1:30 Holiday Karaoke with HS Staff 2:30 Snack & Hydrate 3:00 BINGO for Prizes 5:30 Netflix Weekender Series: LOCKE and KEY - Season Two	Family Roots Day 23 9:00 Zen Music Meditation 9:30 The Daily Chronicle 10:30 Snack & Hydrate 10:30 Spot The Difference- YouTube 1:00 Steel Feathers Yoga with Gee 2:30 Snack & Hydrate 3:00 Brain Booster Trivia 5:00 Regular Football Season Games 5:30 Board Games	Christmas Eve 24 9:00 Zen Music Meditation 9:30 Scenic Drive - Out & About 9:30 Everfit Exercises 10:00 The Daily Chronicle with Snacks 10:30 Holiday Sing Along Songs 1:00 Book Read Aloud with Amina 2:30 Snack & Hydrate 3:00 Large Jigsaw Puzzles 5:30 Holiday Movie and Snacks	Merry Christmas 25 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 11:00 Annual Christmas Luncheon (DR) 2:00 Choose Your Own Adventure 2:30 Snack & Hydrate 3:00 Happy Hour with Mike Jones 5:30 Classic Card Games	Candy Cane Day 26 9:00 Zen Music Meditation 9:30 The Daily Chronicle 9:45 Everfit Exercises 10:00 Snack & Hydrate 10:30 Spot the Difference - YouTube 1:00 Afternoon Brain Boosters 2:30 Snack & Hydrate 3:00 Let's Make Brownies with Amina 5:30 Let's Watch Holiday Movies	Happy Birthday Sandy P! 27 9:00 Zen Music Meditation 9:00 The Daily Chronicle 9:30 Everfit Exercises 10:00 Music Appreciation - Instrumentals 10:30 Brain Teasers and Trivia 2:00 Group Coloring Art 2:30 Snack and Hydrate 3:00 Classic Card Games 5:30 Expoza Travel Hour & Snacks	National Chocolate Day 28 9:00 Zen Music Meditation 9:30 Arts & Crafts Hour 9:45 Catholic Service 10:00 Snack & Hydrate 10:30 Chair Zumba Exercises 2:00 Candy Bingo 2:30 Snack & Hydrate 3:00 Nail Care with Carol 5:30 Classic Christmas Movies	
Tick Tock Day 29 9:00 Joel Osteen on Channel 26 9:30 Catholic Mass at the Living Room 10:00 Snack & Hydrate 10:30 The Daily Chronicle 1:30 Karaoke Fun with HS Staff 2:30 Snack & Hydrate 3:00 BINGO for Prizes 5:30 Netflix Weekender Series: LOCKE and KEY - Season Two	Bacon Day 30 9:00 Zen Music Meditation 9:30 The Daily Chronicle 10:30 Snack & Hydrate 10:30 Spot The Difference- YouTube 1:00 Steel Feathers Yoga with Gee 2:30 Snack & Hydrate 3:00 Brain Booster Trivia 5:00 Regular Football Season Games 5:30 Board Games	New Year's Eve 31 9:00 Zen Music Meditation 9:30 Scenic Drive - Out & About 9:30 Everfit Exercises 10:00 The Daily Chronicle with Snacks 10:30 Holiday Sing Along Songs 1:00 Book Read Aloud with Amina 2:30 Snack & Hydrate 3:00 New Year's Eve Celebration w/ Tom 5:30 Holiday Movie and Snacks					

December 2024 Heritage Springs Memory Care Events

Activities are subject to change based on the interests and requests of our residents.