

(L) – LOUNGE  
 (DA) – DINING AREA  
 (AR) – ACTIVITIES ROOM  
 (BP) – BACK PORCH  
 (PD) – PRIVATE DINING

# October 2024

**MEETINGS**    **BIRTHDAYS**  
**LIVE PERFORMANCES**  
**ANNIVERSARIES**  
**POPULAR ACTIVITIES**  
**HOLIDAY ACTIVITIES**  
**NEW ACTIVITIES**

# November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
	<b>GOOD-BYE</b>	<b>OCTOBER</b>	...		9:00am – 1 on 1 visit with in-room residents 10:00am – 1 on 1 visit with In-room residents 11:00am – Exercise: YouTube/Fly Swatter Ball (L) 12:30pm – Music With: Jensen Family (DA) 1:00pm – Craft: make a Thankful Book (L) 3:00pm – Happy Hour (DA) 6:00pm – Card Players Club (L) National All Saints Day	10:00am – SteelFeather Zumba Seated Exercise (DA) 11:00am – Let’s Make Deviled Eggs (AR) 1:00pm – 1 on 1 visit In-room residents 2:00pm – Paint a Picture (AR) 3:00pm – TV: Choice (L) 4:00pm – Write in your Thankful Book 6:00pm – Play a Game with a Friend (L) National Deviled Eggs Day

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<p><b>9:00am – Church Services Live Stream (L)</b></p> <p><b>11:00am – Puzzles and Crosswords (L)</b></p> <p><b>12:30pm – Catholic Communion (PD)</b></p> <p><b>1:30pm – Resident Led Walking Club (L)</b></p> <p><b>3:00pm – Current Event Chat (AR)</b></p> <p><b>4:00pm – Write in your Thankful Book</b></p> <p><b>6:00pm – Movie Night: Secret Lives of Orangutans (L)</b></p> <p><b>Daylight Savings Ends</b></p> <p><b>National Accessories Day</b></p> <p><b>HAPPY BIRTHDAY MARY DALKE</b></p>	<p><b>10:00am – Coloring/Listen to Music (L)</b></p> <p><b>11:00am – Exercise: Resident Led (L)</b></p> <p><b>1:00pm – Chat with a Friend in the Lounge (L)</b></p> <p><b>3:00pm – Game: Yahtzee (L)</b></p> <p><b>4:00pm – Write in your Thankful Book (L)</b></p> <p><b>6:00pm – Call a Friend or Family</b></p> <p><b>National Candy Day</b></p>	<p><b>10:00am – Outing To: Walmart</b></p> <p><b>1:00pm – Exercise: YouTube/Football Toss (L)</b></p> <p><b>2:00pm – Spa Day: Facials (AR)</b></p> <p><b>3:00pm – Spa Day: Manicures (AR)</b></p> <p><b>4:00pm – Write in your Thankful Book</b></p> <p><b>6:00pm – TV: Fire Country (L)</b></p> <p><b>National Football Day</b></p>	<p><b>10:45am – Outing To: Mexican Food</b></p> <p><b>1:00pm – Music With: Dave Minton (DA)</b></p> <p><b>2:00pm – Plant Club (AR)</b></p> <p><b>2:30pm – Exercise: Basketball Toss (L)</b></p> <p><b>3:00pm – Bingo! (L)</b></p> <p><b>4:00pm – Write in your Thankful Book</b></p> <p><b>6:00pm – Movie Night: Backyard Wilderness (L)</b></p> <p><b>National Basketball Day</b></p>	<p><b>9:00am – Activities Meeting (DA)</b></p> <p><b>10:00am – 1 on 1 visit with in-room residents</b></p> <p><b>11:00pm – Exercise: YouTube/Dart Ball (L)</b></p> <p><b>1:00pm – Tech Help (AR)</b></p> <p><b>1:30pm – Canine Corp (L)</b></p> <p><b>2:00pm – Audiobook Story (AR)</b></p> <p><b>3:15pm – Chapel Services (L)</b></p> <p><b>4:00pm – Write in Your Thankful Book</b></p> <p><b>6:00pm – Lounge Chat with Friends (L)</b></p> <p><b>National Men Make Dinner Day</b></p>	<p><b>9:00am – 1 on 1 visit with In-room residents</b></p> <p><b>10:00am – 1 on 1 visit with in-room residents</b></p> <p><b>11:00am – Exercise: YouTube/Fly Swatter Ball (L)</b></p> <p><b>1:00pm – Craft: Coffee Filter Leaves (L)</b></p> <p><b>3:00pm – Happy Hour (DA)</b></p> <p><b>4:00pm – Write in your Thankful Book</b></p> <p><b>6:00pm – Card Players Club (L)</b></p> <p><b>National Cappuccino Day</b></p> <p><b>HAPPY BIRTHDAY KEVIN COOK</b></p>	<p><b>10:00am – SteelFeather Zumba Seated Exercise (DA)</b></p> <p><b>10:45am – Craft: Winter Sign (L)</b></p> <p><b>1:00pm – 1 on 1 visit in-room residents</b></p> <p><b>2:00pm – TV: NCIS (L)</b></p> <p><b>3:00pm – Bingo! (DA)</b></p> <p><b>4:00pm – Write in your Thankful Book</b></p> <p><b>6:00pm – Play a Game with a Friend (L)</b></p> <p><b>National Chaos Never Dies Day</b></p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<p><b>9:00am – Church Services Live Stream (L)</b></p> <p><b>11:00am – Puzzles and Crosswords (L)</b></p> <p><b>12:30pm – Catholic Communion (PD)</b></p> <p><b>1:30pm – Resident Led Walking Club (L)</b></p> <p><b>3:00pm – Current Event Chat (AR)</b></p> <p><b>4:00pm – Write in your Thankful Book</b></p> <p><b>6:00pm – Movie Night: Secrets of the Neanderthals (L)</b></p>	<p><b>10:00am – Coloring/Listen to Music (L)</b></p> <p><b>11:00am – Exercise: Resident Led (L)</b></p> <p><b>11:30am – Men’s Monday (Lunch Outing)</b></p> <p><b>1:00pm – Chat with a Friend in the Lounge (L)</b></p> <p><b>3:00pm – Game: Yahtzee (L)</b></p> <p><b>4:00pm – Write in your Thankful Book (L)</b></p> <p><b>6:00pm – Call a Friend or Family</b></p> <p><b>National Veterans Day</b></p>	<p><b>10:00am – Outing To: Fred Meyer</b></p> <p><b>1:00pm – Exercise: YouTube/Dart Ball (L)</b></p> <p><b>2:00pm – Spa Day: Facials (AR)</b></p> <p><b>3:00pm – Spa Day: Manicures (AR)</b></p> <p><b>4:00pm – Write in your Thankful Book</b></p> <p><b>6:00pm – TV: Fire Country (L)</b></p> <p><b>National French Dip Day</b></p>	<p><b>10:45am – Outing To: Goodwill</b></p> <p><b>1:00pm – Bingo! (L)</b></p> <p><b>2:00pm – Plant Club (AR)</b></p> <p><b>3:00pm - Music With: The Rowdy Rumlbers (DA)</b></p> <p><b>4:00pm – Write in your Thankful Book</b></p> <p><b>6:00pm – Movie Night: Unknown The Lost Pyramid (L)</b></p> <p><b>National Hug a Musician Day</b></p>	<p><b>9:00am – 1 on 1 visit with In-room residents</b></p> <p><b>10:00am – 1 on 1 visit with in-room residents</b></p> <p><b>11:00pm – Exercise: YouTube/Ladder Toss (L)</b></p> <p><b>1:00pm – Tech Help (AR)</b></p> <p><b>1:30pm – Canine Corp (L)</b></p> <p><b>3:15pm – Chapel Services (L)</b></p> <p><b>4:00pm – Write in Your Thankful Book</b></p> <p><b>6:00pm – Lounge Chat with Friends (L)</b></p> <p><b>National Pickle Day</b></p>	<p><b>9:00am – 1 on 1 visit with in-room residents</b></p> <p><b>10:00am – 1 on 1 visit with in-room residents</b></p> <p><b>11:00am – Exercise: YouTube/Fly