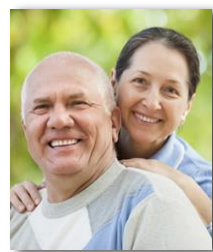


August Column

The Golden Age

August 21 is Senior Citizens Day, a day to recognize the importance of seniors and support them in their endeavors as they age. August 14 marks another significant day for older generations—Social Security Day, a day honoring FDR’s signing of the Social Security Act into law in 1935.



We should honor our seniors all year long, not just in August, but what makes this demographic so special? For one, there are a lot of them—over 62 million in America, or about 18 percent of the population. And research shows that seniors are more satisfied than the young. Perhaps it comes from a confidence born of living through the Great Depression and WWII. It may be that seniors finally have time to focus on enjoying the present rather than worry about the future. This might be the most valuable lesson we can learn from our senior friends!

Aloha Anniversary

Hawaii, a tropical paradise in the Pacific Ocean, is known for its stunning natural beauty, rich cultural heritage, and unique history. This year marks the 65th anniversary of Hawaii’s statehood, a significant milestone in its journey as part of the United States.

Before becoming the 50th and final state on August 21, 1959, Hawaii’s history is a tapestry of Indigenous Polynesian culture, European exploration, and colonialism. Captain James Cook’s arrival in the late 18th century marked the beginning of significant Western influence on the islands. In the 19th century, Hawaii became a hub for the global sugar trade, attracting immigrant labor from China, Japan, Portugal, and the Philippines.

The road to statehood was not without challenges. Despite the islands’ importance during World War II, it wasn’t until after the war that momentum for statehood gained traction. In 1959, Hawaii joined the Union, becoming the first state with a majority Asian population and the only state composed entirely of islands.

Today, Hawaii is celebrated for its breathtaking landscapes—lush rainforests, cascading waterfalls, and pristine beaches with crystal clear waters. The islands are also home to unique flora and fauna found nowhere else on Earth, such as the endangered Hawaiian monk seal and the vibrant hibiscus flower, the state symbol. Hawaii’s cultural diversity is reflected in its cuisine, music, and festivals.

Traditional Hawaiian luau feasts, ukulele melodies, and hula dancing are beloved cultural expressions that thrive alongside modern influences.

From Hawaii’s ancient roots to its modern-day vibrancy, this unique state remains a cherished destination for travelers seeking adventure, relaxation, and the aloha spirit that permeates every corner of the islands.

A Slice of Heaven

Braham, Minnesota, is the Home-made Pie Capital of Minnesota, and they aim to earn that reputation on the first Friday of August. There are plenty of pies to eat, either at your leisure or competitively during the pie-eating contest. There are pies for sale and pies to bid on in the pie auction. There are pie-baking lessons and contests. There is even a Pie Art Show with art in two categories: 2D (drawings or paintings of pies) and 3D (pie sculptures).



While Braham was declared the Pie Capital in 1990, the city first became famous for its pie in the 1930s and 1940s, when travelers would take a “shortcut” through Braham on the way to Duluth and stop at the Park Cafe for its famous pie. You’ll still find a huge variety of pies on the menu today. Dutch apple, banana cream, blueberry cream, strawberry, and coconut

cream are local favorites. Which one is the best? There’s only one way to find out—visit Braham on an empty stomach!

A Striking Hobby

The first matchbook was invented by a Philadelphia lawyer named Joshua Pusey, who wanted a way to light his cigar while riding the train to work. By the early 1900s, businesses were printing matchbooks as advertisements. During the 1933 World’s Fair in Chicago, matchbook enthusiasts started gathering to show off their collections. And in 1940, a collector named Henry Rathkamp decided that he would hold a collectors’ convention at every World’s Fair. In this way, the Rathkamp Matchcover Society was born, and its 83rd Annual Convention is meeting in Cincinnati, Ohio, this August 25–30.

