Cunday	Monday	Tuocday	Wodnosday	Thursday	Enidox	Caturday
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Be Kind Day 1	Happy Birthday Diane!	2 Pressed Pennies Day 3	National Wildlife Day 4	International Day of Charity 5	National Chianti Day 6	World Beard Day 7
9:00 Joel Osteen on Channel 26	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation
9:30 Catholic Mass on Channel 12	9:30 The Daily Chronicle	9:30 Scenic Drive - Out & About	9:30 The Daily Chronicle	9:30 The Daily Chronicle	9:00 The Daily Chronicle	9:30 Arts & Crafts Hour
10:00 Snack & Hydrate	10:30 Snack & Hydrate	9:30 Everfit Exercises	9:45 Everfit Exercises	9:45 Everfit Exercises	9:30 Everfit Exercises	9:45 Catholic Service
10:30 The Daily Chronicle	10:30 Labor Day Quotes & Sayings	10:00 The Daily Chronicle with Snacks	10:00 Snack & Hydrate	10:00 Snack & Hydrate	10:00 Music Appreciation - Flute Music	10:00 Snack & Hydrate
1:30 Karaoke Fun with HS Staff	1:00 Steel Feathers Yoga with Gee	10:30 Sing Along Songs	10:30 Test Your Problem Solving Skills	10:30 Spot the Difference - YouTube	10:30 Brain Teasers and Trivia	10:30 Chair Zumba Exercises
2:30 Snack & Hydrate	2:30 Snack & Hydrate	1:00 Book Read Aloud with Amina	2:00 Choose Your Own Adventure	2:00 Afternoon Brain Boosters	2:00 Group Coloring Art	2:00 Candy Bingo
3:00 BINGO for Prizes	3:00 Brain Booster Trivia	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack and Hydrate	2:30 Snack & Hydrate
5:30 Netflix Series at the Living Room:	5:00 Regular Football Season Games	3:00 Large Jigsaw Puzzles	3:00 Happy Hour with Tony Birtolo	3:00 Jewelry Making with Carol	3:00 Classic Card Games	3:00 Namaste and Simple Spa Hour
Our Universe	5:30 Board Games	5:30 Classic Movie and Snacks	5:30 Classic Card Games	5:00 Large Group Jigsaw Puzzles	5:30 Virtual Travel Hour & Snacks	5:30 Netflix Adventure Movies
Pardon Day 8	Opposite Day	9 Swap Ideas Day 10	Patriot Day 11	Old School Picture Day 12	Bald is Beautiful Day 13	Kreme Filled Donut Day 14
9:00 Joel Osteen on Channel 26	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation
9:30 Catholic Mass on Channel 12	9:30 The Daily Chronicle	9:30 Scenic Drive - Out & About	9:30 The Daily Chronicle	9:30 The Daily Chronicle	9:00 The Daily Chronicle	9:30 Arts & Crafts Hour
10:00 Snack & Hydrate	10:30 Snack & Hydrate	9:30 Everfit Exercises	9:45 Everfit Exercises	9:45 Everfit Exercises	9:30 Everfit Exercises	9:45 Catholic Service
10:30 The Daily Chronicle	10:30 Famous Quotes & Sayings	10:00 The Daily Chronicle with Snacks	10:00 Snack & Hydrate	10:00 Snack & Hydrate	10:00 Music Appreciation - Flute Music	10:00 Snack & Hydrate
1:30 Karaoke Fun with HS Staff	1:00 Steel Feathers Yoga with Gee	10:30 Sing Along Songs	10:30 Test Your Problem Solving Skills	10:30 Spot the Difference - YouTube	10:30 Brain Teasers and Trivia	10:30 Chair Zumba Exercises
2:30 Snack & Hydrate	2:30 Snack & Hydrate	1:00 Popcorn Tasting with Abraham	2:00 Conversation Cards with Monica	1:00 Loteria & Margaritas with Ericka	2:00 Group Coloring Art	2:00 Candy Bingo
3:00 BINGO for Prizes	3:00 Brain Booster Trivia	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack and Hydrate	2:30 Snack & Hydrate
5:30 Netflix Series at the Living Room:	5:00 Regular Football Season Games	3:00 Large Jigsaw Puzzles	3:00 Happy Hour with Bobby Rumion	3:00 Jewelry Making with Carol	3:00 Classic Card Games	3:00 Nail Care with Carol
Our Universe	5:30 Board Games	5:30 Classic Movie and Snacks	5:30 Classic Card Games	5:30 Large Group Jigsaw Puzzles	5:30 Expoza Travel Hour & Snacks	5:30 Netflix Adventure Movies
National Doodle Day 15					1	
9:00 Joel Osteen on Channel 26	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation
