

September 2024

Memory Care

24004 114th Ave SE, Kent, WA 98030
All activities and events are subject to change based on residents interest, request, and weather.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:45 Daily Chronicles 10:30 Exercise 11:00 Crafts 1:30 Neighborhood Walk 2:30 Bingo 3:30 Namaste 6:00 Evening Poetry	2 Labor Day 9:45 Coffee & News 10:30 Chair Yoga 11:00 Paintings 1:30 Gardening 2:00 Giant Uno 3:30 Happy Hour 6:00 Trivia Pursuit	3 9:45 Tea & Trivia 10:30 Exercise 11:00 Journal Journey 1:30 Pottery 2:30 Rummikub 3:30 Aromatherapy 6:00 Scrabble	4 9:45 Daily Chronicles 10:30 Stretching 11:00 Namaste 1:30 Bible Study 2:30 Guitar Gil 4:30 Special Dinner 6:00 Dominoes	5 9:45 Coffee & News 10:30 Chair Yoga 11:00 Ring Toss 1:30 Walk with Nicole 2:30 Sparkling Water Tasting 3:30 Namaste 6:00 Watch Our Souls at Night	6 9:45 Tea & Trivia 10:30 Exercise 11:00 Flower Arranging 1:30 Giant Jenga 2:30 Scenic Drive 3:30 Cabaret 6:00 Mix & Mingle	7 9:45 Daily Chronicle 10:30 Aromatherapy 11:00 Would you rather 1:30 Crosswords 2:30 Popsicle Party 3:30 Gardening 6:00 Evening News
8 Grandparents Day 9:45 Bible Study 10:30 Morning Meditation 11:00 Recollection Road 1:30 Zumba 2:30 Laughter Yoga 3:30 Namaste 6:00 Bowling Night	9 9:45 Coffee & News 10:30 Balloon Tennis 11:00 Daily Chronicles 1:30 Chair Yoga 2:30 Paint A Long 3:30 Wheel of Fortune 6:00 Color Game	10 9:45 Namaste 10:30 Sit & Be Fit 11:00 Guess that Sound 1:30 Bingo 2:30 Recollection Road 3:30 Tune Tuesday 6:00 Karaoke Night	11 9:45 Tea & Trivia 10:30 Tai Chi 11:00 Meditation 1:30 Namaste 2:30 Chess 3:30 Word Search 6:00 Fluff and Fold	12 9:45 Daily Chronicles 10:30 Exercise 11:00 Pictionary 1:30 Afternoon affirmation 2:30 Dominoes 3:30 Karaoke 6:00 Netflix and Chill	13 9:45 Coffee & Trivia 10:30 Balloon Badminton 11:00 Book Club 1:30 Neighborhood Walk 2:30 Birthday Happy Hour 3:30 Jenga 6:00 Ring Toss	14 9:45 Coffee & News 10:30 Arm Chair 11:00 Puzzle 1:30 Meditation 2:30 Uno 3:30 Exercise 6:00 Blackboard Jungle

Holidays

9/02 Labor Day 9/08 Grandparents Day 9/15 Wife Appreciation Day 9/17 Constitution Day

9/22 First Day of Autumn 9/24 Voters Registration Day

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 Wife Appreciation Day 9:45 Bible Study 10:30 Sit & Be Fit 11:00 Name Game 1:30 Tai Chi 2:30 Water Color 3:30 Namaste 6:00 Watch To Sir, With Love	16 9:45 Daily Chronicle 10:30 Aromatherapy 11:00 Wheel of Fortune 1:30 Chair Yoga 2:30 Gardening 3:30 Balloon Toss 6:00 Tina Turner Night	17 Constitution Day 9:45 Morning Affirmation 10:30 Ring Toss 11:00 Bingo 1:30 Afternoon Tea 2:30 Dry Clay Pottery 3:30 Stretching 6:00 Travelogues	18 9:45 Coffee & News 10:30 Hand Massage 11:00 Manicure 1:30 Family Tree Making 2:30 Alphabet Soup 3:30 Book Mark 6:00 Stevie Wonder Night	19 9:45 Tea & Trivia 10:30 Jigsaw Puzzle 11:00 Paint A Long 1:30 Photo Album Making 2:30 Townhall - Follow Up 3:30 Arm Chair 6:00 Coupon Collections	20 9:45 Daily Chronicles 10:30 Exercise 11:00 Namaste 1:30 Trivia 2:30 Scenic Drive 3:30 Cabaret 6:00 Elvis Presly Night	21 World Gratitude Day 9:45 Coffee & News 10:30 Morning Stretches 11:00 Balloon Badminton 1:30 Giant Jenga 2:30 Beach Boys Karaoke 3:30 Puff & Fold 6:00 Football Trivia Night
22 First Day of Autumn 9:45 Bible Study 10:30 Virtual Worship Service 11:00 Exercise 1:30 Crafts 2:30 Bingo 3:30 Namaste 6:00 Wellness night	23 9:45 Coffee & News 10:30 Chair Yoga 11:00 Paintings 1:30 Gardening 2:30 Giant Uno 3:30 Happy Hour 6:00 Artha Franklin Night	24 Voter Registration Day 9:45 Tea & Trivia 10:30 Exercise 11:00 Journal Journey 1:30 Pottery 2:30 Rummikub 3:30 Ballon Badminton 6:00 Travelogues	25 9:45 Daily Chronicles 10:30 Stretching 11:00 Namaste 1:30 Bible Study 2:30 Guitar Gil 3:30 Monopoly 6:00 John Lennon Night	26 9:45 Coffee & News 10:30 Chair Yoga 11:00 Ring Toss 1:30 Walk with Nicole 2:30 Sparkling Water Tasting 3:00 Dementia Educations 6:00 Evening Poetry	27 9:45 Tea & Trivia 10:30 Balloon Badminton 11:00 Book Club 1:30 Neighborhood Walk 2:30 Ring Toss 3:30 Kelly's Coffee 6:00 Johnny Cash Night	28 9:45 Daily Chronicles 10:30 Arm Chair 11:00 Puzzle 1:30 Meditation 2:30 Uno 3:30 Exercise 6:00 Sports Night
29 9:45 Bible Study 10:30 Exercise 11:00 Tai Chi 1:30 Bible Study 2:30 Pictionary 3:30 Worship Service w/ Schaffer's 6:00 Watch Queen Bees	30 9:45 Coffee & News 10:30 Arts & Craft 11:00 Bingo 1:30 Gardening 2:30 Book Club 3:30 Afternoon Stretching 6:00 Bob Marley Night	31 9:45 Tea & Trivia 10:30 Chair Yoga 11:00 Beach Boys Karaoke 1:30 Rolling Yarn 2:30 Sorting 3:30 Play dough 6:00 Travelogues				

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