

### Aloha Anniversary



Hawaii, a tropical paradise in the Pacific Ocean, is known for its stunning natural beauty, rich cultural heritage, and unique history. This year marks the 65th anniversary of Hawaii's statehood, a significant milestone in its journey as part of the United States.



Before becoming the 50th and final state on August 21, 1959, Hawaii's history is a tapestry of Indigenous Polynesian culture, European exploration, and colonialism. Captain James Cook's arrival in the late 18th century marked the beginning of significant Western influence on the islands. In the 19th century, Hawaii became a hub for the global sugar trade, attracting immigrant labor from China, Japan, Portugal, and the Philippines.



The road to statehood was not without challenges. Despite the islands' importance during World War II, it wasn't until after the war that momentum for statehood gained traction. In 1959, Hawaii joined the Union, becoming the first state with a majority Asian population and the only state composed entirely of islands.



Today, Hawaii is celebrated for its breathtaking landscapes—lush rainforests, cascading waterfalls, and pristine beaches with crystal clear waters. The islands are also home to unique flora and fauna found nowhere else on Earth, such as the endangered Hawaiian monk seal and the vibrant hibiscus flower, the state symbol.

Hawaii's cultural diversity is reflected in its cuisine, music, and festivals. Traditional Hawaiian luau feasts, ukulele melodies, and hula dancing are beloved cultural expressions that thrive alongside modern influences.

From Hawaii's ancient roots to its modern-day vibrancy, this unique state remains a cherished destination for travelers seeking adventure, relaxation, and the aloha spirit that permeates every corner of the islands.

#### Leadership Team

Tammy Schmall  
*Executive Director*

Kim Fleetwood  
*Wellness Director*

Erin Baumann  
*Business Office Manager*

Jeannette Singler  
*RN Oversight*

Rita Frazier  
*Life Enrichment Director*

Kayla Butler  
*Dining Services Director*

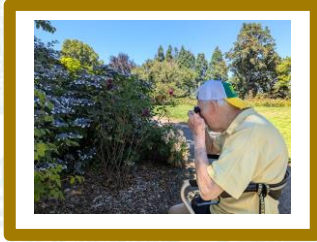
Robin Keppler  
*Resident Care Coordinator*

Jered Johnson  
*Plant Operations Director*

Roxanne MacDonald  
*Community Relations Director*



Picnic at the Owen Rose Garden



### Regular Events

#### Shopping Outings

Monday mornings  
(sign-up required)

#### Resident Council

Last Monday of the month at 2pm

#### Food Council

Last Tuesday of the month at 1:00

#### Happy ½ Hour

Thursdays at 4:30  
(not on the last Thursday)

#### Friends & Family Buffet

Last Wednesday of the month

#### Doctor Transport

Tuesday from Noon to 4:00pm &  
Thursday from 8:00am to Noon  
(sign-up required)



### Flower of the Month

The gladiolus, August's birth flower, is known for its tall, elegant spikes of vibrant flowers. It comes in many colors, from soft pastels to bold hues, and adds beauty and grace to bouquets and gardens.

### Wellness Reminder

Please notify staff at the front desk of all appointments. Staff will prepare paperwork for you to take to your doctor for review. We ask that you bring this back to the med tech after your appointment. This will help streamline your care and ensure that you're taking medications as directed.

### Upcoming Events

(Sign-up required for all outings)

#### Ice Cream Social

Sunday, August 11<sup>th</sup> at 3pm

#### Sing Along w/The Bad Manors From Cascade Manor

Monday, August 12<sup>th</sup> at 2:30

#### Outing: Newport

Wednesday, August 14<sup>th</sup> at 9am

#### Timothy Patrick on Guitar

Friday, August 15<sup>th</sup> at 2pm

#### Tim Biggs on Guitar

Monday, August 19<sup>th</sup> at 3pm

#### Sara Scofield, Vocalist

Wednesday, August 21<sup>st</sup> at 2pm

#### Tea Party

Sunday, August 25<sup>th</sup> at 2pm

#### FETCH Therapy Dog Visit

Sunday, August 25<sup>th</sup> at 4pm

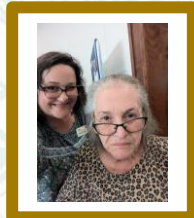
#### Luau w/Hawaiian Elvis

Wednesday, August 28<sup>th</sup> 3pm

#### Family & Friends Buffet

Wednesday, July 31<sup>st</sup> at 5pm  
(Happy ½ hour at 4:30)

## Friends & Family Pizza Party



## Van Outings Policy



To assure effective time use and planning, **ALL** outings with the van to events, shopping, drives, etc. will require residents to sign up in advance.

*Three residents are the minimum number of passengers for any outing, so if there are not at least 3 people interested in each outing, the event will be cancelled.*

## Life Enrichment for All

Aloha Aku No, Aloha Mai No  
-Hawaiian Proverb

Translated it means 'I give my love to you, you give your love to me.' What a wonderful way to walk through life, isn't it? If everyone was focused on giving love, nobody would feel lonely or excluded. I believe our outstanding community here at Emerald Valley practices the spirit of aloha. We do share our love with one another! We don't share the same genetics, but we are family. Look around, join a conversation, game or activity and come see for yourself. We're here for each other, and we have fun! Take some time to read the calendar and find something you're willing to check out – you won't be sorry you did, and you may just have a great time while you get to know your extended family even more.

See you there 😊  
-Rita



## Good Friends Make Good Neighbors Program

*From our elegantly appointed interior and beautifully maintained grounds to the exceptional healthcare programs and services provided by our professional staff, residents who introduce Cascade Living Group's Living Well philosophy to their friends or family members could receive credit(s) applied towards their rent.*



**FOR MORE INFORMATION,  
PLEASE CALL  
541-345-9668**

## *How it Works...*

When a resident or family member refers a new potential resident to a Cascade Living Group community and that person moves in for at least 90 days, the referring resident will receive a \$2,500 credit, applied to their base rent.

In order to qualify as a new potential resident, the person being referred must not already be on our contact list.

To make a referral and to ensure you receive proper credit for making the introduction, please provide your name and the name of your friend or family member to our Executive Director or Director of Sales and Marketing prior to the inquiry of the tour.

**INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE**



*The Difference Between Living and Living Well*  
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