Swatter Ball (L)</b></p> <p><b>1:00pm – Craft: Monogram Shadow (L) Box</b></p> <p><b>3:00pm – Happy Hour (DA)</b></p> <p><b>4:00pm – Write in your Thankful Book</b></p> <p><b>6:00pm – Card Players Club (L)</b></p> <p><b>National Recycling Day</b></p>	<p><b>10:00am – SteelFeather Zumba Seated Exercise (DA)</b></p> <p><b>11:00am – Music With: Brianna Blanchfill (L)</b></p> <p><b>1:00pm – 1 on 1 visit in-room residents</b></p> <p><b>2:00pm – TV: NCIS (L)</b></p> <p><b>3:00pm – Bingo! (DA)</b></p> <p><b>4:00pm – Write in your Thankful Book</b></p> <p><b>6:00pm – Play a Game with a Friend (L)</b></p> <p><b>National Fast-Food Day</b></p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18	19	20	21	22	23
<p>9:00am – Church Services Live Stream (L)</p> <p>11:00am – Puzzles and Crosswords (L)</p> <p>12:30pm – Catholic Communion (PD)</p> <p>1:30pm – Resident Led Walking Club (L)</p> <p>3:00pm – Current Event Chat (AR)</p> <p>4:00pm – Write in your Thankful Book</p> <p>6:00pm – Movie Night: Irish Wish (L)</p> <p>National Homemade Card Day</p>	<p>10:00am – Coloring/Listen to Music (L)</p> <p>11:00am – Exercise: Resident Led (L)</p> <p>11:30am – Men’s Monday (Lunch outing)</p> <p>1:00pm – Chat with a Friend in the Lounge (L)</p> <p>3:00pm – Game: Yahtzee (L)</p> <p>4:00pm – Write in your Thankful Book (L)</p> <p>6:00pm – Call a Friend or Family</p> <p>National Apple Cider Day</p>	<p>10:00am – Outing To: Fred Meyer</p> <p>12:30pm – Chef’s Corner (DA)</p> <p>1:00pm – Exercise: YouTube/Football Toss (L)</p> <p>2:00pm – Spa Day: Manicures (AR)</p> <p>3:00pm – Spa Day: Style/Curl Hair (AR)</p> <p>4:00pm – Write in your Thankful Book</p> <p>6:00pm – TV: Fire Country (L)</p> <p>National Have a Beautiful Day</p>	<p>10:45am – Outing To: Barnes &amp; Noble</p> <p>1:00pm – Exercise: YouTube/Ladder Toss (L)</p> <p>2:00pm – Plant Club (AR)</p> <p>3:00pm – Bingo! (L)</p> <p>4:00pm – Write in your Thankful Book</p> <p>6:00pm – Movie Night: The Garfield Movie (L)</p> <p>National Absurdity Day</p>	<p>9:00am – 1 on 1 visit with In-room residents</p> <p>10:00am – 1 on 1 visit with in-room residents</p> <p>11:00pm – Ambassadors Meeting (PD)</p> <p>1:00pm – Tech Help (AR)</p> <p>2:00pm – Audiobook Story (AR)</p> <p>3:15pm – Chapel Services (L)</p> <p>4:00pm – Write in Your Thankful Book</p> <p>6:00pm – Lounge Chat with Friends (L)</p> <p>National Say Hello Day</p>	<p>9:00am – 1 on 1 visit with In-room residents</p> <p>10:00am – 1 on 1 visit with in-room residents</p> <p>11:00am – Exercise: YouTube/Fly Swatter Ball (L)</p> <p>12:30pm – Resident’s Meeting (DA)</p> <p>1:00pm – Music With: Rachel &amp; Ron Hampton (DA)</p> <p>3:00pm – Happy Hour (DA)</p> <p>4:00pm – Write in your Thankful Book</p> <p>6:00pm – Card Players Club (L)</p> <p>National Love your Freckles Day</p>	<p>10:00am – SteelFeather Zumba Seated Exercise (DA)</p> <p>10:30am – Come have coffee with me. (AR)</p> <p>1:00pm – 1 on 1 visit in-room residents</p> <p>2:00pm – TV: NCIS (L)</p> <p>3:00pm – Bingo! (DA)</p> <p>4:00pm – Write in your Thankful Book</p> <p>6:00pm – Play a Game with a Friend (L)</p> <p>National Espresso Day</p>