9:30 Catholic Mass on Channel 12	9:30 The Daily Chronicle	9:30 Scenic Drive - Out & About	9:30 The Daily Chronicle	9:30 The Daily Chronicle	9:00 The Daily Chronicle	9:30 Arts & Crafts Hour
10:00 Snack & Hydrate	10:30 Snack & Hydrate	9:30 Everfit Exercises	9:45 Everfit Exercises	9:45 Everfit Exercises	9:30 Everfit Exercises	9:45 Catholic Service
10:30 The Daily Chronicle	10:30 Famous Quotes & Sayings	10:00 The Daily Chronicle with Snacks	10:00 Snack & Hydrate	10:00 Snack & Hydrate	10:00 Music Appreciation - Flute Music	10:00 Snack & Hydrate
1:30 Karaoke Fun with HS Staff	1:00 Steel Feathers Yoga with Gee	10:30 Sing Along Songs	10:30 Test Your Problem Solving Skills	10:30 Spot the Difference - YouTube	10:30 Brain Teasers and Trivia	10:30 Chair Zumba Exercises
2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:00 Book Read Aloud with Amina	2:00 Conversation Cards with Monica	2:00 Afternoon Brain Boosters	2:00 Group Coloring Art	2:00 Candy Bingo
3:00 BINGO for Prizes	3:00 Brain Booster Trivia	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack and Hydrate	2:30 Snack & Hydrate
5:30 Netflix Series at the Living Room:	5:00 Regular Football Season Games	3:00 Large Jigsaw Puzzles	3:00 Happy Hour with Brenda Hebert	3:00 Scrabble Club with Roger	3:00 Classic Card Games	3:00 Namaste and Simple Spa Hour
Our Universe	5:30 Board Games	5:30 Classic Movie and Snacks	5:30 Classic Card Games	5:30 Large Group Jigsaw Puzzles	5:30 Expoza Travel Hour & Snacks	5:30 Netflix Adventure Movies
First Day of Autumn 22						, ,
9:00 Joel Osteen on Channel 26	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation	9:00 Zen Music Meditation
9:30 Catholic Mass on Channel 12	9:30 The Daily Chronicle	9:30 Scenic Drive - Out & About	9:30 The Daily Chronicle	9:30 The Daily Chronicle	9:00 The Daily Chronicle	9:30 Arts & Crafts Hour
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1:30 Karaoke Fun with HS Staff	1:00 Steel Feathers Yoga with Gee	10:30 Sing Along Songs	10:30 Test Your Problem Solving Skills	10:30 Spot the Difference - YouTube	10:30 Brain Teasers and Trivia	10:30 Chair Zumba Exercises
2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:00 Book Read Aloud with Amina	2:00 Choose Your Own Adventure	2:00 Afternoon Brain Boosters	2:00 Group Coloring Art	2:00 Candy Bingo
3:00 BINGO for Prizes	3:00 Brain Booster Trivia	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack & Hydrate	2:30 Snack and Hydrate	2:30 Snack & Hydrate
5:30 Netflix Series at the Living Room:	5:00 Regular Football Season Games	3:00 Large Jigsaw Puzzles	3:00 Happy Hour with Mike Jones	3:00 Jewelry Making with Carol	3:00 Classic Card Games	3:00 Nail Care with Carol
Our Universe	5:30 Board Games	5:30 Classic Movie and Snacks	5:30 Classic Card Games	5:30 Large Group Jigsaw Puzzles	5:30 Expoza Travel Hour & Snacks	5:30 Netflix Adventure Movies
World Heart Day 29			Classic Card Games	j.je Zarge Group J.gom. 1 azzres	Lapoza Havel Hour & Shacks	
9:00 Joel Osteen on Channel 26	9:00 Zen Music Meditation					とも選択したけれたいると
9:30 Catholic Mass on Channel 12	9:30 The Daily Chronicle					L. Classification
10:00 Snack & Hydrate	10:30 Snack & Hydrate					ELLOM
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	1:00 Steel Feathers Yoga with Gee	9,11				FALL
	-	DATRIOT DAY	M			
	2:30 Snack & Hydrate 3:00 Brain Booster Trivia	PAIRIUI DAY	Heritage Springs			
3:00 BINGO for Prizes 5:30 Netflix Series at the Living Room:			Assisted Living Memory Care			
	5:00 Regular Football Season Games		Associed Living memory care			
Our Universe	5:30 Board Games					

Heritage Springs Memory Care Events

All activities are subject to change by the Life Enrichment Director