

Sierra Del Sol Senior Living
8151 E. Speedway Blvd.
Tucson, AZ 85711

Postage
Information

October 2024

Sierra Times

Sierra Del Sol Senior Living- 8151 East Speedway Blvd, Tucson AZ 85710



Celebrating October

Welcome to October Day October 1st

World Smile Day October 4th

Frost on the Pumpkin Day October 7th

I Pledge Allegiance Day October 12th

Bosses Day October 16th

Make A Dog's Day October 22nd

Gunfight at the O.K Corral October 26th

National Pumpkin Day October 26th

National Cat Day October 29th

Jack-o'-Lantern Day October 30th

Halloween October 31st

Good Friends Make Good Neighbors

Do you have a friend who
is looking to make a move
into a community?
When you or your family
members refer someone
to move into the
community, you will
receive a rent credit for
\$4000 after they have lived
with us for 90 days.

Meet Our Team

**Laure
O-Mendenhall**
Executive Director

Deb Rossi
Director of Sales &
Marketing

Anne Connell
Community Relation
Director

Keelani Duffey
Wellness Director

Madison Faulkner
Wellness Director

Arine Boschian
Dining Services Director

Maryanna Rodriguez
Life Enrichment Director

Leony Henson
Business Office Manager

Aaron Brady
Plant Operations Director

Laure Letter – October 2024

This month is not just about the beauty of fall; it's also an opportunity for reflection, gratitude, and connection. We have the most amazing community, probably the best in Tucson!

Celebrating Community

Mark it down on your calendars – on October 24th, we will be hosting our second annual Fall Festival. Look forward to vendors, games, food and petting zoo. Don't forget to invite your families and friends.

Health and Wellness Focus

We know that it is now Fall – please remember that it is still HOT HOT HOT here in Tucson. Please stay hydrated!

Giving Back

We will be starting our Southern Arizona Food drive again in October. Please encourage family and friends to bring canned goods in to help those in need. We will have the Food Drive box in the lobby from October through the end of the year!

Stay Connected

As always, we value your feedback and ideas. Please don't hesitate to reach out with suggestions for activities or services that can enhance our community. Your voice is essential in creating a vibrant and inclusive environment for everyone. In other words, attend the monthly Food Committee meeting and Activities meetings to give your input.

Wishing you a month filled with joy, connection, and the beauty of autumn.

Warm regards,

Laure Mendenhall
Executive Director




Sometimes, All You Need is Good Company!!



Another Beautiful Picnic for The Lodge in Mt. Lemmon



OCTOBER EMPLOYEE OF THE MONTH



Malette Beauguard!
 This month, we are proud to recognize Malette as our Employee of the Month! She has been a dedicated member of the SDS team for over a year now, consistently going above and beyond in her role. Her hard work, positive attitude, and commitment to excellence make her an invaluable part of our team. Thank you, Malette, for all that you do!



We Always Enjoy Discovering New Restaurants!

WELCOME HOME!

STAN S.
 JOHN H.
 JOHN B.
 SHIRLEY F.
 JIM M.
 ORLAND H. & DONNA H.

Happy Birthday

Resident Birthdays	Staff Birthdays
Oct. 12 Teresa E.	Oct. 18 Haifaa M.
Oct. 13 Jewell L.	Oct. 27 Kathy R.
Oct. 13 Charlotte R.	Oct. 30 Nathalie L.
Oct. 17 Richard B.	Oct. 30 Jay Y.
Oct. 18 Joyce S.	
Oct. 23 Jo P.	
Oct. 26 Jerry H.	
Oct. 31 Don M.	

It's Time for Some Social Fun!

- 10/3 Drunken Pumpkin Cocktails
- 10/5 Which is Your favorite Mini Pie?
- 10/10 Apples & Caramel
- 10/17 Pumpkin Smoothies
- 10/19 What's Your Favorite Caramel Popcorn Brand?
- 10/31 Monster Mash Punch Music Hour w/ Hocus Pocus Punch

Where Are We Going in October?

- 10/1 BREAKFAST AT JERRY BOB'S
- 10/6 & 10/20 SUNDAY SCENIC BUS RIDE
- 10/9 FRY'S & DOLLAR STORE
- 10/8 HOBBY LOBBY & SPIRIT HALLOWEEN STORE
- 10/15 BRINGING OUT THE BEST THRIFT STORE
- 10/17 TRADER JOE'S
- 10/22 A WALK TO MESQUITE VALLEY GROWERS
- 10/29 THE GREAT GARDEN EXPRESS AT THE BOTANIC GARDENS
- 10/31 WALMART

Every Tuesday & Thursdays, Don't Forget to Sign Your Name in the Sign-Up Book Located in the Mail Room.



SIERRA DEL SOL TRANSPORTATION

WE'RE EXCITED TO ANNOUNCE THAT WE'RE ADDING ANOTHER DAY FOR MEDICAL APPOINTMENTS! MONDAY, WEDNESDAY & FRIDAYS.

PLEASE SEE TRANSPORTATION FLYER FOR MEDICAL BOUNDARIES AND TIMES.

DON'T FORGET TO JOIN US FOR OUR LIVE ENTERTAINMENT EVERY WEDNESDAY AT 3PM!

- 10/1 Celebrating Oktoberfest w/ Inge
- 10/9 Sing Along w/ Linda Updike
- 10/14 Happy Hour w/ Wild Bill
- 10/24 Musical Entertainer Manny Herrera

