

HELL
Summer

SPRING VALLEY NEWSLETTER



AUGUST 2024 | Spring Valley AL | 541-744-2116



August has started off with a BANG! See the next page to view our garden “cycle of life”. Spring Valley has been staying cool during the triple digit days with fun trips to cool off, like the coast drive coming up! Check out all the upcoming activities and new outing days!

Upcoming Events

August 7th

Lunch out at Original Roadhouse!

August 14th

Day trip to Florence Coast!

August 21st

Lunch out at El Charro Mexican grill

Bowling at Emerald Lanes

August 28th

Saint Vinnies and Goodwill Shop

Trip!

August Spirit Days:

August 9th:

Wear Black and White for Elvis

August 30th:

Dress up as your favorite super hero!



REMINDERS

If you or a loved one want to join an outing, sign up at the front desk! Sign up sheets are posted the weekend prior to the outing. For questions or more information, please talk to Cyrstan, our LED.



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Spring Valley Fun in July!

July 4th fun!



Rainbow Day



Starting in August:

Swimming at Waterford Grand
and Echo Hollow Pool!

Coming Soon in September:

Resident of the month
Employee of the month

Meet our Spring Valley Team

Executive Director

Jami Anderson

Resident Services Director

Daniela Trott

Wellness Director

Melissa Jones

Business Office Manager

Lisa Boudreau

Community Relations Director

Cari Velardo

Dining Services Director

Cameron Rudolph

Maintenance Director

Dave Rausch

Housekeeping Director

Monica Cecil

Life Enrichment Director

Cyrstan Lindley

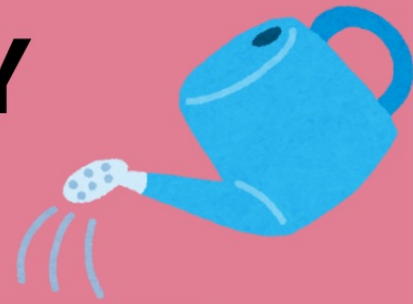
ENDLESS

SUMMER

ADVENTURES



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Our garden club is so happy to show you the cycle of life of our giant zucchini! We planted it, we grew it, we harvested it, and then we made zucchini bread for the residents and staff at Spring Valley. Join our garden club today to enjoy these wonderful experiences with us!

August 2024 Spring Valley Newsletter





Good Friends Make Good Neighbors Program

From our elegantly appointed interior and beautifully maintained grounds to the exceptional healthcare programs and services provided by our professional staff, residents who introduce Cascade Living Group's Living Well philosophy to their friends or family members could receive credit(s) applied toward their rent.

How It Works

When a resident or family member refers a new potential resident* to a Cascade Living Group community and that person moves in for at least 90 days, the referring resident will receive a \$4,000 credit applied to their base rent.

**In order to qualify as a new potential resident, the person being referred must not already be on our contact list. To make a referral and to ensure you receive proper credit for making the introduction, please provide your name and the name of your friend or family member to our Executive Director or Director of Sales and Marketing prior to the inquiry or tour.*



**Spring Valley
Assisted Living**

The Difference Between Living and Living Well

For more information, please call

541-744-2116

770 Harlow Road | Springfield, OR 97477

www.SpringValleySeniorLiving.com

Assisted Living

