

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2024

Creekside Continuing Care Community

					<p>9:30 Light & Lively Exercise 1</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 YouTube Yoga Dance</p> <p>1:00 Pinochle</p> <p>1:00 Documentary</p> <p>2:30 Balloon Volleyball</p> <p>3:30 Pokeno Card Game</p> <p>6:30 Hand & Foot Cards</p> <p><small>Diwali (Hindu)</small></p>	<p>9:30 Light & Lively Exercise 2</p> <p>9:30-12:30</p> <p>Outing to Burlington High School Craft Fair</p> <p>10:00 Tea & Coffee Social</p> <p>11:00 Indoor/Outdoor Walks</p> <p>1:30 Root Beer Float Social</p> <p>2:30 Bingo</p> <p>6:30 Pinochle</p> <p>7:00 Mexican Train</p>
<p>9:30 Light & Lively Exercise 3</p> <p>10:00 Livestream Church & Hymns</p> <p>1:25 Seahawks Game-FOX</p> <p>1:30 Hot Chocolate Social</p> <p>2:00 Thank You Cards For Thanksgiving</p> <p>6:30 Hymn Sing Gathering</p> <p><small>Daylight Saving Time Ends</small></p>	<p>8:30 Breakfast at Joy's Bakery Sedro-Woolley 4</p> <p>9:30 Light & Lively Exercise</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 Chair Exercise</p> <p>1:00 Pinochle/Monopoly</p> <p>2:00 Card Making</p> <p>3:00 Coffee & Brain Games</p>	<p>LOST & FOUND-EN 5</p> <p>9:30 Light & Lively Exercise</p> <p>9:30 Errand Run</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 Chair Exercise</p> <p>1:00 Beading Bracelets <u>Independently Led</u></p> <p>2:30 Bingo</p> <p>3:30 Bunco</p> <p>6:30 Pinochle</p>	<p>Footcare Appointments 6</p> <p>9:30 Light & Lively Exercise</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 Balance Class</p> <p>1:00 Popcorn</p> <p>2:00 Piano Music With Gary Hood</p> <p>3:15 Fall Adult Coloring</p> <p>3:30 Cribbage</p>	<p>9:30 Light & Lively Exercise 7</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 Chair Exercise</p> <p>1:00 Errand Run</p> <p>1:00 Bible Study-Eldercare</p> <p>2:00 Balloon Volleyball</p> <p>3:00 Happy Hour</p> <p>7:00 Resident Led Mexican Train</p>	<p>9:30 Light & Lively Exercise 8</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 YouTube Yoga Dance</p> <p>1:00 Pinochle</p> <p>1:00 Documentary</p> <p>2:00 Pokeno</p> <p>3:00 Veteran's Program w/ Harmony NW Choir</p>	<p>9:30 Light & Lively Exercise 9</p> <p>10:00 Tea & Coffee Social</p> <p>11:00 Indoor/Outdoor Walks</p> <p>1:30 Root Beer Float Social</p> <p>2:30 Bingo</p> <p>3:30 Jigsaw Puzzles</p> <p>6:30 Pinochle</p> <p>7:00 Mexican Train</p>
<p>9:30 Light & Lively Exercise 10</p> <p>10:00 Livestream Church & Hymns</p> <p>1:00 Popcorn/Ice Cream</p> <p>1:30 Thank you Cards For our Veterans</p> <p>3-4pm Belly Dancing Show With Asunta & Students</p> <p>6:30 Resident Led Billiards</p>	<p>9:30 Light & Lively Exercise 11</p> <p>10:00 Scenic Drive</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 Chair Exercise</p> <p>11:30 Catholic Communion</p> <p>1:00 Pinochle/Wii Bowling</p> <p>2:00 Veteran's Coffee</p> <p>3:00 Thank You Cards</p> <p><small>Veterans Day Remembrance Day (Canada)</small></p>	<p>9:30 Light & Lively Exercise 12</p> <p>9:30 Errand Run</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 Chair Exercise</p> <p>2:30 Bingo</p> <p>3:30 Bunco</p> <p>6:30 Pinochle</p> <p>7:00 Mexican Train</p>	<p>9:30 Light & Lively Exercise 13</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 Balance Class</p> <p>1:00 Popcorn</p> <p>1:30 Meditation</p> <p>2:00 Guitar Music With Lee Howard</p> <p>3:15 Scrabble</p>	<p>9:30 Light & Lively Exercise 14</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 Chair Exercise</p> <p>1:00 Errand Run</p> <p>1:00 Bible Study-Eldercare</p> <p>2:15 All About Hearing</p> <p>3:00 Happy Hour</p> <p>4:00 Spaghetti Dinner-Allen United Methodist Church</p>	<p>9:30 Light & Lively Exercise 15</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 YouTube Yoga Dance</p> <p>1:00 Pinochle/Documentary</p> <p>1:30 Root Beer Floats</p> <p>2:30 Bingo</p> <p>3:30 Jigsaw Puzzles</p> <p>6:30 Resident Led Games</p>	<p>9:30 Light & Lively Exercise 16</p> <p>10:00 Tea & Coffee Social</p> <p>11:00 Everfit Gym Time</p> <p>1:00pm-4:00pm Creekside Holiday Bazaar & Bake Sale</p>
