	Sulluay	Monday	Tuesuay	vveuriesuay	Hursday	Filluay	Saturday	
						9:30 Light & Lively 1	9:30 Light & Lively Exercise 2	
3		_	⊿			Exercise	9:30-12:30	
						10:30 Chronicle & Trivia	Outing to Burlington High	
		OTIO	\mathbf{m}			11:00 YouTube Yoga Dance	School Craft Fair	
			mbe			1:00 Pinochle	10:00 Tea & Coffee Social	
					/ 4	1:00 Documentary	11:00 Indoor/Outdoor Walks	
	— 1					2:30 Balloon Volleyball	1:30 Root Beer Float Social	
						3:30 Pokeno Card Game	2:30 Bingo	
	Creekside Continuing Care Community					6:30 Hand & Foot Cards	6:30 Pinochle	
				Diwali (Hindu)	7:00 Mexican Train			
	9:30 Light & Lively Exercise 3	8:30 Breakfast at 4	LOST & FOUND-EN 5	Footcare Appointments 6	9:30 Light & Lively 7	9:30 Light & Lively	9:30 Light & Lively	
\mathfrak{A}	10:00 Livestream Church	Joy's Bakery	9:30 Light & Lively Exercise	9:30 Light & Lively	Exercise	Exercise	Exercise	
//	& Hymns	Sedro-Woolley	9:30 Errand Run	Exercise	10:30 Chronicle & Trivia	10:30 Chronicle & Trivia	10:00 Tea &	
//	1:25 Seahawks	9:30 Light & Lively	10:30 Chronicle & Trivia	10:30 Chronicle & Trivia	11:00 Chair Exercise	11:00 YouTube Yoga Dance	Coffee Social	
	Game-FOX	Exercise	11:00 Chair Exercise	11:00 Balance Class	1:00 Errand Run	1:00 Pinochle	11:00 Indoor/Outdoor Walks	
	1:30 Hot Chocolate Social	10:30 Chronicle & Trivia	1:00 Beading Bracelets	1:00 Popcorn	1:00 Bible Study-Eldercare	1:00 Documentary	1:30 Root Beer Float Social	
		11:00 Chair Exercise	Independently Led	2:00 Piano Music	2:00 Balloon Volleyball	2:00 Pokeno	2:30 Bingo	
	For Thanksgiving	1:00 Pinochle/Monopoly	2:30 Bingo	With Gary Hood	3:00 Happy Hour	3:00 Veteran's Program w/	3:30 Jigsaw Puzzles	
	6:30 Hymn Sing Gathering		3:30 Bunco	3:15 Fall Adult Coloring	7:00 Resident Led	Harmony NW Choir	6:30 Pinochle	
	Daylight Saving Time Ends	3:00 Coffee & Brain Games	6:30 Pinochle	3:30 Cribbage	Mexican Train		7:00 Mexican Train	
	9:30 Light & Lively Exercise 10	9:30 Light & Lively Exercise 11	9:30 Light & Lively 12	9:30 Light & Lively 13	9:30 Light & Lively Exercise 14	9:30 Light & Lively 15	9:30 Light & Lively 16	
	10:00 Livestream Church	10:00 Scenic Drive	Exercise	Exercise	10:30 Chronicle & Trivia	Exercise	Exercise	
	& Hymns	10:30 Chronicle & Trivia	9:30 Errand Run	10:30 Chronicle	11:00 Chair Exercise	10:30 Chronicle	10:00 Tea &	
	1:00 Popcorn/Ice Cream	11:00 Chair Exercise	10:30 Chronicle	& Trivia	1:00 Errand Run	& Trivia	Coffee Social	
	•	11:30 Catholic Communion	& Trivia	11:00 Balance Class	1:00 Bible Study-Eldercare	11:00 YouTube Yoga Dance	11:00 Everfit Gym Time	
	For our Veterans	1:00 Pinochle/Wii Bowling	11:00 Chair Exercise	1:00 Popcorn	2:00 Balloon Volleyball	1:00 Pinochle/Documentary	1:00pm-4:00pm	
	3-4pm Belly Dancing Show	2:00 Veteran's Coffee	2:30 Bingo	1:30 Meditation	2:15 All About Hearing	1:30 Root Beer Floats	Creekside	
	With Asunta & Students	3:00 Thank You Cards	3:30 Bunco	2:00 Guitar Music	3:00 Happy Hour	2:30 Bingo	Holiday Bazaar	
