

Royalton Place Memory Care

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|---|---|
|  | | | <p><i>Meal Times</i></p> <p><i>Breakfast 8:00</i></p> <p><i>Lunch 12:00</i></p> <p><i>Dinner 5:00</i></p> | <p>1 9:30 Outing: B <i>Portland Art Museum—Monet to Matisse</i></p> <p>9:45 Morning Music LR 10:30 Chair Exercise DR 11:00 World History LR</p> <p>1:00 Ping Pong DR 1:30 Patio Games CY 2:30 Hang-man LR 3:00 Arts and Crafts DR 4:00 Comedy Hour LR</p> | <p>2 9:45 Morning Music LR 10:00 Coffee Talk DR 10:30 Sit & Stretch DR 11:00 Paper Crafts DR</p> <p>1:00 Bingo DR 2:30 Animal Documentary LR 3:00 Country Drive B 4:00 Patio Games CY</p> <p>5:45 Movie Night LR</p> | <p>3 9:45 Morning Music LR 10:30 Chair Exercise DR 11:00 Current Events LR</p> <p>1:30 Water Colors DR 2:30 Pampered Hands DR 4:00 Brain Games LR</p> <p>5:45 Namaste LR</p> |
| | | | <p>4 Caregiver Led Activities 10:00 Coffee Talk DR 10:15 Puzzles DR 11:00 Adult Coloring DR</p> <p>1:15 Sing a Long LR 2:00 Balloon Ball LR 3:00 Bingo with Dennis DR 3:45 Documentary LR</p> <p>5:45 Armchair Travels LR</p> | <p>5 9:30 Coffee Talk DR 10:00 Sing w/ Angela LR 10:45 Bible Study with Pastor Chuck LR</p> <p>1:30 Patio Games CY 2:00 Ice Cream Social DR 2:15 Monday Musical Theatre LR 2:30 Pampered Hands DR 3:30 Music AL <i>Music We Remember</i> 4:00 Comedy Hr. LR</p> | <p>6 9:45 Morning Music LR 10:30 Chair Exercise DR 11:00 Brain Games LR 11:30 Radical Riddles LR</p> <p>1:15 Virtual Museums LR 2:30 TED Talk and Tea LR 3:15 Tuesday Matinee LR 3:30 Pampered Hands DR</p> | <p>7 9:45 Morning Music LR 9:30 Outing: B <i>Swan Island Dahlias</i></p> <p>10:30 Sit & Stretch DR 11:00 Balloon Ball DR</p> <p>1:15 Brain Games DR 2:00 Karaoke LR 2:45 Wednesday Matinee LR</p> <p>5:45 Music History LR <i>Polka Music</i></p> |
| <p>11 Caregiver Led Activities 10:00 Coffee Talk DR 10:15 Puzzles DR 11:00 Adult Coloring DR</p> <p>1:15 Sing a Long LR 2:00 Balloon Ball LR 3:00 Bingo with Dennis DR 3:45 Documentary LR</p> <p>5:45 Armchair Travels LR</p> | <p>12 9:30 Coffee Talk DR 10:00 Sing w/ Angela LR 10:45 Bible Study with Pastor Chuck LR</p> <p>1:30 Patio Games CY 2:00 Ice Cream Social DR 2:15 Monday Musical Theatre LR 2:30 Pampered Hands DR 4:00 Comedy Hr. LR</p> | <p>13 9:45 Morning Music LR 10:30 Chair Exercise DR 11:00 Brain Games LR 11:30 Radical Riddles LR</p> <p>1:15 Virtual Museums LR 2:30 TED Talk and Tea LR 3:15 Tuesday Matinee LR 3:30 Pampered Hands DR</p> | <p>14 9:30 Morning Music LR 10:00 Balloon Ball DR 10:30 Sit & Stretch DR 11:00 Outing: B <i>Oregon Donkey Sanctuary</i></p> <p>1:15 Brain Games DR 2:00 Karaoke LR 2:45 Wednesday Matinee LR</p> <p>5:45 Music History LR <i>Aerosmith</i></p> | <p>15 9:45 Morning Music LR 10:15 Armchair Travels LR 10:30 Music LR <i>Ted Horwitz</i></p> <p>1:00 Afternoon Matinee LR 1:15 Carnival AL 3:00 Magic Show AL <i>Stefano</i> 4:00 Comedy Hour LR</p> | <p>16 9:45 Morning Music LR 10:00 Coffee Talk DR 10:30 Sit & Stretch DR 11:00 Paper Crafts DR</p> <p>1:00 Bingo DR 2:30 Animal Documentary LR 3:00 Country Drive B 4:00 Patio Games CY</p> <p>5:45 Movie Night LR</p> | <p>17 9:45 Morning Music LR 10:30 Chair Exercise DR 11:00 Current Events LR</p> <p>1:30 Family Summer Social DR 3:00 Pampered Hands DR 4:00 Brain Games LR</p> <p>5:45 Namaste LR</p> |

