Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Octobe	er 2024	10:45AM Daily Chronicles (AR) 11:00AM October Trivia (AR) 1:00PM Technology Support 2:00PM Modern Marvels: Construction of the Pacific Coast Highway (DR) 4:00PM Workout with Weights 6:00PM Tuesday Night Movie National Taco Day	Medical Transportation Day 2 10:45AM Daily Chronicles (AR 11:00AM Shut the Box (AR) 6:00PM Movie Night (FR) *Independent Activities are Available in the Activity Room Rosh Hashanah Begins	Medical Transportation Day 3 10:30AM Local News Update 10:45AM Daily Chronicles (AR 11:00AM Dominoes (AR) 1:00PM One on One Visit 2:00PM Resident Meeting (DR) 4:00PM High Energy Yoga (AR) 6:00PM Movie Night (AR)	10:00AM Outing: Fred Meyers 4 10:00AM Worship and Word 10:45AM Daily Chronicles (AR 11:00AM Shut the Box (AR) 2:00PM Hallway Bowling (DR) 3:30PM Nail Glam (AR) 4:00PM SteelFeathers Fitness: Zumba (AR) 6:00PM Friday Night Movie (FR) World Smile Day	10:30AM Moring Chit Chat (AR) 5 10:45AM Daily Chronicles (AR 11:00AM Dominoes (AR) 1:30PM One on One Visit 2:00PM Read Aloud Book Club 3:00PM BINGO (DR) 4:00PM Walking Club (FL) 4:00PM Chair Exercises (AR) 6:00PM Saturday Night Movie
9AM-10AM Online Church 10:45AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) 1:30PM Movie Matinee: "Sleepy Hollow" (FR) 4:00PM Catch Phrase (AR) 6:00PM Independent Card Games *Independent activities are available in the Activity Room	10:45AM Daily Chronicle (AR) 7 11:00AM Shut the Box (AR) 1:30PM Food Committee Meeting (DR) 4:00PM Color Me Calm (AR) 6:00PM Monday Movie (FR) *Independent activities are available in the Activity Room	10:45AM Daily Chronicles (AR 8 11:00AM Shut the Box (AR) 1:30PM One on One Visit 2:00PM History Channel: Albert Einstein's Most Brillant Theories (DR) 3:30PM Dice Game: 10,000 (DR) 4:00PM Gentle Chair Fitness 6:00PM Staff Pick Movie (FR)	10:45AM Daily Chronicle (AR) 11:00AM Uno Card Game (AR) 1:30PM Technology Support 2:00PM Pen Pal Card Making (DR) 3:30PM Wheel of Fortune (DR) 4:00PM Beginners Workout (DR) 6:00PM After Dinner Movie FR	Medical Transportation Day 10:30AM Rise and Reflect (AR) 10:45AM Daily Chronicles (AR 11:00AM Shut the Box (AR) 2:00PM Vocal Performance by: Barbara Cecil (DR) 4:00PM Muscle Strengthening Workout (DR) 6:00PM Netflix Movie Night	10:00AM Hobby Lobby (FL 10:45AM Daily Chronicles (AR 11:00AM Shut the Box (AR) 2:00PM Activity Planning Meeting 3:30PM Nail Glam (AR) 4:00PM SteelFeathers Fitness: Zumba (AR) 6:00PM Movie Night (FR)	10:30AM Morning News (AR) 12 10:45AM Daily Chronicles (AR 11:00AM Dominoes (AR) 1:30PM One on One Visit 2:00PM Read Aloud Book Club 3:00PM BINGO (DR) 4:00PM Weighted Workout (DR) 4:00PM Walking Club (FL) 6:00PM Saturday Night Movie
10:45AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) 1:30PM Movie Matinee: "The Adam's Family" 4:00PM Color Me Calm (AR) 6:00PM Sunday Night Movie *Independent activities are available in the Activity Room	National Frappe Day 10:45AM Daily Chronicle (AR) 14 11:00AM Shut the Box (AR) 2:00PM Dominoes (AR) 3:00PM Color Me Calm (AR) 6:00PM Monday Movie (FR) *Independent activities are available in the Activity Room Columbus Day (US)	national Hero Day 10:45AM Daily Chronicles (AR 15 11:00AM Uno Card Game (AR) 2:00PM National Geographic: The Stasi and the Berlin Wall (DR) 3:30PM Dice Game: 10,000 (DR) 4:00PM Upper body Fitness (DR) 6:00PM Netflix Movie Night (FR)	10:45 AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) 1:30PM One on One Visit 2:00PM Hallway Bowling (DR) 4:00PM Seated Cardio 6:00PM Movie Night Madness	National Metric Day Medical Transportation Day 17 10:30AM Good Morning Chat 10:45AM Daily Chronicles (AR 11:00AM