A matchbook cover collector is called a phillumenist, and they collect unused matchbook covers with the matches stripped out of them. Generally, the covers are worthless, but what makes the hobby exciting is finding interesting or unusual pictures on the matchbook cover. Some covers also feature an “odd striker,” which means that the striker for lighting the match is located in an unusual area, such as on a picture of the seat of Hitler’s pants. Matchbook covers span a variety of themes, including patriotic, railroad, national parks, colleges, and sports teams. Some matchbook covers are contoured with interesting and atypical shapes. As with most hobbies, the rarer covers are the most coveted. Perhaps the rarest matchbook cover is from a matchbook given to guests attending Charles Lindbergh’s luncheon at the Astor Hotel in New York in 1927 to honor his crossing of the Atlantic. The Lindbergh cover sold in 2015 for \$6,000 at auction, becoming the most valuable matchbook cover in the world. Only 11 of these covers are known to exist. Of course, one needn’t own a rare matchbook cover to enjoy this hobby. Even the simplest matchbook cover may strike your fancy and ignite your passion for collecting.



Ireland’s Mountain Monarch

For 400 years, residents of Killorglin, Ireland, have been celebrating their famous Puck Fair from August 10–12. The “Puck” of the fair is actually a poc, which is the Irish term for a male goat. Every year, a group climbs into the mountains and returns with a goat that is crowned King Puck, and a local schoolgirl is pronounced the Queen of Puck Fair.



The most beloved legend surrounding this fair’s origins begins with Oliver Cromwell, the English military leader who led his armies into Ireland in the 17th century. Cromwell was leading his army across the Irish countryside when the soldiers scared a herd of grazing goats. The poc, or he-goat, broke away from the rest and fled to the village of Killorglin. When the goat arrived, exhausted from his flight, the locals discovered that danger was coming. They armed themselves in defense against Cromwell’s army. Every year since then, the people of Killorglin have honored a he-goat by making him king for the three days of the fair. While no one is certain of the fair’s true origins or the date it was first celebrated, there is a written record from King James I that mentions it being celebrated in Killorglin in the year 1613.

August 10 is known as Gathering Day. The town conducts a traditional horse fair, and King Puck is paraded through town to the village square, where he is crowned by the queen. The Queen of Puck Fair is chosen based on her submission of an essay related to the Puck Fair. August 11 is Fair Day, when vendors sell their wares and entertainers provide amusement for the thousands of fair visitors. On August 12, Scattering Day, the king and queen are paraded one last time through town, and King Puck is released back into the mountains. Of course, the revelry continues into the wee hours.

The Puck Fair is a testament to the tenacity and good character of the residents of Killorglin, who look forward to this special time each year when “the cares of everyday living are put on hold.”

Resident Highlight

Here at Royalton, we like to shine a spotlight on our beloved residents, whether they are one of our valued "Helping Hands" volunteers, or even those who just make our community a brighter place with their amazing personalities. This month we would like to honor **Norbert Seifert!**



Norbert was born in a log cabin in New Ulm, Minnesota, to parents Norbert and Caroline Seifert. The second of four children, Norbert has two sisters, Joan, and Mable, and the youngest, his brother Jim. He grew up on a farm, and had farm related chores, when not in school at New Ulm Catholic Elementary. His favorite childhood memory is squirrel hunting with his brother Jim. By the age of 20 Norbert was a U.S. Navy Pilot, active during WWII, and remained in the active reserve for 9 years. He loves to talk about his flying days. Professionally, Norbert had a career in Regional Sales for International Harvester Farm Equipment and was an active member of the Elks Lodge and St. John's Catholic Church. Norbert shared a 72-year marriage with his beloved, Mildred before her passing. Together they had four children, Richard, Mary, Paul and Chuck, who have blessed them with nine grandchildren and "numerous" great grandchildren. In the past Norbert enjoyed snowbirds to Arizona, Golf, woodworking, hunting, fishing and growing raspberries. German Polka and Jim Reeves are some of his favorite music, and he enjoys magazines, books, and small group activities, though today, Norbert's biggest passion is his family. He loves to reminisce with stories and photos of them and celebrate the holidays. Thank you, Norbert, for being an amazing person, with an amazing life, and for being a remarkable member of our community.