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|--|---|---|--|---|---|---|
| <p>18 Caregiver Led Activities 10:00 Coffee Talk DR 10:15 Puzzles DR 11:00 Adult Coloring DR</p> <p>1:15 Sing a long LR 2:00 Balloon Ball LR 3:00 Bingo with Dennis DR 3:45 Documentary LR</p> <p>5:45 Armchair Travels LR</p> | <p>19 Caregiver Led Activities 9:45 Morning Music LR 10:00 Pet Visit with Dennis and Bear DR 10:45 Bible Study with Pastor Chuck LR</p> <p>2:00 Ice Cream Social DR 2:15 Monday Musical Theatre LR 2:30 Puzzle Time DR 4:00 Comedy Hr. LR</p> | <p>20 9:45 Morning Music LR 10:30 Chair Exercise DR 11:00 Dementia Care Support Group with Cher L 11:00 Brain Games DR 11:30 Radical Riddles LR</p> <p>1:15 Virtual Museums LR 1:30 Music AL Monte & Hank 2:30 TED Talk and Tea LR 3:15 Tuesday Matinee LR 3:30 Pampered Hands DR</p> | <p>21 9:00 Morning Music LR 9:45 Wednesday Matinee LR 10:00 Outing: B West Moreland Nature Walk</p> <p>1:15 Brain Games DR 2:00 Karaoke LR 2:45 Wednesday Matinee LR</p> <p>5:45 Music History LR Reba McIntyre</p> | <p>22 9:45 Morning Music LR 10:15 Armchair Travel LR 11:00 World History LR</p> <p>1:00 Ping Pong DR 1:30 Patio Games CY 2:30 Hang-man LR 3:00 Arts and Crafts DR 4:00 Comedy Hour LR</p> | <p>23 9:45 Morning Music LR 10:00 Coffee Talk DR 10:30 Sit & Stretch DR 11:00 Paper Crafts DR</p> <p>1:00 Bingo DR 2:30 Animal Documentary LR 3:00 Country Drive B 4:00 Patio Games CY</p> <p>5:45 Movie Night LR</p> | <p>24 9:45 Morning Music LR 10:30 Chair Exercise DR 11:00 Current Events LR</p> <p>1:30 Water Colors DR 3:00 Pampered Hands DR 4:00 Brain Games LR</p> <p>5:45 Namaste LR</p> |
| <p>25 Caregiver Led Activities 10:00 Coffee Talk DR 10:15 Puzzles DR 11:00 Adult Coloring DR</p> <p>1:15 Sing a long LR 2:00 Balloon Ball LR 3:00 Bingo with Dennis DR 3:45 Documentary LR</p> <p>5:45 Armchair Travels LR</p> | <p>26 9:30 Coffee Talk DR 10:00 Sing w/ Angela LR 10:45 Bible Study with Pastor Chuck LR</p> <p>1:30 Patio Games CY 2:00 Ice Cream Social DR 2:15 Monday Musical Theatre LR 2:30 Pampered Hands DR 4:00 Comedy Hr. LR</p> | <p>27 9:45 Morning Music LR 10:30 Chair Exercise DR 11:00 Brain Games DR 11:30 Radical Riddles LR</p> <p>1:15 Virtual Museums LR 2:30 Lemonade & Resident Council DR 3:15 Tuesday Matinee LR 3:30 Pampered Hands DR</p> | <p>28 9:30 Morning Music LR 10:00 Outing: B\$ Leach Botanical Garden 10:10 Balloon Ball DR 10:30 Sit & Stretch DR</p> <p>1:15 Brain Games DR 2:00 Karaoke LR 2:45 Wednesday Matinee LR</p> <p>5:45 Music History LR Queen- Bohemian Rhapsody</p> | <p>29 9:45 Morning Music LR 10:30 Chair Exercise DR 11:00 World History LR</p> <p>1:00 Ping Pong DR 1:30 Patio Games DR 2:30 Hang-man LR 3:00 Arts and Crafts DR 4:00 Comedy Hour LR</p> | <p>30 9:45 Morning Music LR 10:00 Coffee Talk DR 10:30 Sit & Stretch DR 11:00 Paper Crafts DR</p> <p>1:00 Bingo DR 2:30 Animal Documentary LR 3:00 Country Drive B 4:00 Patio Games CY</p> <p>5:45 Movie Night LR</p> | <p>31 9:45 Morning Music LR 10:30 Chair Exercise DR 11:00 Current Events LR</p> <p>1:30 Water Colors DR 3:00 Pampered Hands DR 4:00 Brain Games LR</p> <p>5:45 Namaste LR</p> |

Abbreviation Key
 DR Dining Room
 LR Living Room
 CY Courtyard /Patio
 HW Hallway
 AL Assisted Living
 L Library
 B Bus Outing
 \$ Fee charged to account
 *Activities Subject to Change

Meal Times
Breakfast 8:00
Lunch 12:00
Dinner 5:00

August Birthdays
 Gail E. 8/7

MC Music
 Ted Horwitz 8/15
AL Music
 Music We Remember 8/5
 Monte & Hank 8/20

