

CASCADES OF STAYTON

2201 N. 3RD AVE. STAYTON, OR. PH. 503-769-3200

NOVEMBER

2024

HAPPY BIRTHDAY

Happy Birthday to you, Happy Birthday to you, Happy Birthday dear.....

Erin M. November 4th

Claud M. November 24th

Happy Birthday to you.

From all of us at Cascades of Stayton.

LAST TUESDAY OF THE MONTH

The last Tuesday of the month is our Cascades of Stayton Town Hall Meeting. with Alma, our Executive Director. Everyone is welcome to come. This is a great way to keep up on all the current events of our community.

RESIDENTS OF THE MONTH

November Resident of the Month is Nancy Felton. You may see Nancy and Trixie Ann in the front lobby. Nancy has a smile on her face, and quick to tell everyone "Hello."

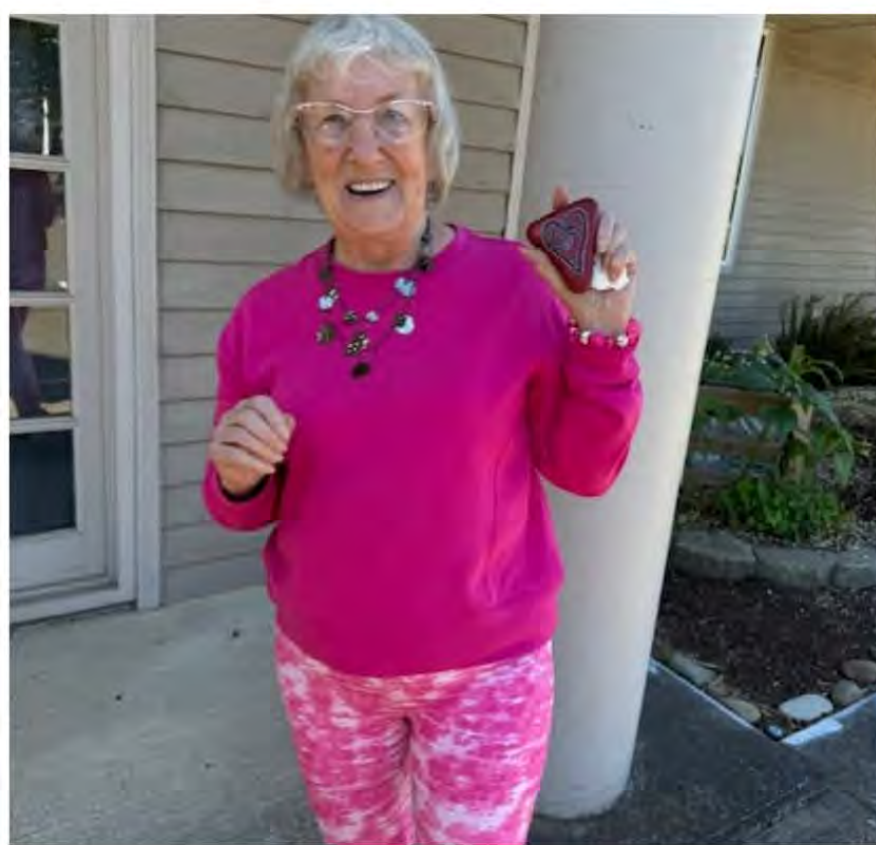
Nancy always has something encouraging to say to people. Congratulations Nancy for being our resident of the month.

BUS TRIPS

In the coming months will be many outings. Please if you are interested in going, you will need to be signed up to go. Sign up list is at the Front Desk.



MORE ABOUT US



ROCK PAINTING

Update on rock painting....

The Cascades of Stayton bus went to the Stayton Public Library, to hide some of the rocks, that residents have painted. Here is Penny getting ready to hide a rock. You Rock Penny!

Coming in December

Cascades bus will be going out in the evenings to look at Christmas Lights. In our local area. Watch for flyers on the wall by the calendar.

LET'S TALK
MONDAY'S AT 3PM
IN THE FRONT LOBBY

LEADERSHIP TEAM

Alma Quesada - Executive Director

Piper Freres - Business Office

George Curtis III - Maintenance Director

Kara Childress - Life Enrichment Director

Carrie Derrick - Licensed Nurse

Lets Zumba

Every Wednesday at 2:30pm in the Dining Room.

Low impact exercise to great music. With the Fall and Winter coming this is a great way to keep moving.

CRAFT TIME

This is a great time to come and share your talents or learn a new one. The residents that are gathering now are making some beautiful paintings.