



4550 W. Amazon Dr.
Eugene, OR 97405
(541) 345-9668

December 2024

Doctor transport:
Tuesday: noon to 4pm &
Thursday: 8am to noon

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 Morning Walk, Self-Led 1 10:00 Craft: Christmas Centerpieces 1:30 Xmas Shopping: World Market 4:00 Caroling Practice 6:00 Documentary: <i>Tolkien and Lewis: Myth, Imagination and the Quest for Meaning</i> (AP)	9:30 Morning Stretch 2 10:30 Shopping: Bi-Mart 2:30 Activity Planning for January 4:00 New Resident Meet & Greet 6:00 Game: Residents' Choice Richards's Birthday	9:30 Chair Dance Fun 3 10:30 Bunco 2:00 Resident Led Help Your Neighbor 4:00 Yarn Arts 6:00 Movie: <i>A Christmas Carol</i> (AP)	9:30 Exercise w/Johonna from Steel Feathers 4 11:00 Active Aging Presentation 2:00 Gus Russell on Piano 3:30 Caroling Practice 6:00 Resident Card Game	10:30 Resident Led Dominoes 5 1:00 Afternoon Stretch 2:00 Play Bingo & Have Fun w/Willamette Valley Resource & Referrals 4:30 Happy ½ Hour 6:00 Series Night: <i>Dark Winds</i> (NF)(S2E6)	9:30 Exercise w/Kristy 6 10:30 Discussion: Religions Around the World 2:00 Holiday Trivia 3:00 Texas Hold 'Em 4:00 Mingle in the Lobby 6:00 TV Time, Caregivers Choice	9:30 Chair Fitness 7 w/Paul Eugene on YouTube 10:30 Morning Walk, Self-Led 11:00 Spiritual Services on YouTube Afternoon Self Led Activities 6:00 Game: Residents' Choice
9:00 Morning Walk, Self-Led 8 10:00 Craft: Christmas Bracelets 2:00 Dance with Pani 4:00 Hangman 6:00 Documentary: <i>The Return of the King: The Fall and Rise of Elvis Presley</i> (NF)	9:30 Morning Stretch 9 10:00 Shopping: Trader Joe's 2:00 Harold & Annette Perform 4:00 Bingo 6:00 Christmas Lights Drive	9:30 Chair Dance Fun 10 10:30 Cookie Decorating 1:30 20 Questions 2:30 Quiddler w/Kristy 4:00 Social Coloring 6:00 Movie: <i>A Christmas Story</i> (AP)	9:30 Exercise w/Rita 11 10:30 Coffee Social 11:00 Group Chat: Coping Needs & Skills 2:00 Vocalist Sara Scofield 3:30 Caroling Practice 6:00 Resident Card Game	10:30 Resident Led Scrabble 12 1:00 Afternoon Stretch 2:00 DIY Nail Spa 4:30 Happy ½ Hour 6:00 Series Night: New: <i>Man on the Inside</i> (NF)(S1E1)	9:30 Exercise w/Kristy 13 10:30 Make an Ornament 2:00 Balloon Swat 3:00 Texas Hold 'Em 4:00 Browse the Library 6:00 TV Time, Caregivers Choice	9:30 Chair Fitness 14 w/Paul Eugene on YouTube 10:30 Morning Walk, Self-Led 11:00 Spiritual Services on YouTube Afternoon Self Led Activities 6:00 Game: Residents' Choice
9:00 Morning Walk, Self-Led 15 10:00 Craft: Sugar Scrub 11:30 Lunch Outing: PF Chang's 4:00 Toss & Talk 6:00 Documentary: <i>Quincy</i> (NF) JoAnn's Birthday	9:30 Morning Stretch 16 9:45 Christmas Shopping: TJ Maxx 2:00 Sing Along w/the Bad Manors 3:30 Stories of Christmas 6:00 Christmas Lights Drive	9:30 Chair Dance Fun 17 10:30 New Game: Marshmallow Stack 1:30 Craft: Cinnamon Candle Holder 2:30 Bingo 4:00 Yarn Arts 7:00 Eugene Gleemen	9:30 Exercise w/Johonna from Steel Feathers 18 10:30 Students Visit from Edgewood Elementary School 2:00 Nathalie & Kara, Piano & Violin 3:30 Caroling Practice 6:00 Resident Card Game	10:30 Resident Led Card Game 19 1:00 Afternoon Stretch 2:00 Timothy Patrick on Guitar 4:30-7pm Celebration of Christmas Wine, Food and Music	9:30 Exercise w/Kristy 20 10:30 Paint a Christmas Tree 2:00 Discussion: Life Changing Moments 3:00 Texas Hold 'Em 4:00 Mingle in the Lobby 6:00 TV Time, Caregivers Choice	9:30 Chair Fitness 21 w/Paul Eugene on YouTube 10:30 Morning Walk, Self-Led 11:00 Spiritual Services on YouTube Afternoon Self Led Activities 6:00 Game: Residents' Choice Lloyddean's Birthday
9:00 Morning Walk, Self-Led 22 10:00 Social Coloring 2:00 Game: Marshmallow Stack 4:00 Writing Prompts 6:00 Documentary: <i>Martha</i> (NF)	9:30 Morning Stretch 23 10:15 Shopping: Walmart 2:00 Craft: Create a Perpetual Calendar 4:00 Bingo 6:00 Game: Residents' Choice Don H.'s Birthday	9:30 Chair Dance Fun 24 10:30 Slang Words & Phrases of the Past 1:30 Charades 2:30 Discussion: Christmas Around the World 4:00 Caroling through the Halls 6:00 Movie: <i>White Christmas</i> (AP)	🎄 Merry Christmas 🎄 25 11:00 Exercise on YouTube Self-Led afternoon Activities 4:30 Socializing in the Lobby 6:00 Movie: <i>It's a Wonderful Life</i> (AP) 🕎 Happy Hannukah 🕎	10:30 Resident Led Dominoes 26 1:00 Afternoon Stretch 2:00 Phase 10 4:30 Happy ½ Hour 6:00 Series Night: <i>Man on the Inside</i> (NF)(S1E2)	9:30 Exercise w/Kristy 27 10:30 Quiddler w/Kristy 2:00 Craft: Beaded Bookmark 3:00 Texas Hold 'Em 4:00 Work on the Puzzle 6:00 TV Time, Caregivers Choice	9:30 Chair Fitness 28 w/Paul Eugene on YouTube 10:30 Morning Walk, Self-Led 11:00 Spiritual Services on YouTube Afternoon Self Led Activities 6:00 Game: Residents' Choice
9:00 Morning Walk, Self-Led 29 10:00 Create a Zentangle 2:00 Holiday Tea 4:00 FETCH Therapy Dogs 6:00 Documentary: <i>Secrets of the Neanderthals</i> (NF)	9:30 Morning Stretch 30 10:15 Shopping: Safeway 2:00 Resident Council 3:30 December Birthdays Cake 6:00 Game: Residents' Choice	9:30 Chair Dance Fun 31 10:30 Dominoes w/Kristy 1:30 Resident Food Council 3:00 New Years Eve Party! 6:00 Movie: <i>Holiday</i> (AP)	<div data-bbox="1541 1600 2856 1766" data-label="Text"> <p>Please remember, all bus outings require sign-up in advance! Activities are hosted in the lounge unless otherwise indicated. Every effort is made to fulfill all calendar events; however, activities could be subject to change.</p> </div>			

Movie descriptions will be listed on the daily schedule posted at front desk.