Sunday	Monday	Tuesday	Wednesday / /	Thursday	Friday	Saturday
9:30 Welcome September 10:00 Bingo 10:30 Grace Community Worship 1:30 September IQ Game 2:00 Art Class with Terri 3:00 Teaching King's Corner 4:00 Set and Stretch 7:00 Meditation/ Hydration	9:30 Monthly Gazette 10:30 Ever Fit Robin 1:30 Beach Ball Toss 2:00 Cooking Club & Cards 3:00 1:1 Socials 4:00 Set and Stretch 7:00 Relaxation/ Hydration	9:30 This Day in History 10:30 Ever Fit Robin 1:30 Tuesday Matinee in the Dorian Theater 2:30 September Color Pencil Blending & Snacks 3:00 1:1 Social Calls 4:00 Fact or Fiction 7:00 Meditation/ Hydration	9:30 Daily Chronicle 10:30 Ever Fit with Don 1:30 Scenic Drive 2:30 Reminiscent Table 3:00 Walk the Trail 4:00 Puzzle Club 7:00 Relaxation/ Hydration	9:30 Morning Meet 10:30 Ever Fit with Don 1:30 This Day in History 2:00 Timothy Patrick Sings 3:00 1:1 Socials & Walks 4:00 Set and Stretch 7:00 Meditation/ Hydration	9:30 Daily Chronicle 10:30 Ever Fit with Don 1:30 Louis Faro Performs 2:30 Waterford Walk 3:00 Puzzle Together 4:00 Set and Stretch 7:00 Relaxation/ Hydration	9:30 Meet and Greet 10:30 Saturday Book Blub 1:30 Waterford Walk 2:00 Guitar with Tim Biggs 3:00 EZ Does it Trivia 4:00 Set and Stretch 7:00 Meditation/ Hydration
9:30 September Fun Facts 10:00 Sunday Smoothies 1:30 Bingo/ Prizes 2:30 Sing a-long with Robin 3:00 Teaching King's Corner 4:00 Set and Stretch 7:00 Meditation/ Hydration	9:30 Coffee at the Bistro 10:30 Ever Fit with Don 1:00- 3 Bus Outing 1:30 Nature Documentary 2:30 Puzzle Together 3:00 1:1 Socials & Walks 4:00 I Spy Challenge Puzzle 7:00 Relaxation/ Hydration	9:30 This Day in History 10:30 Ever Fit with Don 1:30 Finish the Phrase 2:00 Guss Russelle Performs 3:00 Junk Drawer Detective 4:00 Puzzle Together 7:00 Meditation/ Hydration	9:30 Daily Chronicle 10:30 Ever Fit with Don 1:30 Scenic Drive 2:30 Mix and Match Cards 3:00 Walk around the Fountain 4:00 Cranium Crunches 7:00 Relaxation/ Hydration	9:30 Meet and Greet 10:30 Ever Fit with Don 1:30 September Fun Facts And Popcorn 2:30 Circle Ball Toss 3:00 1:1 Socials 4:00 Word Search together 7:00 Meditation/ Hydration	9:30 This Day in History 10:00 Entertainment with Jeff 1:30 Shake a Memory Dice Game 2:30 Cornhole & Popcorn 3:00 1:1 Socials & Walks 4:00 Crossword Together 7:00 Relaxation/ Hydration	9:30 Daily Chronicle 10:30 September Poetry Read 1:30 Golf "Indoor Putting" 2:00 Bingo 3:00 Piano with Robin 4:00 Cranium Crunches 7:00 Meditation/ Hydration
9:30 September Cranium Crunches & Coco 10:00 Cooking Club & Trivia 1:30 Name that Tune 2:00 Art Class with Terri 3:00 Teaching King's Corner 4:00 Set and Stretch 7:00 Meditation/ Hydration	9:30 Daily Chronicle 10:30 Ever Fit with Don 1:30 Chair Travelog 2:00 Tim Biggs Performs 3:00 Afternoon Social with Refreshments 4:00 Set and Stretch 7:00 Relaxation/ Hydration	9:30 This Day in History 10:30 Ever Fit with Don 1:30 Tuesday Matinee in the Dorian Theater 2:30 Complex Coloring 3:00 Finish the Phrase 4:00 Crossword Together 7:00 Meditation/ Hydration	9:30 Daily Chronicle 10:30 Ever Fit with Don 1:30 Scenic Drive 2:30 Sensory Table 3:00 1:1 Social Calls 4:00 Set and Stretch 7:00 Relaxation/ Hydration	9:30 Morning Meet 10:30 Ever Fit with Don 1:30 Finish the Phrase 2:30 Sand Craft 3:00 1:1 Socials & Walks 4:00 Set and Stretch 7:00 Meditation/ Hydration	9:30 Meet and Greet	9:30 Donut Coffee Social 10:30 Saturday Book Blub 1:30 Finish the Line 2:00 Sara Scofield Performs 3:00 Pastry Social 4:00 Complex Coloring 7:00 Meditation/ Hydration
9:30 Daily Chronicle 10:00 Cooking Club & Cards 1:30 Bingo/ Prizes 2:30 Golf "Indoor Putting" 3:00 Teaching Phase 10 4:00 Word Search Together 7:00 Meditation/ Hydration	9:30 Coffee at the Bistro	9:30 This Day in History 10:30 Ever Fit with Don 1:30 Tuesday Matinee in the Dorian Theater 2:30 Sensory Table & Snacks 3:00 Waterford Walk 4:00 Complex Coloring 7:00 Meditation/ Hydration	9:30 Daily Chronicle 10:30 Ever Fit with Don 1:30 Scenic Drive 2:30 I Spy Puzzle 3:00 EZ Does it Trivia 4:00 Crossword Together 7:00 Relaxation/ Hydration	9:30 Morning Meet	9:30 Daily Chronicle	
9:30 This Day in History	9:30 Daily Chronicle		4	1		M

September 2024

Waterford Grand
Assisted Living and Memory Care

Happy Birthday!!! Judy G. 9/14 Kathy R. 9/23

10:30 Ever Fit with Don

1:30 Waterford Walk

Barber

2:00 Performance by Matt

3:00 1:1 Socials & Walks

4:00 I Spy Challenge Puzzle

7:00 Meditation/ Hydration

10:00 Baking Muffins 1:30 Bingo / Prizes

2:30 Beach Ball Toss

3:00Teaching Phase 10

4:00 Getting Ready for

Dinner Together

7:00 Meditation/ Hydration