

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2024

Sierra Del Sol Senior Living

<p>9:30 Sunday Scenic Bus Ride 10:30 Virtual Church Service 11:00 Rummikub 1:00 Movie Matinee: The Boys on the Boat 3:00 What's Your Advice? Advice Column by Dear Abbey 5:20 NFL Football: Cowboys vs. Steelers</p>	<p>9:00 Rummikub 10:00 Rosary Group 10:00 Group Crossword 11:00 Propagating My Pothos Plant 1:30 Balloon Volleyball 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Documentary: The Witches of Hollywood</p>	<p>8:30 Breakfast at Jerry Bobs 9:00 Wii Bowling 10:00 1st Floor Walkers Club 11:00 Color Your Mind 12:30-1:00 Celebrating Oktoberfest w/ Inge 1:30 Quarter Bingo 3:00 Nail Polish Parlor & Hand Massages 5:00 Scrabble 6:00 Monk Season 2 Ep 2</p>	<p>9:30 Gardening Club & Flower Arranging 10:00 Low Impact Cardio 11:00 Arts & Crafts w/ Maryanna 1:30 I Love Lucy Trivia 3:00 Planting Our Winter Garden Veggies 5:00 Games & Puzzles</p> <p>Rosh Hashanah Begins</p>	<p>8:30 Shopping at Fry's & Dollar Tree 9:00 Rummikub 10:00 Word Eliminations 11:00 Group Book Club 1:30 Mexican Train Dominos 3:00 Social: Drunken Pumpkin Cocktail 5:30 Evening Meditation</p>	<p>9:00 Farkle 10:00 Seated Chair Boxing w/ Desrae 10:30 Prize Bingo 1:30 Bean Bag Toss 2:30 Ran-Dumb Fun Facts 3:00 Crazy 8's 6:00 Classic Movie: Money Pit</p>	<p>9:00 Wii Bowling 10:30 Seated Gentle Flow Yoga 11:00 Quiz & Trivia 1:00 Autumn Sunset w/ Slow Jazz Relaxation Room 1:30 Balloon Volleyball 3:00 Which is Your Favorite Mini Pie? 6:00 Saturday Night Movie: Hands of Stone</p>
<p>9:30 Sunday Scenic Bus Ride 10:30 Virtual Church Service 11:00 Rummikub 1:00 Movie Matinee: The Boys on the Boat 3:00 What's Your Advice? Advice Column by Dear Abbey 5:20 NFL Football: Cowboys vs. Steelers</p>	<p>9:00 Rummikub 10:00 Rosary Group 10:00 Group Crossword 11:00 Propagating My Pothos Plant 1:30 Balloon Volleyball 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Documentary: The Witches of Hollywood</p>	<p>9:00 Wii Bowling 9:30 Hobby Lobby & Spirit Halloween Store 10:00 1st Floor Walkers Club 11:00 Travelogue Destination: Going Batty in Borneo 1:30 Quarter Bingo 3:00 Axe Throwing Target Game 5:00 Domino 6:00 Monk Season 2 Ep 3</p>	<p>9:30 Gardening Club & Flower Arranging 10:00 Low Impact Cardio 10:30 Junk Drawer Detectives 11:00 Gratitude Circle w/ Susan 1:30 Pima County Library Book Mobile 1:30 Bible Study w/ Jaime 1:30 Jeopardy 2:30 A Musical Visit w/ Linda Updike 5:00 Games & Puzzles</p>	<p>9:00 Rummikub 10:00 Color Puzzle Ball Sort 11:00 Group Book Club 1:30 Crafty Corner: Halloween Lanterns 3:00 Social: Apples & Caramel 5:30 Evening Meditation</p>	<p>9:00 Farkle 10:00 Seated Chair Boxing w/ Desrae 10:30 Prize Bingo 1:30 Left Center Right 3:00 Chase the Ace 6:00 Classic Movie: It Came from Outer Space</p> <p>Yom Kippur Begins</p>	<p>9:00 Wii Bowling 10:30 Cooking with Desrae 11:30 Question of the Week 1:00 Autumn Sunset w/ Slow Jazz Relaxation Room 1:30 Balloon Volleyball 3:00 Wine Down w/ Uno 6:00 Saturday Night Movie: Death Becomes Her</p>
<p>9:30 Group Watercoloring 10:30 Virtual Church Service 1:00 Matinee Movie: Somewhere in Time 2:00 Church Service w/ Faith Community Church 3:00 History Makers: True Stories about Remarkable People 5:20 NFL Football: Bengals vs. Giants</p>	<p>9:00 Rummikub 9:30 Communion with Deacon Dennis 10:00 Rosary Group 10:00-12:00 Salibas Flu Clinic 11:00 Test Your Cranium 1:30 Balloon Volleyball 3:00 Happy Hour w/ Wild Bill 6:00 Documentary: Apollo 13 Survival</p> <p>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</p>	<p>9:00 Wii Bowling 9:30 Bring Out the Best Thrift Shopping & Goodwill 10:00 1st Floor Walkers Club 11:00 Color Your Mind 1:30 Quarter Bingo 