Dominoes (AR) 1:30PM One on One Visit 2:30PM BINGO (DR) 4:00PM Weighted Workout (AR) 6:00PM Movie Night (FR)	Yom Kippur Begins 10:00AM Worship and Word 18 10:30AM Guided Meditation (AR) 10:45 AM Daily Chronicles (AR 11:00AM Lunch at Imperial Garden (Chinese Cuisine) (FL) 2:00PM Balloon Volleyball (DR) 3:30PM Nail Glam (AR) 4:00PM SteelFeathers Fitness: Zumba (AR) 6:00PM Movie Night (FR)	National Scarecrow Day 10:45AM Daily Chronicles (AR 19 11:00AM Uno Card Game (AR) 1:30PM Technology Support (AR) 2:00PM Read Aloud Book Club 3:00PM BINGO (DR) 4:00PM Walking Club (FL) 4:00PM Youtube: Arm Workout 6:00PM Saturday Night Movie
9AM-10AM Online Church 10:45AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) 1:30PM Movie Matinee: "Dracula (1931)" (FR) 4:00PM Dominoes (AR) 6:00PM Independent Card Games (AR) *Independent activities are available in the Activity Room	Indigenous Peoples' Day 10:45AM Daily Chronicle (AR) 21 11:00AM Shut the Box (AR) 2:00PM Catch Phrase (AR) 3:00PM Color Me Calm (AR) 6:00PM Monday Movie (FR) *Independent activities are available in the Activity Room National Apple Day	National Cheese Curd Day 10:45AM Daily Chronicles (AR22 11:00AM Shut the Box (AR) 1:30PM One on One Visit 2:00PM Historical Documentary: Creation of the Great Lakes (AR) 3:00PM Wii Bowling (DR) 4:00PM Zen Yoga (DR) 6:00PM After Dinner Movie (FR) National Color Day	Sukkot Begins Medical Transportation Day 23 10:45AM Daily Chronicles (AR) 11:00AM Catch Phrase (AR) 2:00PM October Birthday Celebration w/ Performance by: Joeseph Dane (DR) 3:30PM Words in Words (DR) 4:00PM Seated Stretching (DR 6:00PM Movie Night (FR) National Mole Day	Medical Transportation Day 24 10:30AM Early Morning Risers 10:45AM Daily Chronicles (AR 11:00AMUno Card Game (AR) 1:30PM One on One Visit 2:00PM Crafting Corner: Squeegee Art: Ghost Painting 3:30PM Hallway Bowling (DR) 4:00PM Guided Yoga (DR) 6:00PM Movie Night (FR) Simchat Torah Begins	10:00AM Worship and Word 25 10:00AMShopping at Dollar Tree 10:45AM Daily Chronicles (AR) 11:00AM Shut the Box (AR) 2:30PM BINGO (DR) 3:30PM Nail Glam (AR) 4:00PM SteelFeathers Fitness: Zumba (AR) 6:00PM Friday Night Movie (FR) National Frankenstein Day	National Sweetest Day 10:30AM Morning Discussion 26 10:45AM Daily Chronicles (AR 11:00AM Dominoes (AR) 1:30PM Pumpkin Painting Social w/ Halloween Movie and Refreshments (DR) 4:00PM Guided Workout (DR) 4:00PM Walking Club (FL) 6:00PM Saturday Night Movie National Pumpkin Day
9AM-10AM Online Church 10:45AM Daily Chronicle (AR) 11:00AM Shut the Box (AR) 1:30PM Movie Matinee: "The Little Vampire" (FR) 3:30PM Uno Card Game (AR) 6:00PM Color Me Calm (AR) *Independent activities are available in the Activity Room National Spooky Sunday All Activities are subject to cha	10:45AM Daily Chronicle (AR) 28 11:00AM Shut the Box (AR) 2:00PM Dominoes (AR) 3:00PM Color Me Calm (AR) 6:00PM Monday Movie (FR) *Independent activities are available in the Activity Room National First Responder's Day	10:45AM Daily Chronicles (AR29 11:00AM October Trivia (AR) 1:30PM Technology Support 2:00PM Halloween Storytelling w/ ken Iverson (DR) 3:30PM Wheel of Fortune (DR) 4:00PM Zen Yoga (DR) 6:00PM After Dinner Movie (FR) National Cat Day	Medical Transportation Day 30 10:30AM Early Morning Risers 10:45AM Daily Chronicles (AR) 11:00AM Shut the Box (AR) 2:00PM Halloween Party (DR) 4:00PM Seated Stretching (DR 6:00PM Movie Night (FR) HAPPY HAPPY Challoween E Kellogg Creek Drive 503	10:45AM Daily Chronicles (AR 11:00AM Dominoes (AR) 1:30PM One on One Visit 2:00PM Sip & Paint: Autum Leaf 3:30PM Dice Game: 10,000 (DR) 4:00PM Guided Yoga (DR) 6:00PM Movie Night (FR)	Deerfield Village Assisted Living	