Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00AM Monthly Gazette (L) 10:00AM Music Hour (L) 11:00AM Social Hour (L) 1:30PM Church Service (DR) communion to follow 3:30PM Resident Led Wii Bowling (TV) 4:00PM Resident Led Billards (P) *Independent Activities Avaliable in the Pool Table Room*	10:00AM Westerns on TV (L) 2 11:00AM Ball Toss (L) 1:30PM Resident Puzzles (P) 2:00PM Resident Social Hour (L) 3:45PM Steel Feather Fitness & Yoga EXERCISE CLASS (DR) 5:00PM Resident Led Billards (P) *Independent Activities Avaliable in the Pool Table Room*	10:00AM Sweet Tea Express 11:00AM Music Hour (L) 1:30PM Snowman Sock Craft (CCR) 2:30PM Wii Bowling (TV) 3:00PM Bingo (CCR) 4:00PM Mad Libs (L) 5:00PM Movie Night (TV)	9:00AM Daily Chronicles (L) 4 11:00AM Cookies & Coffee (ccr) 2:00PM Wii Bowling (TV) 3:00PM Christmas Tree Decorating Party (L) 3:45PM Steel Feather Fitness & Yoga EXERCISE CLASS (DR) 5:00PM World's Toughest Train Rides: Vietnam (TV)	10:00AM Westerns (L) 11:15AM Aromatherapy (CCR) 1:30PM Music Hour (L) 2:00PM Community Art Project: Tree Coloring (CCR) 1:3:00PM Tech Help Thursday with Hope! (CCR) 5:00PM Resident Cards (CCR)	10:00AM Westerns on TV (L) 11:00AM Mad Libs (L) 2:00PM Farkle (CCR) 3:15PM Hot Cocoa Social (CCR) 4:00PM Activity Planning (CCR) 5:30PM Toss & Talk (L) 6:30PM "The Polar Express" (TV)	9:00AM Daily Chronicles (L) 7 10:00AM Toss & Talk (L) 11:00AM Bear Hotel Christmas Tour Outing! (MEET IN LOBBY) 2:30PM Bingo (CCR) 4:00PM Music Hour (L) 5:00PM Westerns on TV (L) 6:00PM Social Hour (L) Pearl Harbor Day of
9:00AM Daily Chronicles (L) 10:00AM Toss & Talk (L) 11:00AM Social Hour (L) 1:30PM Church Service (DR) communion to follow	Cyber Monday 10:00AM Westerns on TV (L) 9 11:00AM Toss & Talk (L) 1:30PM Resident Puzzles (P) 2:00PM Resident Social Hour (L) 3:45PM Steel Feather Fitness &	Homemade Giffs Day 9:00AM Daily Chronicles (L) 10 10:00AM Outing: Shopping & KFC 1:30PM Coffee Filter Snowflakes 2:00PM Chefs Chat with Jay (L) 2:20PM Categories (L)	Santa List Day 9:00AM Daily Chronicles (L) 11 10:00AM Westerns on TV (L) 11:00AM Bagels & Coffee (CCR) 11:30AM Lois Faro (DR) 2:00PM Bugs-R-Us (DR)	9:00AM Daily Chronicles (L) 12 10:00AM Water Coloring (CCR) 11:15AM Shut the Box (CCR) 2:00PM Gift Wrapping Session (CCR)	10:30AM Wii Bowling (TV) 11:00AM Mad Libs (L) 2:00PM-4:00PM	Remembrance 9:00AM Daily Chronicles (L) 14 10:00AM Toss & Talk (L) 11:00AM Sit and Be Flt! (TV) 2:00PM Bingo (CCR) 4:00PM December Painting (CCR)
! 3:00PM Darcy's Friends and Family Caroling! (DR) *Independent Activities Avaliable in the Pool Table Room* Candy Man Day	Yoga EXERCISE CLASS (DR) 5:00PM Resident Led Billards (P) *Independent Activities Avaliable in the Pool Table Room* National Llama Day	3:00PM Bingo (CCR) 4:00PM Music Hour (L) 5:00PM "The Secrets of Your Gut" Netflix Documentary (TV) Nobel Prize Day	2:00PM Aspire Presentation CCR 3:30PM Wii Bowling (TV) 3:45PM Steel Feather Fitness & Yoga EXERCISE CLASS (DR) National Have a Bagel Day	<u>I</u> 3:00PM Tech Help Thursday w/ <u>Hope!</u> (CCR) 5:00PM World's Toughest Train Rides: Siberia Documentary (TV)	PARTY! (CCR) 5:30PM Toss & Talk (L) 6:30PM "Home Alone" (TV) Friday the 13th	5:00PM Resident Dominos (CCR) 6:00PM Social Hour (L) A Jackson Five Day
