

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2024

Regency Park Assisted Living

<p>All day Independent Activities available downstairs word pages, color pages, board games 9:00 Video Church Service (T) 10:00 Video Exercise (T) 1:00 Documentary (T) 3:00 Causal Viewing (T) 6:00 Residents Choice Movie (T)</p> <p style="text-align: right;">3</p>	<p>9:40 Guide to Meditation (T) 10:15 Morning Movement (A) 10:40 Daily Chronicle (A) 11:00 Banana Grams (A) 1:30 BINGO (A) 2:30 Afternoon Refresh (A) 3:00 Uno Card Game (A) 4:00 Happy ½ Hour (B) 6:00 Evening Movie (T)</p> <p style="text-align: right;">4</p>	<p>9:40 Guide to Mediation (T) 10:15 Let's Get Movin (A) 10:40 Daily Chronicle (A) 11:00 Lucky Dog Card Game (A) 11:00 Catholic Communion (P) 1:30 Bean Bag Toss (A) 2:30 Pumpkin Pie Social (A) 3:00 Ping Pong Toss (A) 4:00 Color Creations (A) 6:00 Movie & Popcorn (T)</p> <p style="text-align: right;">5</p>	<p>9:40 Guide to Mediation (T) 10:15 Weighted Workout (A) 10:40 Daily Chronicle (T) 11:00 Trivia (T) 1:30 Bocce Ball (T) 2:30 Recharge & Hydrate (A) 3:00 Armchair Travel (T) 4:00 Wine Down Wednesday (B) 6:00 Residents Choice Movie (T)</p> <p style="text-align: right;">6</p>	<p>9:40 Guide to Mediation (T) 10:15 Morning Movement (A) 10:40 Daily Chronicle (A) 11:00 Name 10 (T) 1:20 Live concert by Catlin Gables Note Worthy Connections group 2:30 Shoot'em Up (A) 3:30 Afternoon Refresh (A) 4:00 Art Club with Catlin Gable (A) 6:00 Evening Movie (T)</p> <p style="text-align: right;">7</p>	<p>9:40 News and Coffee (B) 10:15 Sit & Be Fit (A) 10:40 Daily Chronicle (A) 11:00 Banana Grams (A) 1:30 BINGO (A) 2:30 Afternoon Refresh (A) 3:00 Lucky Dog (A) 6:00 Eve Movie (T)</p> <p style="text-align: center;">Diwali (Hindu)</p> <p style="text-align: right;">1</p>	<p>All day Independent Activities available downstairs (A) word pages, color pages, board games 10:00 Video Exercise (T) 12:30 Ducks V Michigan (T) 1:00 Matinee Movie (B) 6:00 Eve Movie (T)</p> <p style="text-align: right;">2</p>
<p>All day Independent Activities available downstairs word pages, color pages, board games 9:00 Video Church Service (T) 10:00 Video Exercise (T) 1:00 Documentary (T) 3:00 Causal Viewing (T) 6:00 Residents Choice Movie (T)</p> <p style="text-align: right;">10</p> <p style="text-align: left; font-size: small;">Daylight Saving Time Ends</p>	<p>9:40 The Mind Explained (T) 10:15 Morning Movement (A) 10:40 Daily Chronicle (T) 11:00 Classic Music with Terry (T) 1:30 BINGO (A) 2:30 Chefs Chat with Robert (T) 3:00 Uno Card Game (A) 4:00 Happy ½ Hour (B) 6:00 Evening Movie (T) <small>Veterans Day Remembrance Day (Canada)</small></p> <p style="text-align: right;">11</p>	<p>9:40 The Mind Explained (T) 10:15 Let's Get Movin (A) 10:40 Daily Chronicle (T) 11:00 LRC Dice Game (A) 11:00 Catholic Communion (P) 1:30 Bean Bag Toss (A) 2:30 Hot Apple Cider Social 3:00 Ping Pong Toss (A) 4:00 Color Creations (A) 6:00 Movie & Popcorn (T)</p> <p style="text-align: right;">12</p>	<p>9:40 The Mind Explained (T) 10:15 Weighted Workout (A) 10:40 Daily Chronicle (A) 11:00 Trivia (T) 1:30 Bocce Ball (T) 2:30 Recharge & Hydrate (A) 3:00 Armchair Travel (T) 4:00 Wine Down Wednesday (B) 6:00 Residents Choice Movie (T)</p> <p style="text-align: right;">13</p>	<p>9:40 The Mind Explained (T) 10:15 Morning Movement (A) 10:40 Daily Chronicle (A) 11:00 Hand Pampering (A) 1:30 Uno Card Game (A) 2:00 Piano by Bill Beach (B) 3:00 Shoot'em Up (A) 4:00 Art Club with Catlin Gable (A) 6:00 Evening Movie (T)</p> <p style="text-align: right;">14</p>	<p>9:40 The Mind Explained (T) 10:15 Sit & Be Fit (A) 10:40 Daily Chronicle (A) 11:00 Mystery Word (T) 1:30 BINGO (A) 2:30 Recharge & Hydrate (A) 3:00 Last One Standing (A) 4:00 Happy ½ Hour (B) 6:00 Eve Movie (T)</p> <p style="text-align: right;">15</p>	<p>9:40 Guide to Mediation (T) 10:15 Let's Get Movin (A) 11:00 LRC Dice Game (A) 1:30 Bocce Ball (T) 2:30 Art Expressions (A)) 3:00 Dominos (A) 4:00 Art Expressions (A) 4:00 Ducks VS Maryland (T) 6:00 Movie & Popcorn (T)</p> <p style="text-align: right;">9</p>
