Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Octobe	er 2024	9:30 Tune Up Tuesday 10:00 Tuesday Thrift - SIGN UP 11:15 "Fix It" Chat with Alex 1:30 Chef Chat with Annekin 3:00 Group Game's: Resident's Choice 4:00 Heart & Sole Walking Club	9:30 Wind Up Wednesday 10:00 Daily Chronicle 10:30 Balloon Banter 11:00 Heart & Sole Walking Club 1:30 BINGO! 3:00 Wine Down Wednesday	9:30 Morning Exercise 10:00 Daily Devotional 10:30 Baking Club - Pumpkin Bread 1:30 Corner Craft: Patchwork Pumpkin Guided Craft 3:00 Tai Chi with Homer 3:00 Bible Study with Henry 5:15 Thursday Night Football: Buccaneers vs Falcons	9:30 Friday Fitness 10:00 Grocery Outlet - SIGN UP 1:30 BINGO! 3:00 Happy Hour with Cowboy Curt 4:00 Mix & Mingle with Refreshment's & Appetizer	9:30 Saturday Morning Stretch 10:00 Daily Devotional 10:30 Heart & Sole Walking Club 1:30 BINGO! 3:00 Learn How: POKER with Ryan 4:00 Pre Dinner Social with Refreshment's
9:30 Chair Yoga with KC 10:00 Daily Devotional 10:30 Simple Truth Church 1:05 Sunday Football: Raiders vs Broncos 1:30 BINGO! 3:00	7 10:00 Daily Chronicle 10:30 Muffin Monday - Banana Nut 12:00 Happy Birthday, Gay! 1:30 Group Game's: Resident's Choice 3:00 Therapy Dog Visit 3:30 Lobby Trivia with Refreshment's	9:30 Tune Up Tuesday 10:00 Daily Devotional 10:30 Activity Committee: November Planning & Discussions 1:30 Corner Craft: Wood Slice Pumpkin Guided Craft 3:00 Name That Tune 4:00 Pre Dinner Social with Refreshment's	9:30 Wind Up Wednesday 10:00 Health Fair at Gold Miners Inn - SIGN UP 10:30 Rhythm & Rhyme with Nory 1:30 BINGO! 3:00 Wine Down Wednesday on the Patio	9:30 Morning Exercise 10:00 Daily Devotional 10:30 Lady's Tea Social 1:30 Home Safety: Fall Prevention Class with Amber 3:00 Group Puzzle 5:15 Thursday Night Football: 49's vs Seahawks	9:30 Friday Fitness 10:00 Daily Chronicle 10:30 Heart & Sole Walking Club 1:30 Fall Prevention BINGO! with Amber 3:00 Happy Hour with Roland 4:00 Sit N Sip: Strawberry Lemonade	9:30 Saturday Morning Stretch 10:00 Daily Devotional 10:30 Art & Harvest Festival at Sierra College - SIGN UP 1:30 BINGO! 3:00 Learn How: POKER with Ryan 4:00 Pre Dinner Social with Refreshment's
9:30 Chair Yoga with KC 10:00 Daily Devotional 10:30 Simple Truth Church 1:05 Sunday Football: Broncos vs Chargers 1:30 BINGO! 3:00 Book Club: Book Discussions with KC & Stephanie	9:30 Move N Groove Monday 10:00 Morning Manicures with Sari & Associate's 10:30 Heart & Sole Walking Club 1:30 Corner Craft: 3D Pumpkin Art Guided Craft 3:30 Happy Hour with Refreshment's Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)	9:30 Tune Up Tuesday 10:00 Dollar Tree & JCPenney - SIGN UP 10:30 Let's Make: Chocolate Chip Cookies with Chef Annekin 1:30 Tuesday Cinema: ELVIS! 4:00 Pre Dinner Social with Refreshment's	9:30 Wind Up Wednesday 10:00 Daily Chronicle 10:30 Balloon Banter 11:00 Heart & Sole Walking Club 1:30 BINGO! 3:00 Wine Down Wednesday on the Patio Sukkot Begins	9:30 Morning Exercise 10:00 Daily Devotional 10:30 Baking Club - Pumpkin Pie 1:30 Corn Hole 3:00 Bible Study with Henry 5:15 Thursday Night Football: Saints vs Broncos	9:00 Apple Hill Farm - SIGN UP 1:30 BINGO! 3:00 Happy Hour with: Heather McAdams 4:00 Mix & Mingle: Apple Cider Crisp	9:30 Saturday Morning Stretch 10:00 Daily Devotional 10:30 1:30 BINGO! 3:00 Learn How: POKER with Ryan 4:00 Pre Dinner Social with Refreshment's
9:30 Chair Yoga with KC 10:00 Daily Devotional 10:30 Simple Truth Church 12:00 Happy Birthday, Renate! 1:25 Sunday Football: Chiefs vs 49's 1:30 BINGO! 3:00 Football Sunday with snacks & Refreshment's in Activity Room	9:30 Steel Feather's with Susan 21 10:00 Daily Chronicle 10:30 Muffin Monday - Chocolate Chunk 1:30 Drawing Happiness: Draw What Makes You Happy 3:00 Therapy Dog Visit 3:30 America's Funniest Video's	9:30 Tune Up Tuesday 10:00 Daily Devotional 10:30 Walk in the Park Outing - SIGN UP 1:30 Pumpkin Carving 3:30 Pre Dinner Socials with Refreshment's	9:30 Wind Up Wednesday 10:00 Daily Chronicle 10:30 Rhythm & Rhyme with Nory 11:00 Heart & Sole Walking Club 1:30 BINGO! 3:00 Wine Down Wednesday on the Patio	9:30 Morning Exercise 10:00 Daily Devotional 10:30 Lady's Tea Social 1:30 Group Game's: Resident's Choice 3:00 Artful Endeavors: Free For All Arts & Crafts 5:15 Thursday Night Football: Rams vs Vikings Simchat Torah Begins	9:00 Bishops Pumpkin Patch- SIGN UP 1:30 BINGO! 3:00 Happy Hour with DENTY 4:00 Sit N Sip: Peach Lemonade	9:30 Saturday Morning Stretch 10:00 Daily Devotional 10:30 Corner Craft: Yarn Ghost's Guided Craft with Helena 1:30 BINGO! 3:00 Learn How: POKER with Ryan 4:00 Pre Dinner Social with Refreshment's
9:30 Chair Yoga with KC 10:00 Daily Devotional 10:30 Simple Truth Church 1:25 Sunday Football: Raiders vs Chiefs 1:30 BINGO! 3:00 Football Sunday with snacks & Refreshment's in Activity Room	9:30 Move N Groove Monday 10:00 Morning Manicures with Sari & Associate's 10:30 Heart & Sole Walking Club 1:30 Corner Craft: Marbled Pumpkins Guided Craft 3:00 Scenic Walk Around the World 4:00 Pre Dinner Social with Refreshment's	9:30 Tune Up Tuesday 10:00 Daily Devotional 10:15 Scenic Drive - SIGN UP 1:30 Group Game: Resident's Choice 3:00 Lobby Trivia 4:00 Pre Dinner Social with Refreshment's	9:30 Wind Up Wednesday 10:00 Daily Chronicle 10:30 Balloon Banter 11:00 Heart & Sole Walking Club 12:00 Happy Birthday, Kathy! 1:30 BINGO! 3:00 Wine Down Wednesday on the Patio	9:30 Morning Exercise 10:00 Daily Devotional 10:30 Baking Club - Pumpkin Snickerdoodles 1:30 Group Puzzle 3:00 Bible Study with Henry 5:15 Thursday Night Football: Texans vs Jets Halloween		