

December 2024

Cascades of Bremerton

Ashley Gardens ❄️ The Cottage ❄️ The Willows



Postage



PEACE ON EARTH,
GOODWILL TO ALL HUMANKIND.

Happy Birthday!

Kathy B.	Doreen L.	Betty T.
Jane G.	Geraldine P.	
Chris K.	Joann R.	
Helen S.	Clinton S.	
Donald S.	Robert T.	
Susan W.	William W.	

Mariah Davis
Executive Director
mariahd@cascadeliving.com

Associate Executive Director
Nichole Vaughn
nicholev@cascadeliving.com

Wellness Director
Khashmir Schuster
khashmirs@cascadeliving.com

Resident Care Coordinator
Dee Wilhite-Mitchell
deewm@cascadeliving.com

Environmental Services Director
Josie Jackson
josiej@cascadeliving.com

Business Office Manager
Stacey Atkins
staceya@cascadeliving.com

Director of Sales & Marketing
Lisa Marshall
lisam@cascadeliving.com

Community Relations Director
Lois Jasmer
Loisj@cascadeliving.com

Fitness & Life Enrichment Director
Willows
Colleen Clotfelter
colleenc@cascadeliving.com

Life Enrichment Director
The Cottage
Janet Presley
janetp@cascadeliving.com

Life Enrichment Director
Ashley Gardens
Wendy Rothwell
wendyr@cascadeliving.com

Dining Services Director
Gulsidel Velazquez Ayala
gulsidelv@cascadeliving.com



Good Friends Make Good Neighbors Program

From our elegantly appointed interior and beautifully maintained grounds to the exceptional healthcare programs and services provided by our professional staff, residents who introduce Cascade Living Group's Living Well philosophy to their friends or family members could receive credit(s) applied toward their rent.

How It Works

When a resident or family member refers a new potential resident* to a Cascade Living Group community and that person moves in for at least 90 days, the referring resident will receive a \$4,000 credit applied to their base rent.

**In order to qualify as a new potential resident, the person being referred must not already be on our contact list. To make a referral and to ensure you receive proper credit for making the introduction, please provide your name and the name of your friend or family member to our Executive Director or Director of Sales and Marketing prior to the inquiry or tour.*



For more information, please call
360-479-8522
3231 Pine Road NE | Bremerton, WA 98310
www.CascadesOfBremerton.com

RETIREMENT LIVING | ASSISTED LIVING | MEMORY CARE





Santa clause is coming to town!

Get you picture taken with Santa at the Willows on December 12th at 1:30.

Santa will make an appearance at the Cottage on December 19th at 2:30 .

Ashely Gardens will be seeing him on December 19th at 1:00.



Our new Community Relations Director Lois Jasmer Washington comes to us with years of experience in the Senior Living Industry. She has spent most of those 18 years as a Sales and Marketing Manager in several Communities in the Seattle and Kitsap Areas. She has spent several of those years as a Senior Advisor for a private company helping seniors find the right fit for their individual needs.

She is married and lives local with adult children and grandchildren here in the Silverdale/Bremerton area. She has a sweet little French Bulldog Reba and loves to hike, paint, craft and knit.

Local girl scout troop brings joy to our Ashley Garden's Residents.

They had a great afternoon of doing crafts, storytelling and shared some delicious cookies.



Are You Ready for the Holidays?

Let us help you navigate the upcoming holiday season...

- Do you have difficulty safely getting in and out of your family's car?
- Are there stairs at your family's home?
- Are you worried about having enough energy to spend the day with family?
- Do you have difficulty getting in and out of chairs at the restaurant?
- Do you have trouble safely getting into the bathroom or bedroom at your family's house?
- Are you worried about falling when you go out with family?
- Are you worried about planning and executing travel by car/bus/plane?
- Are you worried about planning shopping preparing or eating a holiday meal?
- Do you want to use technology to be able to visit with your long-distance relatives during the holiday?

If you answered YES to any of these questions, come talk to your in-house therapists to see how we can help!

HealthPro Heritage Therapy

Located in The Willows, 1st Floor

(360)284-2335



All Residents From the Willows and their guests are invited to our Holiday Brunch on December 15th.

Seating times are

11:30/12:30/1:30

Please reserve your seating time and number of guests by December 11th at the front desk. (\$15.00 per guest)

Ashley Garden will have their brunch at 11:30 and the Cottage will be 11:30 and 12:30.

Please RSVP to Concierges.

Happy New Year!

The Willows will be ringing in the New Year New York time! There will be games and door prizes so be sure to dress festive and come join us. Marty will be here for our music and dancing. Party will be in the Dining room from 7:00 to 9:00.

Transportation and Activities during inclement weather at The Willows, The Cottage, & AGB.



During the inclement weather we will be following the bus schedule for Central and Bremerton school districts. If schools are closed, we will not be transporting residents for shopping or doctor runs. This is due to the safety of our residents and staff. If the schools are running two hours late, it will be at the discretion of the driver and Life Enrichment Director whether the bus will be transporting Residents for activities and Doctor runs. We will do our best to make up shopping trips if they are cancelled. If you have any questions, please contact Life Enrichment. Thanks for supporting us in our winter months.

Thanks for your understanding and cooperation.

From the Life Enrichment Team.



The Cottage had a lot of fun with our 4th and 5th grade friends from Armin Jahr elementary school.

Teacher Emily Peters is Absolutely Amazing, she brings all the supplies for the crafts.

We are looking forward to our friends coming in December.