<p>All day Independent Activities available downstairs word pages, color pages, board games 9:00 Video Church Service (T) 10:00 Video Exercise (T) 1:00 Documentary (T) 3:00 Causal Viewing (T) 6:00 Residents Choice Movie (T)</p> <p style="text-align: right;">17</p>	<p>9:40 Guide to Meditation (T) 10:15 Morning Movement (A) 10:40 Daily Chronicle (A) 11:00 Banana Grams (A) 1:30 BINGO (A) 2:30 Afternoon Refresh (A) 3:00 Uno Card Game (A) 4:00 Happy ½ Hour (B) 6:00 Evening Movie (T)</p> <p style="text-align: right;">18</p>	<p>9:40 Guide to Mediation (T) 10:15 Let's Get Movin (A) 10:40 Daily Chronicle (T) 11:00 Lucky Dog Card Game (A) 11:00 Catholic Communion (P) 1:30 Clarinet Duet by BCB (B) 2:30 Donut Social (A) 3:00 Ping Pong Toss (A) 4:00 Color Creations (A) 6:00 Movie & Popcorn (T)</p> <p style="text-align: right;">19</p>	<p>9:40 Guide to Mediation (T) 10:15 Weighted Workout (A) 10:40 Daily Chronicle (A) 11:00 Trivia (T) 1:30 Bocce Ball (T) 2:30 Recharge & Hydrate (A)) 3:00 Armchair Travel (T) 4:00 Wine Down Wednesday (B) 6:00 Residents Choice Movie (T)</p> <p style="text-align: right;">20</p>	<p>9:40 Guide to Mediation (T) 10:15 Morning Movement (A) 10:40 Daily Chronicle (A) 11:00 Top 5 Guessing Game (T) 1:30 Uno Card Game (A) 3:00 Music We Remember (A) 4:00 Art Club with Catlin Gable (A) 4:30 Family Thanksgiving Dinner 6:00 Evening Movie (T)</p> <p style="text-align: right;">21</p>	<p>9:40 Guide to Mediation (T) 10:15 Sit & Be Fit (A) 10:40 Daily Chronicle (A) 11:00 Mystery Word (T) 1:30 BINGO (A) 2:30 Donut Social (A) 3:00 Last One Standing (A) 4:00 Happy ½ Hour (B) 6:00 Eve Movie (T)</p> <p style="text-align: right;">22</p>	<p>9:40 Guide to Mediation (T) 10:15 Let's Get Movin (A) 11:00 LRC Dice Game (A) 1:30 Bocce Ball (T) 2:30 Afternoon Refresh (A) 3:00 Dominos (A) 4:00 Art Expressions (A) 6:00 Movie & Popcorn (T)</p> <p style="text-align: right;">23</p>
<p>All day Independent Activities available downstairs word pages, color pages, board games 9:00 Video Church Service (T) 10:00 Video Exercise (T) 1:00 Documentary (T) 3:00 Causal Viewing (T) 6:00 Residents Choice Movie (T)</p> <p style="text-align: right;">24</p>	<p>9:40 The Mind Explained (T) 10:15 Morning Movement (A) 10:40 Daily Chronicle (A) 11:00 Art Therapy with Joyce (T) 1:30 BINGO (A) 2:30 Afternoon Refresh (A) 3:00 Uno Card Game (A) 4:00 Happy ½ Hour (B) 6:00 Evening Movie (T)</p> <p style="text-align: right;">25</p>	<p>9:40 The Mind Explained (T) 10:15 Let's Get Movin (A) 10:40 Daily Chronicle (T) 11:00 LRC Dice Game (A) 11:00 Catholic Communion (P) 1:30 Bean Bag Toss (A) 2:30 Hot Chocolate Social 3:00 Ping Pong Toss (A) 4:00 Color Creations (A) 6:00 Movie & Popcorn (T)</p> <p style="text-align: right;">26</p>	<p>9:40 The Mind Explained (T) 10:15 Weighted Workout (A) 10:40 Daily Chronicle (A) 11:00 Resident Council Meeting (T) 1:30 Bocce Ball (T) 2:30 Recharge & Hydrate (A) 3:00 Fiddle-N-Fun with Jon (T) 4:00 Wine Down Wednesday (B) 6:00 Residents Choice Movie (T)</p> <p style="text-align: right;">27</p>	<p>8:30 Thanksgiving Day Parade 9:40 Guide to Mediation (T) 10:15 Morning Movement (A) 10:40 Daily Chronicle (A) 11:00 Hand Pampering (A) 1:30 Uno Card Game (A) 2:30 Afternoon Refresh (A) 3:00 Shoot'em Up (A) 6:00 Evening Movie (T)</p> <p style="text-align: right;">28</p> <p style="text-align: left; font-size: small;">Thanksgiving Day</p>	<p>9:40 The Mind Explained (T) 10:15 Sit & Be Fit (A) 10:40 Daily Chronicle (A) 11:00 Mystery Word (T) 1:30 BINGO (A) 2:30 Recharge & Hydrate (A) 3:00 Last One Standing (A) 4:00 Happy ½ Hour (B) 6:00 Eve Movie (T)</p> <p style="text-align: right;">29</p>	<p>9:40 The Mind Explained (T) 10:15 Let's Get Movin (A) 11:00 Lucky Dog Card Game (A) 1:30 Bocce Ball (T) 2:30 Afternoon Refresh (A) 3:00 Dominos (A) 4:00 Art Expressions (A) TBD Ducks VS Washington (T) 6:00 Movie & Popcorn (T)</p> <p style="text-align: right;">30</p>

Activities are subject to change