Looking Back on July

Employee of the Month



Angel Leblanc

Out and about in July! We had some fantastic trips to Memorial Park in Wilsonville for a picnic lunch, The Big Foot Museum and Sammy's Burgers in Boring, (fantastic food by the way!) Bonneville fish hatchery for a picnic, Rogerson Clematis Garden for a floral lined stroll, and the International Rose Test Garden, which is always a favorite.

For the 4th of July we had a fantastic barbecue complete with burgers or hot dogs, bacon potato salad, and all the fixings!

Thank you, Lance, you were amazing!

With Robert Richter playing his guitar, everyone loved having Independence Day lunch with a side of entertainment! Memory care invited their families to enjoy ice cream Sundays for "Family Fundae" along with some outdoor games. July may have been plentiful but plans for August will blow your socks off!



What's Happening?



The Royalton Carnival
August 15th
IPM- Games and prizes
3PM- Magic Show
With Stefano Laboni
Invite your family!

Where are we Going?

- 8/1 Portland Art Museum


- 8/7 Swan Island Dahlias

- 8/8 Opera in The Park

- 8/14 Oregon Donkey Sanctuary

- 8/20 West Moreland Nature Walk

- 8/25 Oregon state Fair Bull Riding

- 8/28 Leach Botanical Garden


Dementia Caregiver Support Group
 Join Cher in the Library on the third Tuesday of each month at 11AM.

August Birthdays

If you were born between August 1–22, you are a Leo, the Lion. Creative and ambitious with a magnetic personality, Leos enjoy the spotlight. Warm, loving, and kind, they make loyal and honorable friends. Those born between August 23–31 are Virgos. Virgos are considered shy and sometimes naïve, private, and tidy. They are curious explorers who are incredibly loyal and well respected by their friends and colleagues.

Tony Bennett (singer) – August 3, 1926
 Bob Cousy (athlete) – August 9, 1928
 Buck Owens (singer) – August 12, 1929
 Gary Larson (cartoonist) – August 14, 1950
 Julia Child (chef) – August 15, 1912
 Mae West (actress) – August 17, 1893
 Robert Redford (actor) – August 18, 1936
 Rita Dove (poet) – August 28, 1952
 Nancy Wake (war hero) – August 30, 1912

Solo Transportation

Have somewhere to go? Transportation is available by appointment! Please see Angela to schedule your outing; Availability is subject to the needs of the business and on a first come basis.

UPDATE TO OUTINGS!!!

We have changed the schedule! Wednesday mornings will now take us on trips that get us off the bus. See your calendar for Location and departure times. New to transportation: Group shopping trips with Steve are now on Fridays at 10AM, see calendar for location. Country Drives will be Fridays at 1PM for AL and 3PM for MC. Be sure to sign up for your seat with the Concierge for all outings!

Memory Care August Family Event
 Watch your mailbox for your invitation!

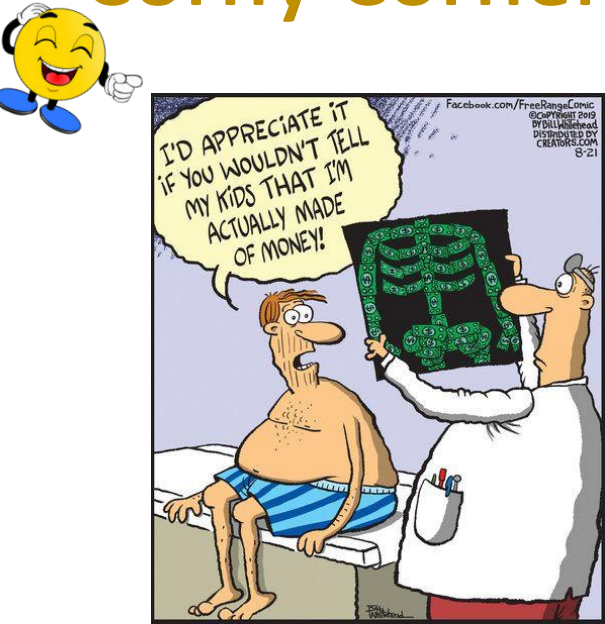


MC Summer Social
 Saturday August 17th
 1:30PM
 Join us for fun and games!
 Refreshments provided.

