

October 2024

The Lodge

24004 114Th Place Se, Kent, WA 98030

All activities and events are subject to change based on resident interests, requests and weather.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:45 Coffee and News 10:30 Chair Yoga 11:00 Paintings 1:30 Indoor Gardening 2:30 Giant Uno 3:30 Happy Hour 6:00 Watch <i>The Love Bug</i>	2 9:45 Tea & Trivia 10:30 Exercise 11:00 Journal Journey 1:30 Pottery 2:30 Rummikub 3:30 Balloon 4:30 Special Dinner	3 9:45 Daily Chronicles 10:00 Stretching 11:00 Namaste 1:45 Bible Study 2:30 Fall Pottery 3:45 Monopoly 5:30 Watch <i>A Star is Born</i>	4 10:00 Coffee & News 10:30 Chair Yoga 12:00 Octoberfest Lunch 2:30 Pretzel and Cheese 3:30 Cabaret 4:30 Arm Chair 6:00 Watch <i>The Sound of Music</i>	5 10:00 Tea & Trivia 10:30 Balloon Badminton 11:30 Book Club 1:30 Scenic Drive 2:30 Paint with Bob Ross 3:45 Puff and Fold 5:30 Watch <i>The Buddy Holly Story</i>
6 9:30 Daily Chronicles 10:00 Bible Study 10:30 Sit and Be Fit 1:00 Seahawks vs Giants 3:00 Name Game 3:15 Tai Chi 6:00 Water Color	7 9:45 Coffee & News 10:00 Arts and Craft 11:00 Bingo 1:30 Book Club 2:30 Pictionary 3:30 Namaste 6:00 Johnny Cash	8 9:45 Tea & Trivia 10:00 Chair Yoga 10:45 Beach Boys 1:30 Rolling Yarn 2:30 Sorting 3:45 Play Dough 6:15 Aretha Franklin Night	9 10:00 Daily Chronicles 10:30 Stretching 11:15 Namaste 1:30 Hand Massage 2:30 Book Mark 4:00 Jigsaw Puzzle 6:00 Beach Boys	10 9:45 Morning Affirmation 10:00 Ring Toss 11:00 Family Tree Making 1:30 Alphabet Soup 2:30 Paint A Long 3:30 Namaste 6:00 Elvis Presley	11 9:45 Tea & Trivia 10:30 Jigsaw Puzzle 11:00 Paint A Long 1:45 Photo Album Making 2:15 Townhall 3:45 Arm Chair 6:00 Jenga	12 9:00 Daily Chronicles 10:00 Aromatherapy 10:30 Wheel of 1:30 Chair Yoga 2:00 Gardening 3:15 Balloon Toss 4:00 Scenic Drive

Happy Birthday!

20th - Howard N.

October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 9:45 Bible Study 10:30 Virtual Worship 11:00 Exercise 1:30 Crafts 2:30 Bingo 3:30 Namaste 6:00 Wellness Night	14 9:30 Coffee & News 10:00 Chair Yoga 11:00 Paintings 1:30 Gardening 2:30 Giant Uno 3:30 Trivia Pursuit 6:00 Karaoke Night	15 10:00 Tea & Trivia 10:30 Exercise 11:15 Journal Journey 1:30 Pottery 2:00 Crossword 3:00 Aromatherapy 5:00 Diner Night	16 9:45 Daily Chronicles 10:15 Stretching 11:15 Namaste 1:45 Bible Study 2:00 Guitar Gill 2:30 Fall Celebration 6:15 Giant Dominoes	17 10:00 Coffee & News 10:30 Chair Yoga 11:30 Ring Toss 1:30 Neighborhood 2:30 Tea Tasting 3:30 Namaste 5:45 Jeopardy	18 9:45 Tea & News 10:15 Aromatherapy 11:00 Would You Rather 1:30 Crosswords 2:30 Plant, Grow, and Learn 3:30 Cabaret 6:00 TED TALKS	19 10:00 Namaste 10:45 Recollection Road 11:15 Memory Lane 1:30 Exercise 2:30 Namaste 3:45 Bingo 6:15 Armchair Travel
20 9:45 Daily Chronicles 10:30 Exercise 1:30 Crafts 2:30 Bowling 3:30 Poetry 4:00 Recollection Road 5:45 Marvin Gaye	21 10:00 Coffee & News 10:30 Balloon Tennis 11:15 Daily Chronicles 1:30 Chair Yoga 2:30 Paint A Long 3:30 Uno 5:45 Facts w/ Stevie	22 9:30 Namaste 10:00 Sit and Be Fit 11:00 Guess that Sound 1:30 Bingo 2:30 Recollection Road 3:30 Tune Tuesday 6:00 Karaoke Night	23 10:00 Tea and Trivia 10:30 Tai Chi 11:00 Meditation 1:30 Namaste 2:30 Chess 3:30 Word Search 5:45 Fluff and Fold	24 9:45 Daily Chronicles 10:30 Exercise 11:30 Pictionary 1:30 Afternoon Affirmation 2:30 Dominoes 3:45 Karaoke 6:15 Netflix Movie	25 10:00 Coffee and Trivia 10:30 Balloon Badminton 11:15 Book Club 1:30 Neighborhood Walk 2:30 Birthday Happy Hour 3:00 Jenga 6:15 Ring Toss	26 9:30 Coffee & News 10:30 Arm Chair 11:15 Puzzle 1:00 Meditation 1:30 Uno 2:30 Exercise 3:30 Safari Night
27 10:00 Bible Study 10:30 Exercise 11:15 Tai Chi 1:30 Pictionary 2:30 Worship Service 3:30 Night arts and craft 5:45 Gazette night	28 9:45 Daily Chronicles 10:00 Guess that Sound 11:15 Trivia 1:30 Name that Tune 2:30 Mix and Mingle 4:30 Puzzle 5:45 Night Bingo	29 10:00 Coffee & News 10:30 Mocktails and Painting 11:00 Jeopardy 11:25 TED talk 2:30 Exercise-Slower Tempo 3:30 Sing A Long 5:45 Fluff and Fold	30 9:45 Namaste 10:30 Let's Learn Languages 11:00 Scrabble 1:30 Meditations 2:30 Fall Arts and Craft 3:30 Yahtzee 6:00 Karaoke	31 10:00 Coffee and Trivia 10:30 Rummikub 11:15 Exercise 1:30 Armchair Travel 2:30 Crosswords 3:30 Worship Service 6:00 TEDTALKS	<p style="text-align: center;"><i>Happy Birthday!</i></p> <p style="text-align: center;">20th - Howard N.</p>	