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<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<p><b>9:00am – Church Services Live Stream (L)</b></p> <p><b>11:00am – Puzzles and Crosswords (L)</b></p> <p><b>12:30pm – Catholic Communion (PD)</b></p> <p><b>1:30pm – Resident Led Walking Club (L)</b></p> <p><b>3:00pm – Current Event Chat (AR)</b></p> <p><b>4:00pm – Write in your Thankful Book</b></p> <p><b>6:00pm – Movie Night: The Prince and Me (L)</b></p> <p><b>National Sardines Day</b></p>	<p><b>10:00am – Coloring/Listen to Music (L)</b></p> <p><b>11:00am – Exercise: Resident Led (L)</b></p> <p><b>1:00pm – Chat with a Friend in the Lounge (L)</b></p> <p><b>3:00pm – Game: Yahtzee (L)</b></p> <p><b>4:00pm – Write in your Thankful Book (L)</b></p> <p><b>6:00pm – Call a Friend or Family</b></p> <p><b>National Parfait Day</b></p>	<p><b>10:00am – Outing To: Dollar Tree</b></p> <p><b>12:00pm – Thanksgiving Celebration (DA)</b></p> <p><b>2:00pm – Exercise: YouTube/Dart ball (L)</b></p> <p><b>3:00pm – Game: Dice (L)</b></p> <p><b>4:00pm – Write in your Thankful Book</b></p> <p><b>6:00pm – TV: Fire Country (L)</b></p> <p><b>National Cake Day</b></p>	<p><b>10:45am – Outing To: South Salem Senior Center</b></p> <p><b>12:30pm – Town Hall (DA)</b></p> <p><b>1:00pm – Music With: Music We Remember (DA)</b></p> <p><b>2:00pm – Plant Club (AR)</b></p> <p><b>3:00pm – Bingo! (L)</b></p> <p><b>4:00pm – Write in your Thankful Book</b></p> <p><b>6:00pm – Movie Night: The First Daughter (L)</b></p> <p><b>National What do you Love about America Day</b></p>	<p><b>9:00am – 1 on 1 visit with In-room residents</b></p> <p><b>10:00am – 1 on 1 visit with in-room residents</b></p> <p><b>11:00pm – Exercise: YouTube/Turkey Toss (L)</b></p> <p><b>1:00pm – Tech Help (AR)</b></p> <p><b>2:00pm – Audiobook Story (AR)</b></p> <p><b>3:15pm – Chapel Services (L)</b></p> <p><b>4:00pm – Write in Your Thankful Book</b></p> <p><b>6:00pm – Lounge Chat with Friends (L)</b></p> <p><b>Happy Thanksgiving</b></p>	<p><b>9:00am – 1 on 1 visit with In-room residents</b></p> <p><b>10:00am – 1 on 1 visit with in-room residents</b></p> <p><b>10:45am – Resident Swap Meet (L)</b></p> <p><b>1:00pm – Craft: Winter Door Sign (L)</b></p> <p><b>3:00pm – Happy Hour (DA)</b></p> <p><b>4:00pm – Write in your Thankful Book</b></p> <p><b>6:00pm – Card Players Club (L)</b></p> <p><b>National Black Friday Shopping Day</b></p>	<p><b>10:00am – SteelFeather Zumba Seated Exercise (DA)</b></p> <p><b>10:30am – Craft: Pinecone Christmas Tree (L)</b></p> <p><b>1:00pm – 1 on 1 visit in-room residents</b></p> <p><b>2:00pm – TV: NCIS (L)</b></p> <p><b>3:00pm – Read A Book (L)</b></p> <p><b>4:00pm – Write in your Thankful Book</b></p> <p><b>6:00pm – Play a Game with a Friend (L)</b></p> <p><b>National Personal Space Day</b></p>