Musical Performances
AL Music
 Music We Remember 8/5
 Monte & Hank 8/20
MC Music
 Ted Horwitz 8/15

Chef Talk
 Join Lance in the Dining room on 8/23 at 1pm to give us your feedback on food quality and suggestions.

Corny Corner



I'D APPRECIATE IT IF YOU WOULDN'T TELL MY KIDS THAT I'M ACTUALLY MADE OF MONEY!

Good Friends Make Good Neighbors Referral Program

When a Royalton Place resident or family member refers a potential new resident to our community and that person moves in, the referring resident will receive a one-time \$4,000 credit applied to their base rent. In order to qualify the names of the person making the referral and the prospective resident must be given to the Executive Director or the Community Relations Director prior to the inquiry or tour. The new resident must reside at Royalton Place for a minimum of 90-days before the credit is applied.



5555 SE King Road
Milwaukie, OR 97222
www.RoyaltonPlace.com



Celebrating August

- Trip: Portland Art Museum 8/1
- Gladstone Parade 8/3
- Trip: Swan Island Dahlias 8/7
- Trip: Opera in the Park 8/8
- Old Men's Society 8/10
- Planning Committee 8/13
- Trip: Oregon Donkey Sanctuary 8/14
- Carnival & Magic Show 8/15
- Dementia Caregiver Support Group 8/20
- Trip: West Moreland Nature Walk 8/21
- Chef Talk with Lance 8/23
- Trip: Oregon State Fair Bull Riding 8/25
- Resident Council 8/27
- Trip: Leach Botanical Garden 8/28

August 2024

Royalton Place *Times*

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ASSISTED LIVING • MEMORY CARE

August Word Find

F	S	I	H	A	B	H	I	S	B	S	A	S	Words
K	S	U	M	M	E	R	H	S	F	A	U	H	Summer
B	E	W	E	F	A	D	K	S	R	B	G	F	Camping
A	E	U	I	J	C	S	J	U	E	A	U	B	Swimming
S	I	A	M	M	H	X	E	N	K	R	S	R	Barbecue
U	E	O	C	A	M	P	I	N	G	B	T	S	August
N	L	F	W	H	A	I	J	Y	X	E	L	K	Hot
F	A	I	S	N	O	W	N	H	E	C	O	L	Sunny
L	V	S	U	H	O	T	H	G	S	U	V	N	Ice-cream
O	I	H	N	S	N	U	A	G	T	E	E	X	Sunflower
W	D	I	C	E	C	R	E	A	M	M	E	J	Fishing
E	K	N	A	M	V	A	C	A	T	I	O	N	Beach
R	W	G	C	H	R	A	H	D	E	S	H	A	Vacation

Management Team:

- Kayla Knight – Executive Director
- Tiffany Villa – Business Office Manager
- Skip Hansen – Community Relations Director
- Jennifer Theisen – Community Relations Director
- Cher Huppunen LPN – Wellness Nurse
- Emily Keller LPN – Associate Wellness Director
- Kim Haddock – Resident Services Director
- Angela Dionne – Life Enrichment Director
- Lance Chess – Dining Services Director
- Ron Fredrickson – Plant Operations Director

August Birthdays & Anniversaries

Resident Birthdays

Gail Erzen	8/7
Maria Schaffrinna	8/14
Steve Heart	8/14
Tricia Flood-Speidel	8/17

Associate Birthdays

Shelby Harris	8/2
Lupe Jaimes	8/6
Cameron Diaz	8/7
Brooke Bland	8/8
Jennifer Theisen	8/9
Ezekiel Smith	8/12
Emmi Nicholson	8/14
Juliana Jeffrey	8/18

Associate Anniversaries

Bellinda Jones	8/9 (2 Years)
Lyric Knight	8/15 (1 Year)
Sonja Waltermire	8/16 (1 Year)
Inna Wilson	8/23 (8 Years)
Greta Helser	8/23 (1 Year)



Gladstone



See us dressed in Disney at the parade August 3rd, 10AM!

Visit for more info:

<https://www.gladstonecommunityfestival.com/parade>

See Calendar for several new resident inspired activities!

And don't forget to voice your opinions at the Activity Planning Meeting and Resident Council!