9:00AM Daily Chronicles (L) 15 10:00AM Toss & Talk (L) 11:00AM Social Hour (L) 1:30PM Church Service (DR) communion to follow 3:30PM Resident Led Wii Bowling (TV) 4:00PM Resident Led Billards (P) *Independent Activities Avaliable in the Pool Table Room*	10:00AM Westerns on TV (L) 16 11:00AM Toss & Talk (L) 1:30PM Resident Puzzles (P) 2:00PM Mexican Train with Anessa (CCR) 3:45PM Steel Feather Fitness & Yoga EXERCISE CLASS (DR) 5:00PM Resident Cards (CCR) *Independent Activities Avaliable in the Pool Table Room*	,	9:00AM Daily Chronicles (L) 18 ! 11:00AM Redwood Elementary School Student Visit! (L) 1:30PM Cookies & Milk (CCR) 2:00PM Wii Bowling (TV) ! 3:00PM Celtic Christmas Harp Duo Performance (DR) 5:00PM World's Toughest Train Rides: Bolivia Documentary (TV)	,	9:00AM Daily Chronicles (L) 20 10:00AM Westerns on TV (L) 11:00AM Mad Libs (L) 2:00PM Town Hall w/ Amy (CCR) 3:30PM Christmas Cookie Baking and Decorating (CCR)	9:00AM Daily Chronicles (L) 21 10:00AM Toss & Talk (L) 11:00AM Farkle at (SM) 1:30PM Sit&Stretch w/Hope (TV) 2:00PM Bingo (CCR) 4:00PM Craft Hour (CCR) 6:00PM Social Hour (L)
9:00AM Daily Chronicles (L) 22		Talk with a British Accent Day 9:00AM Daily Chronicles (L) 24 10:30AM Christmas Music Hour	Baking Cookies Day 9:00AM Daily Chronicles (L) 25 10:00AM Secret Santa Gifts (L)		9:00AM Daily Chronicles (L) 27 10:00AM Westerns on TV (L)	9:00AM Daily Chronicles (L) 28 10:00AM Toss & Talk (L)
10:00AM Toss & Talk (L) 11:00AM Social Hour (L) 1:30PM Church Service (DR) communion to follow 3:30PM Resident Led Wii Bowling (TV) 4:00PM Resident Led Billards (P) *Independent Activities Avaliable in the Pool Table Room*	11:00AM Toss & Talk (L) 1:30PM Resident Puzzles (P) 2:00PM Resident Social Hour (L) 3:30PM Resident Led Wii Bowling (TV) 5:00PM Resident Led Billards (P) *Independent Activities Avaliable in the Pool Table Room*	11:00AM Shut The Box (CCR) 1:30PM Resident Social Hour L 2:00PM Holiday Wii Bowling Tournament SPRING MEADOWS 4:00PM Farkle (CCR) 5:00PM Christmas Movie (TV)	1:30PM Christmas Music Hour 2:00PM Christmas Bingo with Prizes (CCR) 3:30PM Christmas Movie with Hot Cocoa and Cookies (TV) 6:00PM Social Hour (L)	10:00AM Water Coloring (CCR) 11:00AM Sit&Stretch w/Hope (TV) 2:00PM Candy Cane Games! (CCR) 1:00AM Sit&Stretch w/Hope (TV) 2:00PM Candy Cane I Since Help Thursday I Since Hel	11:00AM Mad Libs (L) 2:00PM Wii Bowling (TV) 3:30PM Farkle (CCR) 5:30PM Toss & Talk (L)	11:00AM Foss & Talk (L) 11:00AM Sit and Be Flt! (TV) 1:30PM Billards (P) 2:00PM Bingo (CCR) 4:00PM Card Games (CCR) 6:00PM Social Hour (L)
Forefathers' Day 9:00AM Daily Chronicles (L) 29 10:00AM Toss & Talk (L) 11:00AM Social Hour (L)	National Roots Day 10:00AM Westerns (L) 11:00AM Toss & Talk (L) 1:30PM Resident Puzzles (P)	9:00AM Daily Chronicles (L) 31 11:30AM Noon Years Eve Party! (L) 2:00PM Bingo (L)	Christmas	National Candy Cane Day	Make Cut-Out Snowflakes Day 1	Card Playing Day

1:30PM Church Service-(DR) communion to follow 3:30PM Resident Led Wii Bowling (TV) 4:00PM Resident Led Billards (P) *Independent Activities Avaliable in the Pool

Table Room* Read a New Book Day

2:00PM Resident Social Hour (L) 3:30PM Resident Led Wii Bowling (TV) 5:00PM Resident Cards (CCR)

Independent Activities Avaliable in the Pool Table Room

Have a Cup of Coffee Day

3:30PM Mad Libs (L) 5:00PM Movie (TV)

KEY:

CCR: Coca Cola Room DR: Dining Room L: Lobby !: New Activity TV: Tv Room P: Pool Table New Year's Eve

"Cascades December 2024
of Grants Pass

*All activities subject to change and/or cancel *Any Community activities will be canceled if there is less than 4 attending* *Please check the Life Enrichment Binder in the Lobby for Sign-up list*