<p>9:30 Light & Lively Exercise 17</p> <p>10:00 Livestream Church & Hymns</p> <p>1:05 Seahawks Game-FOX</p> <p>1:30 Hot Cider Social</p> <p>2:00 Movie</p> <p>2:30 Pet Toy Craft For Humane Society</p>	<p>9:30 Light & Lively Exercise 18</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 Chair Exercise</p> <p>1:00 Pinochle</p> <p>1:00 Ladies Day Out Indulge Coffee Outing & Shop at Encore</p> <p>2:00 Pet Toy Craft For Humane Society</p> <p>3:00 Coffee & Brain Games</p>	<p>9:30 Light & Lively Exercise 19</p> <p>9:30 Errand Run</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 Chair Exercise</p> <p>2:30 Bingo</p> <p>3:30 Bunco</p> <p>6:30 Pinochle</p> <p>7:00 Mexican Train</p>	<p>9:30 Light & Lively Exercise 20</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 Balance Class</p> <p>1:00 Popcorn/Meditation</p> <p>2:00 Monthly Birthday Party Guitar Music Monte Asken 4:00-6:30</p> <p>Family Thanksgiving Buffet Dinner</p>	<p>9:30 Light & Lively Exercise 21</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 Chair Exercise</p> <p>1:00 Errand Run</p> <p>1:00 Bible Study-Eldercare</p> <p>2:00 Town Hall Meeting</p> <p>3:00 Happy Hour</p> <p>7:00 Resident Led Mexican Train</p>	<p>9:30 Light & Lively Exercise 22</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 YouTube Yoga Dance</p> <p>1:00 Pinochle</p> <p>1:00 Documentary</p> <p>2:30 Bingo</p> <p>3:30 Jigsaw Puzzles</p> <p>6:30 Hand & Foot Cards</p>	<p>9:30 Light & Lively Exercise 23</p> <p>10:00 Tea & Coffee Social</p> <p>11:00 Indoor/Outdoor Walks</p> <p>1:30 Root Beer Float Social</p> <p>2:00 Book Share & Tell</p> <p>3:00 Accordion Music with Bonnie Birch</p> <p>6:30 Pinochle</p> <p>7:00 Mexican Train</p>
<p>9:30 Light & Lively Exercise 24</p> <p>10:00 Livestream Church & Hymns</p> <p>1:00 Popcorn</p> <p>1:00 Hot Chocolate Social</p> <p>1:25 Seahawks Game-FOX</p> <p>2:00 Movie</p> <p>2:30 Making Christmas Or Holiday Cards</p>	<p>9:30 Light & Lively Exercise 25</p> <p>10:00 Scenic Drive</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 Chair Exercise</p> <p>1:00 Pinochle/Wii Bowling</p> <p>2:00 Food Meeting</p> <p>3:00 Coffee, Brain Games & Card Making</p> <p>6:30 Resident Led Games</p>	<p>8:30 Veteran's Breakfast 26</p> <p>9:30 Light & Lively Exercise</p> <p>9:30 Errand Run</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 Chair Exercise</p> <p>2:30 Bingo</p> <p>3:30 Bunco</p> <p>6:30 Pinochle</p> <p>7:00 Mexican Train</p>	<p>9:30 Light & Lively Exercise 27</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 Balance Class</p> <p>1:00 Popcorn</p> <p>1:30 Meditation</p> <p>2:00 Guitar Music With Chuck Dingee</p> <p>3:00 Happy Hour</p>	<p>9:30 Light & Lively Exercise 28</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 Chair Exercise</p> <p>12:00 Thanksgiving Meal</p> <p>1:30 Bill & Gloria Gaither Thanksgiving Special</p> <p>2:00 Thanksgiving Coloring</p> <p>7:00 Resident Led Games</p> <p><small>Thanksgiving Day</small></p>	<p>9:30 Light & Lively Exercise 29</p> <p>10:30 Chronicle & Trivia</p> <p>11:00 YouTube Yoga Dance</p> <p>1:00 Pinochle</p> <p>1:00 Documentary</p> <p>2:00 Pokeno Card Game</p> <p>3:00 Music with The Old Time Fiddlers Association</p>	<p>9:30 Light & Lively Exercise 30</p> <p>10:00 Tea & Coffee Social</p> <p>11:00 Indoor/Outdoor Walks</p> <p>1:30 Root Beer Float Social</p> <p>2:30 Bingo</p> <p>3:30 Jigsaw Puzzles</p> <p>6:30 Pinochle</p> <p>7:00 Mexican Train</p>

Activities subject to change, please check weekly and daily for updates. Food Bank Drive from November 1-24-South Lobby.