	6:30 Resident Led Billiards	Voterana Dav	6:30 Pinochle	With Lee Howard	4:00 Spaghetti Dinner-Allen	3:30 Jigsaw Puzzles	&	
		Veterans Day Remembrance Day (Canada)	7:00 Mexican Train	3:15 Scrabble	United Methodist Church	6:30 Resident Led Games	Bake Sale	
	9:30 Light & Lively 17	9:30 Light & Lively Exercise 18	9:30 Light & Lively 19	9:30 Light & Lively Exercise 20		9:30 Light & Lively 22	9:30 Light & Lively 23	
	Exercise	10:30 Chronicle & Trivia		10:30 Chronicle & Trivia	Exercise	Exercise	Exercise	
	10:00 Livestream Church	11:00 Chair Exercise	9:30 Errand Run	11:00 Balance Class	10:30 Chronicle & Trivia	10:30 Chronicle & Trivia	10:00 Tea & Coffee Social	
	& Hymns	1:00 Pinochle	10:30 Chronicle	1:00 Popcorn/Meditation	11:00 Chair Exercise	11:00 YouTube Yoga Dance	11:00 Indoor/Outdoor Walks	
	1:05 Seaĥawks	1:00 Ladies Day Out	& Trivia	2:00 Monthly Birthday	1:00 Errand Run	1:00 Pinochle	1:30 Root Beer Float Social	
	Game-FOX	Indulge Coffee Outing	11:00 Chair Exercise	Party Guitar Music	1:00 Bible Study-Eldercare	1:00 Documentary	2:00 Book Share & Tell	
/	1:30 Hot Cider Social	& Shop at Encore	2:30 Bingo	Monte Asken	2:00 Town Hall Meeting	2:30 Bingo	3:00 Accordion Music with	
6	2:00 Movie	2:00 Pet Toy Craft	3:30 Bunco	4:00-6:30	3:00 Happy Hour	3:30 Jigsaw Puzzles	Bonnie Birch	
	2:30 Pet Toy Craft	For Humane Society	6:30 Pinochle	Family Thanksgiving	7:00 Resident Led	6:30 Hand & Foot Cards	6:30 Pinochle	
	For Humane Society	3:00 Coffee & Brain Games	7:00 Mexican Train	Buffet Dinner	Mexican Train		7:00 Mexican Train	
	9:30 Light & Lively Exercise 24	9:30 Light & Lively 25	8:30 Veteran's 26	9:30 Light & Lively 27	9:30 Light & Lively 28	9:30 Light & Lively 29	9:30 Light & Lively 30	
	10:00 Livestream Church	Exercise	Breakfast	Exercise	Exercise	Exercise	Exercise	
	& Hymns	10:00 Scenic Drive	9:30 Light & Lively Exercise	10:30 Chronicle	10:30 Chronicle & Trivia	10:30 Chronicle & Trivia	10:00 Tea &	
1	1:00 Popcorn	10:30 Chronicle & Trivia	9:30 Errand Run	& Trivia	11:00 Chair Exercise	11:00 YouTube Yoga Dance	Coffee Social	
	1:00 Hot Chocolate Social	11:00 Chair Exercise	10:30 Chronicle & Trivia	11:00 Balance Class	12:00 Thanksgiving Meal	1:00 Pinochle	11:00 Indoor/Outdoor Walks	
	1:25 Seahawks	1:00 Pinochle/Wii Bowling	11:00 Chair Exercise	1:00 Popcorn	1:30 Bill & Gloria Gaither	1:00 Documentary	1:30 Root Beer Float Social	
	Game-FOX	2:00 Food Meeting	2:30 Bingo	1:30 Meditation	Thanksgiving Special	2:00 Pokeno Card Game	2:30 Bingo	
	2:00 Movie	3:00 Coffee, Brain Games	3:30 Bunco	2:00 Guitar Music	2:00 Thanksgiving Coloring	3:00 Music with The	3:30 Jigsaw Puzzles	
	2:30 Making Christmas	& Card Making	6:30 Pinochle	With Chuck Dingee	7:00 Resident Led Games	Old Time Fiddlers	6:30 Pinochle	
	Or Holiday Cards	6:30 Resident Led Games	7:00 Mexican Train	3:00 Happy Hour	Thanksgiving Day	Association	7:00 Mexican Train	
	Activities subject to change, please check weekly and daily for updates. Food Bank Drive from November 1-24-South Lobby.							

Wednesday

Friday

Saturday

Thursday

Monday

Sunday

Tuesday