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Kathy Beall at Kathy's Hair Cottage
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The Heritage Springs Gazette

8720 West Flamingo Road, Las Vegas, NV (702) 360-6023
www.HeritageSpringsSeniorLiving.com

Articles are from Activity Connection

October 2024 Issue



**Andrea Gibbs
Donna Peyton
Robert Colucci
Jackie Conville**

From your friends at



The Sweet Sounds of Harmony

Listen to your favorite tunes on Sunday, October 1st, in honor of International Music Day. This celebration of music around the world seeks to promote peace, understanding and harmony. Music cultivates calm, joy and connection, so it makes sense that sharing the love of music promotes cross-cultural peace, understanding and friendship as well.

October is the tenth month of the year and is one of seven months with 31 days, along with January, March, May, July, August, and December. October's name, containing the latin word *octo*, refers to its ancient place as the eighth month of the Roman calendar, before January and February were added to fill out the winter period. October is usually considered to be the height of autumn. The Slavic people call it "yellow month," referring to the fading colors of the leaves.



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Assisted Living Memory Care
www.HeritageSpringsSeniorLiving.com

The Difference Between Living and Living Well

Happy Birthday

October 5th
Hatsu G.


October 7th
Bob N.

October 9th
Rosemary

October 15th
Barbara P.

October 20th
Frances W.

October 28th
Mabel P.



**OCTOBER 2024
OUTING LINE UP**

**October 4th
PF CHANG
Restaurant**

**October 11th
Downtown
Summerlin**

**October 18th
Black Bear Diner**

**Please Sign Up at the
Front Desk**



BUS SCHEDULE
Sign up at the Front Desk. There's a \$30 charge when a resident is accompanied by one of our staff.

Doctor Appointment Hours and Personal Errands are every Mondays, Wednesdays and Thursdays from 8:00am to 2:00pm

Shopping Days are every Tuesdays and Fridays (Please See our Activity Calendar)

**Day Six of our Seven Day Cruise
Philippine Day**



Join us for our monthly **RESIDENT COUNCIL MEETING** and **Food For Thought** with **Chef Celeste** **Second Wednesdays** at **10:00 am** at the **Second Floor Commons**



Kathy's Hair Cottage
call (702) 326-2260



Shampoo only	\$10
Men's Shampoo & Haircut	\$22
Women's Shampoo & Haircut.....	\$27
Shampoo, Cut & Style	\$43
Shampoo & Style	\$27
Color & Style	\$62
Color, Cut & Style	\$77
Perm & Cut	\$85
Men's Haircut	\$20
Fingernail or Toenail Trim	\$15
Manicure	\$25
Pedicure	\$37

This Month's Upcoming Events

Oktoberfest 2024



Saturday, October 19th
Dining Room at 4pm
FOOD . MUSIC . BEER
Dress Accordingly

Heritage Springs
Assisted Living Memory Care

BOOGIE TIME
Halloween
OCTOBER 31st
4-6pm
DINING ROOM
Dress Accordingly