3:00 Autumn Tea Party 5:00 Dominos 6:00 Monk Season 2 Ep 4</p>	<p>9:30 Gardening Club & Flower Arranging 10:00 Low Impact Cardio 10:30 Crafting w/ Katie 2:00 Town Hall Meeting 3:00 Beading Circle 5:00 Games & Puzzles</p> <p>Sukkot Begins</p>	<p>8:30 Shopping at Trader Joe's 9:00 Rummikub 10:00 Word Game Fill in the Blank 11:00 Group Book Club 1:00 Food Meeting w/ Chef Arine 1:30 Mexican Train Dominos 3:00 Social: Pumpkin Smoothies 5:30 Evening Meditation</p>	<p>9:00 Farkle 10:00 Seated Chair Boxing w/ Desrae 10:30 Prize Bingo 1:30 Bean Bag Toss 2:30 Ran-Dumb Fun Facts 3:00 Crazy 8's 6:00 Classic Movie: 1941 The Wolf Man</p>	<p>9:00 Wii Bowling 10:30 Seated Gentle Flow Yoga 11:00 Quiz & Trivia 1:00 Autumn Sunset w/ Slow Jazz Relaxation Room 1:30 Balloon Volleyball 3:00 What's Your Favorite Caramel Popcorn Brand? 6:00 Saturday Night Movie: A League of Extraordinary Gentleman</p>
<p>9:30 Sunday Scenic Bus Ride 10:30 Virtual Church Service 11:00 Rummikub 1:00 Movie Matinee: Titanic 3:00 What's Your Advice? Advice Column by Dear Abbey 5:20 NFL Football: Jets vs. Steelers</p>	<p>9:00 Rummikub 9:30 Communion with Deacon Dennis 10:00 Rosary Group 10:00 Group Crossword 11:00 Do You Know Your Idioms? 1:30 Balloon Volleyball 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Documentary: Einstein and the Bomb</p>	<p>9:00 Wii Bowling 9:00 A Walk to Mesquite Valley Growers 10:00 1st Floor Walkers Club 11:00 Color Your Mind 1:30 Quarter Bingo 2:00 Cooking Demo w/ Marcus 3:00 Axe Throwing Target Game 5:00 Dominos 6:00 Monk Season 2 Ep 5</p>	<p>9:30 Gardening Club & Flower Arranging 10:00 Low Impact Cardio 10:30 Junk Drawer Detectives & Brain Puzzles 1:30 Bible Study w/ Jaime 1:30 Jeopardy 3:00 It's the Great Pumpkin Charlie Brown w/ Popcorn 5:00 Games & Puzzles</p>	<p>9:00 Rummikub 10:00 Color Puzzle Ball Sort 11:00 Group Book Club 1:30 Crafty Corner: Decorating Pumpkins 3:00 Musical Entertainer Manny Herrera 4:00-6:00 Annual Fall Festival 5:30 Evening Meditation</p> <p>Simchat Torah Begins</p>	<p>9:00 Farkle 10:00 Seated Chair Boxing w/ Desrae 10:30 Prize Bingo 1:30 Left Center Right 3:00 Chase the Ace 6:00 Classic Movie: 1960 Psycho</p>	<p>9:00 Wii Bowling 10:30 Cooking with Desrae 11:30 Question of the Week 1:00 Autumn Sunset w/ Slow Jazz Relaxation Room 1:30 Balloon Volleyball 3:00 Wine Down w/ Uno 6:00 Saturday Night Movie: Hocus Pocus</p>
<p>9:30 Group Watercoloring 10:30 Virtual Church Service 11:00 1:00 Matinee Movie: The Bride of Frankenstein 2:00 Church Service w/ Faith Community Church 3:00 History Makers: True Stories about Remarkable People 5:20 NFL Football: Cowboys vs. 49ers</p>	<p>9:00 Rummikub 9:30 Communion with Deacon Dennis 10:00 Rosary Group 10:30 Test Your Cranium 11:00 Category Puzzle 1:00 Come Check Out All the Decorated Pumpkins!! 1:30 Stay Sharp! w/ Dr. Andrea 3:00 Yoga w/ Myrlene from Steel Feathers 6:00 Documentary: The Other</p>	<p>9:00 Wii Bowling 9:00 The Great Garden Express at the Botanical Gardens 10:00 1st Floor Walkers Club 11:00 Color Your Mind 1:30 Quarter Bingo 3:00 Can You Guess What's in the Bag? Halloween Edition! 5:00 Dominos 6:00 Monk Season 2 Ep 6</p>	<p>9:30 Gardening Club & Flower Arranging 10:00 Low Impact Cardio 10:30 Crafting w/ Katie 2:00 Town Hall Meeting 3:00 Spoon Bobbing for Apples 5:00 Games & Puzzles</p>	<p>8:30 Shopping at Walmart 9:00 Rummikub 9:30 Veterans Coffee & Donuts W/ Carlos 11:00 Group Book Club 11:30-1:00 Spooktacular Lunch Buffet 1:30 Mexican Train Dominos 3:00 Social: Monster Mash Music Hour w/ Hocus Pocus Punch 5:30 Evening Meditation</p>		

Schedule is subject to change. For the most updated information please see Activity Daily. Sierra Del Sol 8151E Speedway Tucson AZ 85710