

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion Cottage Stroll** Puzzles** Courtyard Stroll** 6:00 Hymnspiration.	<b>10:00 Scenic Drive</b> 2:30 Gentle Stretch 2:50 Daily Chronicles 3:00 Altruistic August Discussion <b>3:30 Americana Sing-a-Long</b>	<b>10:15 Toning w/Carol</b> 11:00 Daily Chronicle 11:20 Altruistic August Discussion <b>2:30 Banana Rama w/Janet</b> 3:30 Outdoor Walking Group	10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion 10:55 Therapy Dogs <b>2:30 Bingo Madness</b> <b>3:30 Sitcom TV</b> <b>5:00 Weds. Is 4 Wine'rs</b>	10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion <b>2:30 Craft w/Bobbi</b> <b>3:30 Duck Rescue</b> <b>Thursday Nite Football</b>	<b>10:15 Chair Yoga</b> 10:20 Daily Chronicles 10:50 Altruistic August Discussion <b>2:30 Grandparents Day Social</b> <b>3:00 Old Familiar Memories</b> <b>3:30 Ted Talk</b>	10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion 2:00 Movie w/Popcorn
10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion Cottage Stroll** Puzzles** Courtyard Stroll** 6:00 Hymnspiration.	Labor Day 10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion <b>2:30 Uno</b> <b>4:00 Eye Spy Stroll</b>	10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion <b>1:30 Chef Talk</b> <b>2:30 Baking w/Janet</b> 3:30 Outdoor Walking	10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion 10:55 Therapy Dogs <b>2:30 Bingo Madness</b> <b>3:30 Garden Stake Craft</b> <b>5:00 Weds. Is 4 Wine'rs</b>	<b>9:00 Bible Study</b> 9:30 Gentle Stretch 9:50 Daily Chronicle 10:00 Jump Back July Discussion <b>10:30 Music w/Back in the Day</b> <b>2:30 Balloons &amp; Noodles</b> <b>Thursday Nite Football</b>	10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion <b>2:30 National Chocolate Social</b> <b>3:00 Outdoor Jenga</b> <b>3:30 Ted Talk</b>	10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion 2:00 Movie w/Popcorn
10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion Cottage Stroll** Puzzles** Courtyard Stroll** 6:00 Hymnspiration.	<b>10:00 Scenic Drive</b> 2:30 Gentle Stretch 2:50 Daily Chronicles 3:00 Altruistic August Discussion <b>3:30 Sun Catchers</b>	10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion <b>2:30 Music w/Kristi &amp; Steve</b> <b>3:30 Beach Ball Toss</b>	10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion 10:55 Therapy Dogs <b>2:30 Bingo Madness</b> <b>3:30 Sitcom TV</b> <b>5:00 Weds. Is 4 Wine'rs</b>	<b>9:00 Bible Study</b> 10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion <b>2:30 September Birthdays Party</b> 3:30 Birthday Funnies <b>Thursday Nite Football</b>	<b>10:15 Chair Yoga</b> 11:00 Daily Chronicles 11:20 Altruistic August Discussion <b>2:30 Ice Cream Social</b> <b>3:00 Resident Council</b> <b>3:30 Ted Talk</b>	10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion 2:00 Movie w/Popcorn
10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion Cottage Stroll** Puzzles** Courtyard Stroll** 6:00 Hymnspiration.	<b>10:00 Scenic Drive</b> 2:30 Gentle Stretch 2:50 Daily Chronicles 3:00 Altruistic August Discussion <b>3:30 Corn Hole</b>	10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion <b>2:30 Kelsey's Arthritis Talk</b> <b>3:30 Parachute Exercise</b>	10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion 10:55 Therapy Dogs <b>2:30 Bingo Madness</b> <b>3:30 Bird House Painting Craft</b> <b>5:00 Weds. Is 4 Wine'rs</b>	<b>9:00 Bible Study</b> 10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion <b>1:30 Music w/Tom</b> <b>3:30 Penny Toss</b> <b>Thursday Nite Football</b>	10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion <b>2:30 Autumn Social</b> <b>3:00 Do you Remember</b> <b>3:30 Ted Talk</b>	10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion 2:00 Movie w/Popcorn
10:00 Gentle Stretch 10:20 Daily Chronicles 10:50 Altruistic August Discussion Cottage Stroll** Puzzles** Courtyard Stroll** 6:00 Hymnspiration.	<b>10:00 Scenic Drive</b> <b>2:30 Music w/ Fun Singers</b> <b>4:00 Fly Swatter Ball</b>	<b>Birthdays: Hazel 9/3, Phyllis 9/7, Judy B. 9/13, Bill S. 9/18</b>				

# September 2024

Evening Self-lead Activities  
Self-Lead Walking Indoors

The Cottage

Thursdays @ 11AM:  
Catholic Holy Communion